

# PSYCHOLOGY INTERNSHIP TRAINING PROGRAM

2017-2018

Central Arkansas Veterans Healthcare System (CAVHS)



**Accredited by:**

**THE AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)**

For information regarding APA accreditation of this or other internships, please contact: Office of Program Consultation and Accreditation, American Psychological Association, 750 First Street, NE, Washington, DC 20002-4242, phone: (202) 336-5979.

This internship program, as a member of the Association of Psychology Pre-doctoral and Internship Centers (APPIC), adheres to APPIC policy regarding offers and acceptances for training.

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# **PSYCHOLOGY INTERNSHIP PROGRAM**

## **MISSION**

To honor America's veterans by providing exceptional health care that improves their health and well-being.

## **VISION**

To be a patient-centered, integrated healthcare organization providing excellent healthcare, research, and education; an organization where people choose to work; an active community partner; and a back up for national emergencies.

## **VALUES**

Our core values are Trust, Respect, Commitment, Compassion, and Excellence.

## **ABOUT OUR MEDICAL CENTER**

The Central Arkansas Veterans Healthcare System (CAVHS), a flagship Department of Veterans Affairs (VA) healthcare provider, is one of the largest and busiest VA medical centers in the country. Its two hospitals, located in Little Rock and North Little Rock, anchor a broad spectrum of inpatient and outpatient healthcare services, ranging from disease prevention, through primary care, to complex surgical procedures, to extended rehabilitative care. Affiliated with the University of Arkansas for Medical Sciences (UAMS), this medical center serves as a teaching facility for more than 1,500 students and residents enrolled in more than 65 educational programs. Among the training programs offered at CAVHS is the APA-accredited Psychology Internship Program. Throughout its rich history, CAVHS has been widely recognized for excellence in education, research, and emergency preparedness, and - first and foremost - for a tradition of quality and caring for Arkansas veterans. This VA was commended as being "Outstanding" by the Joint Commission of Accreditation of Healthcare Organizations (The Joint Commission) during a recent accreditation review.

CAVHS provides tertiary and outpatient care through a variety of programs at both divisions. In addition, Community-Based Outpatient Clinics (CBOCs) are established throughout Arkansas in the cities of Mountain Home, El Dorado, Hot Springs, Mena, Pine Bluff, and Searcy. There are also Home-Based Primary Care (HBPC) centers in Little Rock and Hot Springs, which serve home-bound veterans, as well as a Drop-In Treatment Center that serves homeless veterans in Downtown Little Rock. Some of the specialty programs provided by CAVHS include Alcohol and Drug Treatment, PTSD, Pain Clinic, Community Living Center, Residential Rehabilitation Treatment Program, Mental Health Outpatient Clinic, inpatient Psychiatry, inpatient and outpatient Dialysis Center, Research, Geriatrics, Women's Clinic, Neurology Clinic, Vocational Rehabilitation, Primary Care and General Medicine, and Surgery. An active telemedicine program also functions from the North Little Rock facility. CAVHS has an active affiliation with UAMS, and the VA serves a diverse population representative of the cultural diversity inherent to the geographical region.

The medical center is located in a metropolitan area of 583,845 people (median age: 34.7 years) and draws from a primary service area of 275,000 veterans. Additionally, the healthcare system serves many veterans from other VAs and surrounding states, many of whom are referred for specialty programs. Some dependents of veterans and military personnel are also served in CAVHS facilities.

## **DIVERSITY**

Our patient population is diverse in a number of respects. The medical center serves veterans requiring a wide variety of medical, surgical, behavioral, and psychiatric assessments and interventions. CAVHS serves adult veterans and their families, and the age range varies tremendously. Veterans served may include active duty patients in their early twenties to geriatric patients aged 100+ years. Historically, the patient population has been predominately male, but with our recent Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) conflicts, an increasing percentage of women are establishing care and utilizing health care services at CAVHS. An active Women's Clinic has been in place since the mid-1990s. Ethnic diversity is broad, with the African American community being the largest minority group served.

# **PSYCHOLOGY TRAINING OVERVIEW**

## **TRAINING MODEL**

The CAVHS psychology training program is built on a "*Practitioner-Scholar*" model of training. The program emphasizes in all aspects of its training that the best practice must be solidly based in science. The important hands-on experiential aspects of internship training are grounded in the scientific literature, and our interns are challenged to systematically measure their assessment and intervention practices against an established knowledge base. All rotation supervisors emphasize the importance of consulting the scientific literature when working with a new patient population. This is accomplished through individual supervision and rotation-specific reading assignments as well as online availability of medical and psychological journals, textbooks, and reference materials, which are accessible from each intern's desktop.

## **GOALS AND OBJECTIVES**

The goal of our program is to provide a **generalist** training experience. All interns, regardless of specialty interests, are expected to learn and demonstrate the basic skills required of a beginning psychologist, primarily in the areas of assessment, intervention, consultation, and professional development. All interns will be expected to demonstrate minimum competency in multiple modalities of treatment, including therapy with individuals, couples, families, and groups; evidence-based protocols (EBPs); and psychometrics. While these basic skills are expected of all interns, the program also supports early development of specialty interest in addition to the generalist philosophy. For this reason, our internship program offers training in three emphasis tracks, including (1) General Psychology, (2) Health Psychology, and (3) Neuropsychology.

## **TRAINING PHILOSOPHY**

Training in Psychology has been offered at this medical center since the 1950s. Our Psychology Internship Program has been accredited by the APA since 1979. Our philosophy of training reflects the fundamental belief that the experiences provided the intern should primarily be for the purpose of learning, with the provision of services to the medical center being important but secondary. Our goal for the internship year is to provide each intern with individualized experiences and training as well as increasing amounts of responsibility and autonomy, commensurate with demonstrated abilities, so that sufficient preparation for the role of professional psychologist will be achieved by the end of the internship year.

As noted previously, the psychology internship program is a generalist training experience, focused on enabling each intern to learn and develop the basic clinical skills involved in assessment, psychodiagnostics, psychotherapy, and consultation necessary for the practice of professional psychology. Still, the breadth and flexibility of the training program provides those interns who are well-versed in the basics of psychology an opportunity to develop and pursue their interests in specialty areas. We recognize that service delivery is only one part of the psychologist's role; therefore, we provide opportunities for our interns to become well acquainted with the other aspects of the practice of psychology. This includes offering diversified applied training; opportunities for understanding ethical and legal responsibilities; networking with peers and other professionals; gaining experience with administration; and functioning as a practitioner, consultant, and/or instructor.

We believe that interns completing our program will have gained a solid foundation of knowledge and experience on which to anchor their professional lives by expanding the directions of professional interest and practice. Those planning a career in psychological service delivery should have the necessary tools to proceed competently and responsibly in a wide range of diagnostic, treatment, and rehabilitation settings. Others choosing careers in areas such as education, research, and administration can be confident that this internship will have significantly contributed to their professional goals.

## **TRAINING GUIDELINES**

In accordance with the American Psychological Association (APA), the CAVHS Psychology Internship Program adheres to the following training guidelines:

- Direct supervision of interns is provided by doctoral-level, Clinical and Counseling Psychologists who are credentialed to practice within the VA system and who are members of the Medical Staff. Supervisors of external rotations are licensed as psychologists in the state of Arkansas.
- All of the interns' work is supervised. A supervisor cosigns all intern reports and notes and is available to the intern during the intern's duty hours. When an intern's primary supervisor is not on station, another psychologist is designated to be available to the intern for supervision.
- One staff psychologist on each rotation is designated as the primary supervisor and is responsible for orienting the intern to the primary objectives of the rotation, coordinating the intern's schedule with secondary supervisors, and providing the primary applied

supervision. Secondary supervisors are available on most rotations.

- The amount of supervision given to interns typically exceeds that recommended by APA. Supervisors are typically available for impromptu supervision, as needed, in addition to the scheduled supervision times. Supervision by the primary supervisor is frequently supplemented by supervision from the secondary supervisors.
- Behavioral objectives are clearly defined by primary supervisors at the beginning of each rotation, with input from the intern. At the end of each rotation, the intern is evaluated on whether or not the identified objectives were met. Additionally, a narrative evaluation is written by the primary supervisor, incorporating feedback from any secondary supervisors. These evaluations are discussed with the intern, and copies are sent to the intern's school. It is expected that the intern will receive verbal feedback from all supervisors across the course of a rotation.
- Each intern is assigned an office, equipped with appropriate furniture, telephone, and a computer. Computers are used for obtaining medical information and patient data, administration and scoring of tests, and email communication, including internet access to home universities for business purposes. Additionally, they are utilized for word processing, entering progress notes, and generating consult reports in the electronic medical chart. Standard testing equipment and office supplies are provided, as needed.
- At the end of each rotation, the intern is given a standard rotation evaluation form to complete and submit to the Director of Training. The responses from each intern are kept confidential and then quantified during the next internship year, when the general results are shared with the supervisors and training committee. Identified strengths and deficiencies of specific rotations are closely examined in order to implement necessary program changes.

## **EXECUTIVE TRAINING COMMITTEE**

The Psychology Executive Training Committee is designed to facilitate administration and ongoing evaluation of the Psychology Internship Program. Formal membership includes The Director of Training, Assistant Directors of Training, Education Coordinator, Internship Selection Chair, Diversity Chair, Practicum Coordinator, and Member-At-Large. The Committee meets in-person monthly, and email discussions are utilized on an as-needed basis. The duties of the committee include evaluation of the progress of each intern, evaluations of and recommendations for specific training needs, ongoing program evaluation, and implementation of needed modifications, as well as review of applications and selection of interns.

All psychology staff members and interns are encouraged to provide input and feedback to the Executive Training Committee, as desired or deemed necessary. If satisfactory resolution of any staff/intern problem cannot be achieved through the guidance of the Director of Training, the Committee will then serve as the decision-making body in regard to resolution of identified issues.

# **PROGRAM STRUCTURE**

As stated previously, our training program is a generalist internship focused on enabling each intern to develop basic clinical skills necessary for the practice of psychology. Each intern will gain experience in a variety of areas, as is appropriate to a generalist internship; however, the specific structure of each intern's rotations will depend on the track for which the intern is chosen as well as the individual's interests, training needs, and program requirements. The Director of Training and Assistant Directors of Training will work with interns to develop a course of internship training, which will meet the intern's needs and interests, to optimize training for each individual intern.

## **INTERN SCHEDULE**

The training year includes one week of New Employee Orientation (NEO); three, four-month primary rotations; and two, six-month secondary rotations. Interns typically spend three days (24 hours) per week on each primary rotation and one-and-a-half days (12 hours) per week on each secondary rotation. Additionally, all interns are required to spend 10% of their time (one-half day, or 4 hours, per week) in didactic training over the course of the training year.

## **EDUCATION/DIDACTICS**

Ten percent of the intern's time is dedicated to in-service training. This includes, but is not limited to:

**Internship Development Seminar** - A required didactic experience, scheduled an average of two hours per week throughout the year. A wide variety of professional development topics are covered, principally by the VA Psychology staff. These conferences may be didactic presentations by staff, interns, or other professionals, or may be case presentations with discussions. They often serve as an opportunity to discuss legal, ethical, and cultural issues involved in the practice of psychology, as well as diagnostics and testing, psychotherapy, new research, and specialty issues. Interns also use the forum as an opportunity to practice their dissertation presentation before their final defense.

**Intern Journal Club** – Meets regularly and is attended by psychology interns, who typically choose the articles discussed.

**Group supervision** – Provides the interns with additional training in theory and application of supervision skills under the mentorship of a staff psychologist.

**Other In-Services** – Vary by rotation and can include Grand Rounds in Psychiatry, Neurology staff conferences, Neurology Grand Rounds, Primary Care didactic meetings, and VA sponsored educational programs.

## **ASSESSMENT REQUIREMENT**

All interns are expected to complete six comprehensive, integrated assessments (i.e., including measures of cognition and personality) and reports over the course of their training year. This requirement may be achieved on any combination of their selected rotations.

## **EVIDENCE-BASED PROTOCOLS (EBPs)**

All interns are expected to receive training in at least one EBP (e.g., Motivational Interviewing [MI], Cognitive Processing Therapy [CPT], etc.) and complete a full therapy protocol (i.e., individual or group format) in their selected EBP over the course of the internship year. This requirement may be achieved on any of their selected rotations.

## **PSYCHOLOGY TRAINING TRACKS**

The primary goal of this internship is to provide training in the general practice of professional psychology, with specialty training available to those interns who are interested and have a good grasp of basic psychology skills. For that reason, the psychology internship program offers three training tracks. These include the General Psychology, Health Psychology, and Neuropsychology tracks.

The **General Track** is focused on providing interns with a well-rounded experience in a wide variety of clinical settings. Applicants for this track are expected to have basic clinical skills as well as an interest in general clinical or counseling psychology. Interns who choose this track and have a solid grounding in the basics of professional psychology will be given opportunities to develop a wider breadth of experiences or greater depth of skills in more specific mental health areas or treatment modalities. Although ample training will be provided in working with mental health patients (psychiatry, addictions, post traumatic stress disorder, vocational rehabilitation), the generalist intern will also be exposed to working with medical patients. Interns accepted for this track will spend at least two primary rotations on those that are listed as General training experiences and will have the option of electing one primary rotation and a combination of secondary rotations among any of the remaining General, Health Psychology, or Neuropsychology rotations. Additionally, interns on the General Track are required to select at least one six-month rotation in assessment.

The **Health Psychology Track** is listed with Division 38 of the APA and meets the criteria for pre-doctoral training in Health Psychology. Applicants for this track are expected to have good basic clinical skills as well as an interest in health psychology/behavioral medicine. Specific prior training in health psychology is desired but not required. This track offers a wide variety of experiences in behavioral medicine and health psychology and provides a minimum of six months training in settings that serve primarily medical patients. Opportunities are also offered to work with psychiatric, substance abuse, vocational rehabilitation, geropsychology, geroneuropsychology, and/or PTSD patients during the rest of year. Interns accepted to this track are required to select two primary rotations in Health Psychology as well as one primary rotation and a combination of secondary rotations among any of the remaining General, Health Psychology, and Neuropsychology rotations. Additionally, interns on the Health Psychology Track are required to select at least one six-month rotation in assessment.

The **Neuropsychology Track** is listed with Division 40 of the APA as meeting the criteria for pre-doctoral training in neuropsychology, and we are members of the Association for Internship Training in Clinical Neuropsychology (AITCN). Additionally, the Chief and primary supervisor of the Neuropsychology Track is a board-certified (ABPP) neuropsychologist. Applicants for this track are expected to have good basic clinical skills as well as an interest in neuropsychology. Applicants with a strong clinical background in neuropsychology will be given highest priority. Practicum experience in neuropsychology or past work experience (e.g., as a neuropsychology

technician) is required. Course work (e.g., Neuroanatomy) in neuropsychology is preferred but may be waived with sufficient practical experience. Interns who have been accepted to the Neuropsychology Track will spend 50% of their time divided between the general outpatient neuropsychology and geriatric neuropsychology clinics. Neuropsychology interns are required to select two primary rotations in Neuropsychology as well as one primary rotation and a combination of secondary rotations among any of the remaining General and Health Psychology rotations.

## **CLINICAL ROTATIONS**

Below are descriptions of each available rotation within the General Psychology, Health Psychology, and Neuropsychology tracks. *Please note that all rotations are subject to change.*

### **GENERAL PSYCHOLOGY ROTATIONS**

#### **Mental Health Clinic (MHC)**

A primary or secondary placement in the MHC will consist of individual therapy, group psychotherapy, and psychological/personality evaluations of psychiatric outpatients. The clinic is comprised of an interdisciplinary team of more than 40 providers (i.e., psychologists, pharmacists, psychiatrists, social workers, and nursing staff) in addition to support personnel staff. An essential part of the rotation will be collaboration with other treatment providers, including providing feedback on psychological assessments to various disciplines of referring providers.

The MHC serves a diverse patient population, not only in terms of ethnicity, but also in terms of socioeconomic status, gender, age, and educational and occupational backgrounds. Our patients are also diverse in terms of diagnoses. Diagnoses of outpatients range from relatively mild problems (e.g., adjustment disorder) to more severe psychopathology such as schizophrenia, personality disorders, and dual diagnoses. Interns will be expected to gain experience in at least two evidence-based psychotherapies during their time on the rotation. Therapeutic approaches include, but are not limited to, Cognitive Behavioral Therapy, Cognitive Behavioral Treatment for Insomnia, Dialectical Behavior Therapy, and Interpersonal Psychotherapy.

Intern competency forms, which are reviewed with interns at the beginning of the rotation, are used to evaluate interns' training needs and competencies. Weekly supervision provides ongoing feedback on performance. Interns are evaluated on competencies in therapy and assessment through direct observation, supervision, audio recording, review of progress notes, and review of assessment reports. The rotation is designed to be flexible in meeting the training needs and interests of interns.

Supervisors: Drs. Aikman, Gibbs, and/or McCandless

#### **Posttraumatic Stress Disorder Clinical Team (PCT)**

The PTSD Clinical Team is an interdisciplinary group that includes psychologists, social workers, a recreation therapist, graduate and post-graduate trainees, support staff, and the

Veterans we serve. We are a specialty clinic that accepts referrals from across the hospital system for Veterans and Active Duty Service members who have been diagnosed with PTSD, as well as those who have returned from one of the most recent conflicts (OEF/OIF/OND) with trauma-related adjustment difficulties.

Our services are provided within a recovery framework that emphasizes a whole-health approach to treatment and draws heavily upon the principles of evidence-based practice and trauma-informed care. We listen to our Veteran's preferences and respect their autonomy to make treatment decisions consistent with those preferences. We recognize that healthy living is not merely the absence of symptoms, but also the presence of meaningful factors and experiences across important life domains, and we aim to assist Veterans in attaining improved wellness across these domains. We recognize and take advantage of the wealth of research evidence and clinical expertise available to us both from within and outside our clinical team; and we integrate all of these resources into a collaborative decision making approach with our Veterans.

During this rotation, interns will improve their understanding of factors that contribute to the development and maintenance of PTSD as well as how to effectively intervene with individuals living with this disorder. Our goal is to provide interns with both breadth and depth of experiences within our clinic, commensurate with their level of prior experience, current training needs, and future career goals. Experiences will include multiple treatment modalities (psychoeducation, evidence-based treatments, and supplemental approaches), multiple formats for intervention (group, individual, and possibly tele-health), assessment and measurement-based care, diversity of clients (with respect to cultural background, military service era, type of trauma, etc.), and more. Some of the specific treatment approaches with which interns regularly gain experience on our rotation include: Cognitive Processing Therapy, Prolonged Exposure, Acceptance and Commitment Therapy, Moral Injury, Seeking Safety, Self-Defeating Behaviors, & Yoga for PTSD.

Supervisors: Drs. Roca, Brewer, Cooney, Dixon, Gambone, Moore, Pepper, Pruneau, and Reeder

### **Homeless Domiciliary Residential Rehabilitation Treatment (Homeless DR RTP)**

The Homeless DR RTP is a thirteen to twenty-four week residential program with emphasis on providing opportunities for Veterans to achieve and maintain their highest level of independent community integration. This is accomplished through the provision of residential services designed to improve functional status, sustaining rehabilitation gains, disability management, recovery, and breaking the cycle of recidivism. The DR RTP works to provide these opportunities by helping the Veteran in developing life and work-hardening skills and increasing awareness. The DR RTP also works from a recovery-oriented model helping the Veteran to identify and manage self-defeating behaviors and improving quality of life. An interdisciplinary team composed of social workers, a recreational therapist, an occupational therapist, a vocational rehabilitation specialist, social service assistants, one staff psychologist, one staff psychiatrist, a peer support apprentice, and an APN provide services to the unit.

Interns choosing this placement will be actively involved in the delivery of treatment that includes elements of cognitive behavioral therapy and mindfulness. Examples of treatment programming include Seeking Safety (an integrated group treatment for PTSD and substance use disorders), Face Everything and Recover or F.E.A.R (designed to help Veterans

acknowledge and learn coping skills to deal with apprehensions or fears they may have with reintegrating into society), Cognitive Behavioral Therapy, Acceptance and Commitment Therapy (ACT), and Cognitive Processing Therapy (individual therapy for appropriate patients). Interns may also be provided the opportunity to co-facilitate groups with other interdisciplinary team members (i.e., Conflict Management, Social Skills Training, Discharge Planning, and Community Reintegration).

A primary goal of the Homeless DR RTP rotation is to provide the intern with a structured philosophy of treatment that focuses more on improved quality of life rather than mere symptom reduction. Furthermore, the skills learned on this rotation can be implemented readily to other patient populations with whom the intern may work. In addition to participating in program groups, interns will also be exposed to issues common to program development and gain increased understanding of the role of an interdisciplinary team. Although most therapeutic activities are group-oriented, there is the possibility of structured, brief individual psychotherapy.

It is expected that the intern will become more autonomous as the rotation progresses and independently (with supervision) lead some of the groups in the program.

Supervisor: Dr. Crutchfield

### **Substance Use Disorder (SUD) Treatment Program**

The Substance Use Disorder treatment program consists of a full spectrum of treatment, including Detoxification, Intensive Outpatient Program, outpatient treatment, and long-term supportive programming.

Interns choosing this placement will be actively involved in assessment, treatment planning, and delivery of treatment to a wide spectrum of Veterans with SUD issues. Examples of treatment programming include Seeking Safety; Contingency Management programming; Motivational Interviewing and Enhancement; Harm Reduction; Relapse Prevention; and psychoeducational groups. Treatment is presented primarily in group format, but opportunities for individual therapy are also present.

The SUD program is a Recovery based approach of shared responsibility for treatment with final responsibility for their future life and wellbeing clearly resting on the Veteran. The Intern will learn this philosophy of care and will engage in developing and applying Recovery based approaches. There is also a program evaluation component seeking evidence for efficiency and effectiveness of care. While this is not a program of “research” and is not designed to lead to publications, the interns will be involved in this direct practical application of research principles and techniques.

The SUD rotation is also available as a secondary rotation. Interns who select this option will individualize their rotation experience to include specific components of the larger SUD rotation as are suited to their schedules and interests.

Supervisors: Drs. Rookey and Boling (*Note*: supervision may also be provided by a Psychosocial Rehabilitation [PSR] fellow)

## **Organizational Health**

The Organizational Health rotation provides interns with an opportunity to work with VA employees requesting services from three programs, including the Employee Assistance Program (EAP), Wellness Is Now (WIN), and Civility, Respect, and Engagement in the Workplace (CREW).

In EAP, interns will gain experience working to improve employee satisfaction by addressing biopsychosocial issues that affect employee job performance through assessment of presenting problems and referral of employees to the appropriate resources to meet their needs. Interns may also provide short-term problem solving interventions or supportive therapy services. The EAP is called upon frequently to provide psychoeducation to VA staff with topics ranging from communication and team building to burnout and stress management and at times will facilitate crisis debriefing. Interns will even have the opportunity to develop and present a VA-wide psychoeducational series of their choosing.

The WIN program is part of the VA's Employee Health Promotion and Disease and Impairment Prevention program and addresses employee wellness by providing education, coaching, motivational interviewing, and coordination of VA-wide fitness events that target physical and mental health promotion. Interns can assist in any number of wellness initiatives including organization of campus-wide health fairs, leading campus Wellness events, or providing unit level Wellness interventions and education as well assisting with employee smoking cessation and the MOVEmployee fitness and nutrition program.

The CREW program was launched by VHA leadership in response to finding that civility levels are a major factor in workplace satisfaction and organizational health. CREW represents the organization's commitment to work-group level conversations about civility as a mechanism for change. Interns may assist in coordination of the CREW program and facilitation of a CREW workgroup. The programs in Organizational Health are continuously evolving so interns can gain experience in program development, administration, and evaluation.

The EAP, WIN, and CREW programs serve the entire facility with offices in both North Little Rock and Little Rock. The EAP Coordinator also serves on facility committees and workgroups which provide interns the opportunity to be exposed to organizational development in action. Since the current EAP Coordinator also serves as the CAVHS Local Evidence-Based Psychotherapy Coordinator, interns have the opportunity to gain to be involved in the administrative implementation of the VA Evidence-Based Psychotherapy training initiative during this placement.

Supervisor: Dr. Linson

## **Psychosocial Rehabilitation Recovery Center (PRRC)**

The PRRC is an outpatient transitional learning center that provides a person-centered and empowering environment to support the recovery of veterans living with serious mental illnesses (SMI). Interns will gain experience working with veterans living with psychiatric disabilities, typically ranging in age from 20 to 65. Veterans in the PRRC are diagnosed with one of the following mental illnesses: schizophrenia, schizoaffective disorder, bipolar disorder, major depressive disorder, psychosis NOS, or severe PTSD. In addition, many have co-morbid addictions issues.

Time on this rotation will be spent in the following way:

- **Screening/Assessment:** The intern will meet with veterans to determine the eligibility of the veteran for PRRC services and make appropriate recommendations for care. If the veteran is found eligible for care in the PRRC, the intern will conduct the full assessment. The intern will be expected to complete screenings and assessments for at least three Veterans during the rotation.
- **Class/group co-facilitation:** The intern will be expected to serve as a co-facilitator of PRRC classes that focus on helping individuals develop or enhance skills and better manage mental health symptoms.
- **Weekly team meetings:** The intern will be expected to serve as a member of the PRRC team by participating in weekly meetings on Wednesday mornings from 8 am to 10 am. During these meetings, the PRRC team discusses clinical issues, conducts ongoing trainings for staff in recovery, and discusses consults. Also, the intern will be expected to present one case during this meeting.

Supervisor: Dr. Newman (*Note:* Interns may receive vertical supervision from a Psychosocial Rehabilitation [PSR] fellow)

### **Acute Inpatient Psychiatry**

The Acute Inpatient Psychiatry unit at CAVHS is a 26-bed unit located on unit 3K in North Little Rock. This rotation is available as a primary or secondary internship training experience. Interns will spend all day on Mondays and Wednesdays on this rotation. Interns will provide group and individual services to Veterans with a wide range of presenting problems.

This is an excellent opportunity for interns who have not yet completed an inpatient experience, as well as those familiar with inpatient units. Interns will focus their time on their areas of interest and need. All will increase their skills in quickly developing rapport and instilling hope while working with Veterans with significant personal and environmental challenges. They will also gain skills and confidence in developing safety plans with acutely suicidal and homicidal Veterans, working with sometimes challenging Veterans in group and individual encounters, and approaching inpatient treatment from a recovery orientation. There are ample opportunities for working with Veterans with serious mental illness on their recovery. Additionally, interns will work closely with the interdisciplinary team made up of peer support, psychiatry, psychology, pharmacy, social work, recreational therapy, nursing, and students and residents from several disciplines.

As interns gain skill and confidence, they will have the opportunity for significant autonomy in selecting their areas of focus and specific work, with Dr. Viverito always available for supervision and consultation. Because of the unique nature of the unit, there is also the opportunity for interns to develop their own groups, training programs, or additions to the milieu. Specific activities will vary depending on each intern's interests and needs; however, all interns will spend time:

- Attending morning meetings from 8:30-9:00 on Mondays and Wednesdays.
- Facilitating and co-facilitating groups.

- Meeting with individuals individually for time-limited therapy, safety planning, and discharge planning.
- Completing thorough chart reviews.
- Developing and implementing staff education/training.
- Working with the multidisciplinary team as well as outpatient providers to coordinate care.
- Completing documentation of services and care coordination.

Additionally, interested interns will have the option of gaining limited experience in recovery-oriented family services, under secondary supervision of Dr. Glen White, Local Recovery Coordinator. Specific training experiences vary over time and will be determined following the intern's selection of the Acute Inpatient Psychiatry rotation.

Supervisors: Drs. Viverito and White (*Note:* Interns may receive vertical supervision from a Psychosocial Rehabilitation [PSR] fellow)

## **HEALTH PSYCHOLOGY ROTATIONS**

### **Behavioral Medicine**

Interns on this specialty rotation are exposed to various aspects of health psychology/behavioral medicine. During this placement, the intern participates as a team member of the interdisciplinary chronic pain program. There is ample opportunity to assess patients with chronic pain, report evaluation findings and offer recommendations to the chronic pain board, as well as actively participate as a team member to develop patient treatment plans. In addition, interns are afforded experiences and training to provide psychological interventions to assist chronic pain patients in coping with their condition and improving their quality of life. Such interventions may include cognitive behavior therapy, marital therapy, relaxation therapy, self-hypnosis training, and training in biofeedback.

As a member of the multidisciplinary diabetic education program, the intern's primary responsibility is to teach patients, via a psycho educational group, about their recently diagnosed diabetes mellitus; the link between stress, depression, and the management of diabetes; as well as introduce them to some basic relaxation techniques. Additionally, the intern participates as member of the smoking cessation clinic. Patients are trained in behavioral and cognitive behavioral techniques, nicotine fading, and self-hypnosis to help them successfully quit smoking. The intern is trained to conduct this clinic effectively and will have the opportunity to be the primary facilitator for at least one 3-session clinic.

Training on this rotation includes the basic concepts of psychophysiology, clinical hypnosis, and psychotherapy with medical patients. The intern can receive training in stress management, understanding the form and physiology of stress, stress response control, psychosomatic concepts, and applications of these in short and long-term treatment. The intern is also exposed to a number of the assessment/evaluation methods, including the MMPI-2, Beck Depression Inventory, Brief Pain Inventory, Battery for Health Improvement-2 (BHI-2), Mental Status Exam, Male Sexual Dysfunction Structured Interview, and Clinical Pain Interview.

Interns on the Behavioral Medicine rotation are also involved with the Veterans' Individualized Insomnia Program (VIIP). Through this service, veterans are provided psychoeducation on a

variety of sleep-related topics, practice mindfulness/relaxation, and receive support in forming, tracking, and maintaining behavioral goals to improve their quality and quantity of sleep. Interns are also involved with the Living Beyond Pain group. This group's primary goal is to help patients with chronic pain reduce the centrality of their pain problem in their lives, increase their focus and activity in "non-pain treatment related" areas, thereby improving the quality of their lives. Interns are also afforded, depending on referral patterns, the opportunity to assess and treat individuals presenting with sexual dysfunction.

Interns are expected to attend staff conferences and grand rounds, where they will interact with nurses, social workers, dietitians, residents, chaplains, pharmacists, and physicians.

Observations of various medical procedures (e.g., acupuncture, trigger point injections, facet injection, etc.) can be part of the intern's experience on this rotation. Interns are often afforded the opportunity to attend a meeting of the Arkansas Psychology Board (licensing board).

Supervisors: Drs. Kleitsch and Powers

### **Psychological Consultation-Liaison**

Interns who take the Psychological Consultation and Liaison rotation will primarily work with medical patients who are experiencing adjustment problems/psychological distress related to their medical condition(s). Interns will conduct assessments and psychotherapy as warranted by the referral question and these services will be provided to both inpatients and outpatients.

Training opportunities include working with medical interdisciplinary and multidisciplinary teams on a general medical ward and working with an interdisciplinary palliative care team. Interns will have the opportunity to play an active role on these teams providing psychological consultation services. Moreover, they will also have the opportunity to participate in general medical rounds, which provides them additional training in medical treatment/diagnosis.

In addition, they will receive training and experience in conducting mental health evaluations for bone marrow transplant and organ transplant candidates as well as assessing and monitoring patients with hepatitis C who are receiving interferon treatment. Furthermore, interns will be involved in providing end of life care to our Hospice and Palliative Care patients and their families.

Clinical Duties of the rotation include: conducting bedside assessments; conducting organ transplant evaluations; providing brief family therapy to families of patients at the end of life; providing bedside psychotherapy to patients with a wide range of chronic illnesses; working with various teams as a consultant/primary member of the team; and attending rounds and discharge planning meetings with an interdisciplinary team.

Supervisor: Dr. Heiland

### **Primary Care Mental Health Integration (PCMHI)**

On the PCMHI rotation, interns will work as a member of an integrated treatment team, including psychologists, psychiatrists, primary care physicians, social workers, RNs, APNs, pharmacists, and administrative assistants. PCMHI seeks to bridge the gap between medical and mental health care outside of a specialty mental health clinic in order to improve access to behavioral health services within the primary care treatment environment. This rotation provides

opportunities to work closely with Patient Aligned Care Team (PACT) providers, various specialty medical services, and psychiatry in order to coordinate care and provide brief, solution-focused mental health/behavioral medicine interventions. The goal is to enhance the delivery of holistic health services in primary care and to develop skills to address behavior change needs.

PCMHI interns will learn to conduct brief assessments and problem-focused, solution-oriented individual and group interventions to address mild to moderate psychiatric and behavioral health issues, including depression, anxiety, PTSD, pain, insomnia, stress management, tobacco use, weight management, treatment adherence, and substance use disorders, in an integrated, patient-centered environment. Through brief assessments (30 minutes) and shorter duration treatment (not more than 4-6 sessions), interns will be able to learn or to refine skills in using motivational enhancement strategies to improve Veterans' follow through with treatment recommendations and /or to make healthy lifestyle changes within the primary care setting. They will also be able to develop skills in succinctly communicating assessment findings and treatment plans to both Veterans and PACT providers. PCMHI is a fast-paced, ever-changing work environment that can help to develop an intern's ability to 'think on his/her feet', multitask, and conceptualize from a problem-focused perspective.

Current classes/groups offered through PCMHI include: the Living Healthy Series (a 4-week open access group with a variety of topics to improve overall health); Sleep Education (a 1-session education group); Rest, Relax, Revive (a 4-week CBT-I group); and Problem Solving Training (a 4-week evidence-based treatment teaching problem-solving and emotion regulation skills).

Supervisors: Drs. McCorkindale and Donnelly

### **Health Promotion Disease Prevention (HPDP)**

A psychology intern on the HPDP rotation will have the opportunity to be involved in providing health interventions to Veterans, staff training, program development, and program evaluation. Interns can assist in the training of primary care staff in the use of behavioral interventions such as clinician and patient health coaching and Motivational Interviewing. There is also the opportunity to be involved in both individual and group interventions focusing on health promotion and disease prevention. Group interventions include Tobacco Cessation, MOVE! Weight Management, Acceptance and Commitment Therapy for Weight Management, Adjustment to Blindness, Mindfulness groups, and others. Interns will also have the opportunity to help primary care teams plan and implement shared medical appointments focused on a variety of health issues (i.e. hypertension, diabetes, COPD, etc.). There will be opportunities for interns to conduct pre-bariatric surgery psychological assessments and psychosocial evaluations for the inpatient blind rehabilitation program. In addition, interns will have the opportunity to be involved in developing new programs and initiatives at CAVHS to address the health needs of Veterans and the training needs of staff. On this rotation, interns will have opportunities to work with a variety of healthcare professionals, including primary care physicians, nurses, social workers, dietitians, pharmacists, and the Visual Impairment Services Team (VIST).

Supervisor: Drs. Mesidor and Broderick

## **Home Based Primary Care (HBPC)**

The HBPC rotation provides the opportunity for the intern to gain experience as an integral part of an interdisciplinary primary care team. HBPC utilizes an interdisciplinary approach in the provision of services to homebound Veterans with chronic and disabling medical illnesses. The intern has the opportunity to work with various specialties, including nursing, occupational therapy, social work, dietetics, and pharmacy. The average age of our Veteran population is approximately 80 years old; therefore, the rotation provides expansive opportunities for those interested in working with older adults. The rotation also offers the unique experience of providing a wide range of mental health services to our patient group in their home environments. Training opportunities available to Psychology Interns include:

- Neuropsychological screenings and behavioral health assessments to identify level of functioning, inform treatment planning, and facilitate patient care.
- Individual and family therapy for depression, anxiety, end-of-life issues, and other forms of emotional distress.
- Experiences available in providing support to caregivers caring for patients diagnosed with dementia utilizing the REACH model (Resources for Enhancing All Caregivers Health). Formal certification in REACH, which is an empirically based treatment, is available for the intern if desired.
- Training in behavioral interventions and environmental modifications focused on the management of psychological problems in patients with varying levels of cognitive impairment.
- Opportunities for the implementation of behavioral medicine interventions (behavioral sleep management, pain management, weight management, smoking cessation techniques) with a medically complex patient population.
- Consultation with other program staff about the role of psychological issues in the day to day management of patient care.

Both supervisors on the HBPC rotation are board certified in Geropsychology, and all home visits by the intern are made with the supervising psychologist. Supervision includes 1–2 hours of formal individual supervision per week, with additional opportunities for informal discussion throughout the training day. Training and supervision about health care team dynamics, as well as Psychology's role in facilitating the overall functioning of the group, is included as part of supervision process.

Supervisors: Drs. Ghormley and Long

## **Rehabilitation Psychology**

The Physical Medicine and Rehabilitation Service (PM&RS) operates a 15-bed, inpatient, CARF-accredited, acute medical rehabilitation program. The unit serves a large veteran population, and individualized programs are available to provide targeted interventions for individuals with a variety of complex medical and rehabilitation needs. Veterans served on this unit are typically recovering from or improving their level of function as a result of various acute

or chronic traumatic, progressive, or congenital injuries and illnesses that may result in a wide variety of physical, sensory, neurocognitive, behavioral, and/or emotional disturbances. Veterans typically served on this unit include individuals who have experienced cerebrovascular accidents, traumatic or acquired brain injuries, spinal cord injuries or disorders, limb amputations, neuromuscular disorders, brain tumors, cardiac arrest, cancer, orthopedic problems, burns and/or disfigurement, chronic pain, deconditioning, and other medical conditions that limit functioning or participation in valued life activities.

Treatment programs are designed and implemented by an interdisciplinary team of professionals with the goals of broadening patient opportunities as well as facilitating maximal individual functioning and participation in social relationships and activities, recreation, education, employment, and the community in general. This team includes the veteran and his/her family, physiatrist, rehabilitation nurses, physical therapists, occupational therapists, kinesiotherapists, speech-language pathologists, social workers, rehabilitation psychologist, dieticians, recreational therapists, pharmacists, and other consultants. The interdisciplinary team meets bi-weekly to discuss each Veteran's progress and prognosis for recovery, rehabilitation goals, participation in his or her therapies, and plans for discharge.

Interns who choose this rotation will provide brief, focused, and time-limited assessment and intervention services to assist veterans living with disability, activity limitations, and/or societal participation restrictions and their significant others or support systems in coping with and adapting to the effects of the injury or illness with the primary goals of increasing overall function and quality of life. The intern will function as an integral team member, providing consultation, assessment, and intervention services to assist veterans and the team with managing various emotional, cognitive, and behavioral barriers to participation and recovery, including but not limited to poor adjustment to disability, depression, anxiety, cognitive impairment, questions of capacity, substance use, treatment adherence issues, pain, family conflict, and psychosocial issues.

In addition, depending on the intern's level of interest as well as the clinic's overall need for Rehabilitation Psychology services, this rotation provides limited opportunities to gain exposure to and experience working with Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn (OEF/OIF/OND) veterans who have a suspected or diagnosed traumatic brain injury (TBI) in the outpatient Polytrauma Clinic. The Polytrauma Clinic includes an interdisciplinary outpatient treatment team that coordinates care for combat veterans exposed to explosions and potentially co-occurring bodily injury, concussion, and posttraumatic stress disorder (PTSD). Veterans served in this clinic undergo comprehensive and integrated examinations to aid in the diagnosis of suspected TBI and receive therapeutic intervention when appropriate. The team includes the veteran and his/her family, physiatrist, rehabilitation psychologist, physical therapist, occupational therapist, and social worker. The interdisciplinary team meets weekly to discuss newly-evaluated veterans and their care. Interns who desire exposure to and experience in this clinic may have the opportunity to provide cognitive screening; aid in deciphering and provide consultation to the team regarding various cognitive complaints, such as decreased memory, attention, and processing speed; provide psychoeducation and brief therapeutic interventions to veterans; rapidly triage veterans into the appropriate services or programs, such as the PTSD clinic, Mental Health Clinic, behavioral medicine services (e.g., sleep clinic, pain clinic, etc.), vocational rehabilitation program, etc.; and provide family consultation and guidance.

Supervisor: Dr. Kolb

## **Clinical Geropsychology**

The Clinical Geropsychology rotation provides an intensive inpatient training experience with a broad range of geriatric patients. Interns will develop specialized skills in psychological assessment, intervention, and multidisciplinary consultation with older adult populations in medical, psychiatric, and long-term care settings.

On this rotation, the intern will work as a member of an interdisciplinary treatment team (i.e., geriatricians, nursing, pharmacists, dieticians, social workers, and rehabilitative therapists) on one or more of the following geriatric units in the Community Living Center (CLC): (1) Transitional Care & Rehabilitation Units provide medical services to Veterans requiring long-term medical treatment and physical rehabilitation; (2) Geriatric Evaluation and Management (GEM) Unit for short stay medical issues; (3) Geriatric Special Care Unit, which provides medical and psychiatric services to Veterans diagnosed with one or more serious mental illnesses, have one or more functional deficits, and evidence of cognitive impairment; and (4) Dementia Care Unit, a long-term care unit that provides medical and psychiatric services to Veterans diagnosed with dementia and one or more psychiatric disorders.

Behavioral interventions, staff consultation, and psychoeducation are critical components on these units. Interns on this rotation are involved in a variety of psychological services, including psychological assessment and intervention, brief cognitive screening, and individual and group therapeutic modalities. Interns function as a fully integrated treatment member, providing crisis intervention as well as staff training and staff consultation. The assessment and treatment of the elderly Veteran requires a solid understanding of both the aging process and the sequelae of various medical conditions. Initial focus is on assessment of psychological factors, which are either caused by or are now complicating a range of medical problems. Common examples include alterations in mental status, mood, cognitive functioning, coping skills, and socialization.

There is no prerequisite experience or training required for this rotation, as skill development goals are specifically suited to the abilities of each intern. At a minimum, interns can expect to accomplish the following during this rotation: (1) Gain a solid understanding of the aging process and the psychological needs of the elderly from both theoretical perspectives and clinical experiences; (2) Obtain increased competence in interviewing and psychological assessment relevant to geriatric and medical populations; (3) Experience working within an interdisciplinary treatment team model of Veteran-centered care; (4) Continued refinement of evidenced-based psychotherapy skills effective with the geriatric & medical populations (e.g., IPT, MI, CBT); and (5) Develop enhanced skills in crisis intervention, consultation, and behavioral management techniques.

Supervisor: Dr. Pope

## **NEUROPSYCHOLOGY ROTATIONS**

### **Outpatient Neuropsychology**

One fellowship-trained, board certified neuropsychologist and two psychometrists staff this clinical rotation within the Mental Health Service. This rotation provides training in neuropsychology with extensive experience in the administration and interpretation of a flexible

battery approach, including training in empirically based neuropsychological procedures for diagnostic, treatment, and rehabilitation purposes.

Neuropsychological assessment will be utilized to increase the understanding of behavioral expression of brain dysfunction, assist in diagnostic clarification, and provide recommendations for treatment and recovery oriented interventions. Whether the novice in mental status examinations or the advanced neuropsychology student, skill development goals are specifically suited to the abilities of each intern. No prerequisite experience or training is required.

Patients are seen on a referral basis for neuropsychological evaluation. Referrals are received from the Physical Medicine and Rehabilitation Service (PM&RS), Primary Care, Substance Use Disorder (SUD) team, Posttraumatic Stress Disorder programs, Mental Health Clinic (MHC), and the Domiciliary. Interns are encouraged to attend staff conferences, team meetings, and Grand Rounds in neurology and psychiatry. Additionally, the opportunity to develop skills in cognitive rehabilitation approaches, including facilitating/co-facilitating a cognitive rehabilitation group, is available for interested interns. The intern may also participate in program evaluation and administration. If the dissertation is complete, neuropsychological and rehabilitation research for publication or presentation at national conferences will be supported through time allowance, statistical support, manuscript editing, and/or mentoring.

Supervisor: Dr. Andrews

### **Geriatric Neuropsychology**

This rotation provides wide-ranging training in neuropsychological assessment of geriatric patients with extensive experience in the administration and interpretation of a flexible battery approach, including training in empirically-based neuropsychological procedures for diagnostic, treatment, and rehabilitation purposes. Interns on this rotation will develop skills necessary for differential diagnosis of normal aging, delirium, and various dementia syndromes. Interns will gain skills in making treatment recommendations and providing feedback to patients and their families. Interns are encouraged to attend staff conferences, team meetings, Dementia Committee meetings, and Grand Rounds in geriatrics, neurology, and psychiatry.

There is no prerequisite experience or training required for this rotation as skill development goals are specifically suited to the abilities of each intern. At a minimum, interns can expect to accomplish the following during this rotation: (1) Obtain increased competence in interviewing and neuropsychological assessment relevant to geriatric and medical populations; (2) Experience working within an interdisciplinary treatment team model; (3) Gain solid neuropsychological assessment skills including differential diagnosis of normal aging vs. various dementias; and (4) Develop skills in decisional capacity assessment of the elderly.

Supervisor: Dr. Fazio

# **PSYCHOLOGY LEARNING RESOURCES**

In addition to the training opportunities previously addressed, our internship program offers other structured and non-structured training experiences. Interns will have access to computers for scoring and administration of various psychological tests, word processing, retrieving patient data, reviewing medical and drug information, continuing education, accessing medical and psychological articles and textbooks through a virtual library, emailing, and conducting statistical analysis (SPSS) as well as use for clinical and research activities through select VA computers.

Both divisions house libraries, which contain a wide selection of medical and psychological books and journals. In addition, staff and interns have access to the resources of the library at the University of Arkansas for Medical Sciences. MEDLARS Service, sponsored by the Public Health Service National Institute of Health, is also available at no charge for library users through the Little Rock Division Library.

## **APPLICATION & SELECTION**

### **AVAILABLE POSITIONS**

Our training program currently maintains seven internship slots, including three General Track interns, two Health Psychology Track interns, and two Neuropsychology Track interns. These positions may be filled by either Clinical or Counseling psychology students. No positions are dedicated to any one university, and our interns come from all over the United States.

### **ELIGIBILITY AND REQUIREMENTS**

Applicants must: (1) be actively involved in pursuing a Ph.D. or Psy.D. degree from an APA-accredited program in Clinical or Counseling Psychology, or (2) must be a respecialization candidate currently associated with such a program. All applicants must have the approval of his/her program director to begin internship in the fall.

VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.

A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.

Interns are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.

VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees.

Applicants should have completed at least 900 total hours of practicum experience, which includes face-to-face delivery of professional psychology services that are relevant to the applicant's goals for internship. Applicants should also have completed a minimum of 150 assessment and 150 intervention hours to be considered for this internship program.

Applicants are expected to have at least minimal proficiency in the administration, scoring, and interpretation of the more common psychological testing instruments and to have had some experience with psychotherapeutic interventions with adults.

## **ACCREDITATION**

This internship is accredited by the American Psychological Association (APA) and is a member of the Association of Psychology Predoctoral and Internship Centers (APPIC). The program adheres to APPIC policy regarding offers and acceptances for training. At the last APA site visit in 2010, we were awarded re-accreditation for seven years, which is the maximum amount of time awarded by APA. Our next site visit is scheduled for 2017.

For more information regarding APA accreditation of this or other accredited internships, please contact:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 First Street, NE  
Washington, D.C. 20002-4242  
Phone: (202) 336-5979

## **APPLICATION PROCEDURES**

Internship applications are now fully completed online. Please visit [www.appic.org](http://www.appic.org) to review instructions for submitting your application and complete the online APPIC Application for Psychology Internships (AAPI). The standard application packet, including cover letter, CV, letters of recommendation, Director of Clinical Training verification of AAPI, graduate transcripts, and supplemental information, will be submitted through the online application portal. Below is a list of application materials needed to apply to the Central Arkansas Veterans Healthcare System (CAVHS) psychology internship program:

- Cover letter explaining why you have chosen to apply to this particular internship. It should also list your specific clinical interests and identify rotations of interest to you. **PLEASE INCLUDE, IN THE FIRST PARAGRAPH OF YOUR LETTER AND IN BOLD, THE (ONE) TRACK TO WHICH YOU ARE APPLYING.** Please apply to no more than one track. If you have interests in more than one area, there will be elective rotations on which you may gain other experiences.
- Curriculum Vitae.
- AAPI Online ([www.appic.org](http://www.appic.org)), including verification by your Director of Clinical Training (the latter replaces the APPIC Academic Program's Verification of Internship Eligibility & Readiness Form).
- Official copies of all graduate transcripts
- **THREE** letters of recommendation from supervisors/faculty regarding your academic or professional work.

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**Deadline for Application: November 1, 2016**  
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*Note:* This program meets criteria of Equal Employment Opportunity (EEO). In accordance with the membership guidelines of the Association of Psychology Postdoctoral and Internship Centers (APPIC), recruitment and selection procedures are designed to protect and preserve applicants' rights to make a free choice among internship offers.

## **INTERVIEWS**

In-person interviews will be conducted by invitation only. All applicants will be informed about whether or not they are invited to interview. Specific details about the interview process will be sent to each applicant invited to interview after the completed application is received and reviewed. We typically interview 30-35 applicants over a period of two months. To be fair to all applicants, particularly those interviewing early in the process, a group photo will be taken each interview day in order to assist our memories during the selection process. Participation is strictly optional. Photographs of those not selected for interview will be destroyed after selection day.

## **SELECTION AND NOTIFICATION**

The Training Committee will meet in early February to make selections and rank candidates. The final decision will be made by the Director of Training, and selection notification will be implemented in accordance with APPIC guidelines. Acceptance letters will be sent to selected interns and to their directors of training within 72 hours of Intern Notification Day.

## **FINAL APPOINTMENT**

Appointment is made for a 12-month period, and the intern is expected to complete a total of 2,080 hours over the course of the internship year. The internship year is divided into one week of New Employee Orientation (NEO) followed by three, four-month primary rotations. Interns are expected to be on duty five days per week, with a workday typically defined as 8:00 a.m. to 4:30 p.m.

## **STIPEND**

The VA stipend is set nationally at \$23,974 per year, with pay distributed every two weeks. Intern benefits include health insurance, accrued sick and annual (personal) leave, 10 paid federal holidays, and authorized absence for selected conferences.

## **QUESTIONS?**

Please contact Dr. Garrett Andrews, Director of Training, by phone at (501) 257-1684 or email at [Garrett.Andrews@va.gov](mailto:Garrett.Andrews@va.gov).

## **RELATED RESOURCES**

For information on the CAVHS Psychology Fellowship Program, please visit:

[http://www.littlerock.va.gov/careers/psychology/fellowship/Psychology\\_Fellowship\\_Prgram.asp](http://www.littlerock.va.gov/careers/psychology/fellowship/Psychology_Fellowship_Prgram.asp)

# **FORMER INTERNS**

Our former interns have gone on to work in private practices, university medical centers, state hospitals, community mental health clinics, counseling centers, universities, private hospitals, HMOs, head trauma facilities, rehabilitation centers, and VA medical centers. They have become directors of addictions programs, faculty in medical schools and psychology departments, as well as administrators of hospital based programs. More specifically, they serve as neuropsychologists, psychotherapists, diagnosticians, administrators, consultants, teachers, researchers, and authors. Many of our recent interns have chosen to pursue postdoctoral training in specialty areas, including Neuropsychology, Geropsychology, PTSD, and Health Psychology.

## **INTERN PLACEMENT BY CLASS**

### **2015-2016**

Bedford VA	Neuropsychology Fellow
JFK Rehab	Neuropsychology Fellow
CAVHS	PTSD Fellow
Bay Pines VA	PTSD/Women's Health Fellow
Jackson VA	Geriatric Mental Health Fellow
Private Practice	

### **2014-2015**

Dartmouth	Neuropsychology Fellow
Northern CA VA	Neuropsychology Fellow
Palo Alto VA	General/PSR Fellow
Puget Sound VA	General/Geropsychology Fellow
Phoenix VA	Health/Pain Fellow
Henry Ford	Health/Behavioral Medicine Fellow

### **2013-2014**

Shepard Center	Neuropsychology Fellow
Henry Ford	Neuropsychology Fellow
San Diego VA	PTSD/TBI Fellow

CAVHS PTSD Fellow

Jackson Medical  
Center Health Fellow

CAVHS PSR Fellow

### **2012-2013**

Albuquerque VA Neuropsychology Fellow

Duke Neuropsychology Fellow

N. Florida/S. Georgia  
VA Geropsychology Fellow

Memphis VA Health Fellow

Los Angeles VA General Staff

Tampa VA Health/Pain Fellow

## **PSYCHOLOGY FACULTY**

All of our doctoral staff are highly qualified, many in specialty areas as well as in general clinical or counseling psychology. All are licensed, and four of our staff are board certified through the American Board of Professional Psychology (ABPP). One faculty member is an American Society for Clinical Hypnosis approved consultant in Hypnosis. A number of our VA psychologists are on staff at our affiliate, the University of Arkansas for Medical Sciences.

The psychology staff also holds membership in a variety of professional organizations, including the American Psychological Association and various state psychological associations (Arkansas, Illinois, Kentucky, and Missouri). The internship is also a member of the Association for Internship Training in Clinical Neuropsychology and the Council of Professional Geropsychology Training Programs.

A number of this internship's supervisors are active in leadership of local and national professional organizations. Several have served as President of the Arkansas Psychological Association, and many have served or are currently serving on the Board of Directors or as committee Chairs. Through their dedicated years of service, seven have obtained fellow status in the association. Three of our psychologists also serve as members of the National Association of VA Psychology Leadership. Two staff members have or are currently serving on the American Psychological Association Council of Representatives, and one is active as an Accreditation Site Visitor for the American Psychological Association.

# FACULTY PROFILES



Aikman, Grace, Ph.D.  
[Grace.Aikman@va.gov](mailto:Grace.Aikman@va.gov)

**Assignment:** Mental Health Clinic (MHC)  
**Education:** Texas A & M University (2000)  
**Fellowship:** Clinical Psychology & Substance Abuse (one year), Kansas City VAMC (2001)  
**Licensure:** Kentucky  
**Theoretical Orientation:** Cognitive-Behavioral, Interpersonal  
**Clinical and Teaching Interests:** Psychotherapy, personality assessment, bipolar disorder  
**Research Areas:** Assessment  
**Professional Organizations:** American Psychological Association



Alexander, Tammy, Psy.D.  
[Tammy.Alexander2@va.gov](mailto:Tammy.Alexander2@va.gov)

**Assignment:** Primary Care, Compensation and Pension (C&P)  
**Education:** Spalding University (Psy.D.), University of Central Arkansas (Master's)  
**Internship:** University of Arkansas for Medical Sciences/Arkansas Children's Hospital  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral, Interpersonal  
**Clinical and Teaching Interests:** Mental health recovery, public policy, grant writing, supported employment, disaster mental health services.  
**Professional Organizations:** Arkansas Behavioral Health Planning and Advisory Council



Amos, Darla, Ph.D.  
[Darla.Amos@va.gov](mailto:Darla.Amos@va.gov)

**Assignment:** Acute Inpatient Psychiatry  
**Education:** University of Arkansas (1982)  
**Theoretical Orientation:** Psychodynamic  
**Clinical and Teaching Interests:** Psychotherapy and assessment, psychotropic medication use in psychiatric populations, schizophrenia  
**Professional Organizations:** Society for Personality Assessment



**Assignment:** Neuropsychology; Chief of Vocational Rehabilitation, Neuropsychology, & Rehabilitation Psychology; Director of Internship Training; Assistant Director of Fellowship (Neuropsychology Track)  
**Education:** Westminster College (1998), Forest Institute (2005)  
**Internship:** Black Hills Veterans Administration  
**Fellowship:** Geisinger Medical Center (2005-2007; Neuropsychology)  
**Licensure:** Arkansas  
**Board Certification:** Clinical Neuropsychology  
**Theoretical Orientation:** Cognitive-Behavioral, Flexible Battery, Functional Oriented Battery  
**Clinical and Teaching Interests:** Traumatic Brain Injury, dementia, sport concussion, cognitive rehabilitation, forensic neuropsychology, neuropsychology consultation, pre-surgical cognitive exam (chronic pain, deep brain stimulation), assessment of symptom validity  
**Research Areas:** TBI, dementia, cognitive rehabilitation, symptom validity measurements  
**Professional Organizations:** American Academy of Clinical Neuropsychology; APA, Division 40; National Academy of Neuropsychology

Andrews, Garrett, Psy.D., ABPP-CN, CBIST

[Garrett.Andrews@va.gov](mailto:Garrett.Andrews@va.gov)



**Assignment:** Substance Abuse Program; Externship Coordinator  
**Education:** Tennessee State University (2013)  
**Internship:** Central Arkansas Veterans Healthcare System  
**Fellowship:** Memphis VA (Clinical Health Psychology)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Existential  
**Clinical and Teaching Interests:** Health psychology, motivational interviewing, acceptance and commitment therapy, pre-surgical evaluations  
**Research Areas:** Men and masculinity, men's health

Boling, Timothy, Ph.D.

[Timothy.Boling@va.gov](mailto:Timothy.Boling@va.gov)



**Assignment:** Outpatient PTSD  
**Education:** Central Michigan University (M.A. [2005]; Ph.D. [2007])  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** PTSD; Sleep Disturbance; Acceptance and Commitment Therapy (ACT), Cognitive Processing Therapy (CPT), Military Sexual Trauma, Developmental Psychology, Learning Theory  
**Research Areas:** Pupil dilation as an index of emotional reactivity in psychosis-prone individuals (schizotypal PD); Impact of schizotypal traits on interpersonal functioning  
**Professional Organizations:** Arkansas Psychological Association, American Psychological Association; Arkansas Association of Black Psychology Professionals

Brewer, Linda, Ph.D.

[Linda.Brewer@va.gov](mailto:Linda.Brewer@va.gov)



Broderick, Daniel, Ph.D.  
[Daniel.Broderick2@va.gov](mailto:Daniel.Broderick2@va.gov)

**Assignment:** Health Promotion Disease Prevention Program (John L. McClellan Memorial Veterans Hospital); Health Behavior Coordinator  
**Education:** Ball State University (Ph.D. in Counseling Psychology; 1996)  
**Internship:** West Haven VA Medical Center (1995)  
**Licensure:** Indiana  
**Theoretical Orientation:** Integrated  
**Clinical and Teaching Interests:** Health Psychology; Military Psychology  
**Professional Organizations:** Indiana Psychological Association; Captain in the Indiana National Guard



Cooney, Nathaniel, Ph.D.  
[Nathaniel.Cooney@va.gov](mailto:Nathaniel.Cooney@va.gov)

**Assignment:** PTSD Clinical Team (PCT); Assistant Director of Postdoctoral Fellowship Training for PTSD; Psychology Internship Executive Committee  
**Education:** Oklahoma State University (Ph.D., 2013)  
**Internship:** US Dept. of Veterans Affairs Medical Center - Dayton, OH (Neuropsychology Emphasis)  
**Fellowship:** Central Arkansas Veterans Healthcare System (Clinical Psychology/PTSD Emphasis)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Integrative with Cognitive-Behavioral/Client Centered Foundations  
**Clinical and Teaching Interests:** Psychopathology, Psychological Assessment, Evidence-Based Treatment, Motivational Interviewing, Trauma and Recovery, Spirituality, Sleep and Nightmares  
**Professional Organizations:** National Register of Health Service Psychologists; American Psychological Association; Association for VA Psychologist Leaders



Crowover, Carrie, Ph.D.  
[Carrie.Crowover@va.gov](mailto:Carrie.Crowover@va.gov)

**Assignment:** Vet Center  
**Education:** University of Oklahoma (2007)  
**Internship:** Wichita Collaborative Psychology Internship Program  
**Licensure:** Kansas  
**Theoretical Orientation:** Integrative  
**Clinical and Teaching Interests:** Vocational Rehabilitation, Diversity (ethnic minorities, spirituality, SES), Acceptance and Commitment Therapy, Cognitive Processing Therapy, Prolonged Exposure, PTSD, Military Sexual Trauma  
**Research Areas:** Diversity, Program Evaluation  
**Professional Organizations:** American Psychological Association; Arkansas Psychological Association



Crutchfield, Courtney, Ph.D.  
[Courtney.Crutchfield@va.gov](mailto:Courtney.Crutchfield@va.gov)

**Assignment:** Residential Rehabilitation Treatment Program; Director of Training for Psychosocial Rehabilitation in the Psychology Postdoctoral and Interdisciplinary Fellowship  
**Education:** Tennessee State University (Ph.D. [2009]); Austin Peay State University (M.A. [2003])  
**Fellowship:** CAVHS Interprofessional Fellowship in Psychosocial Rehabilitation and Recovery Oriented Services (2009-2010).  
**Licensure:** Arkansas  
**Theoretical Orientation:** Object Relations, Eclectic  
**Clinical Interests:** Brief Individual Psychotherapy, Acceptance and Commitment Therapy (ACT) for Depression and Anxiety, Seeking Safety, Cognitive Processing Therapy (CPT), Cognitive Behavioral Treatment.  
**Teaching Interests:** Psychology and the Human Experience, Developmental Psychology, Abnormal Psychology  
**Research Areas:** Diversity, Substance Abuse, Hopelessness, Application of Mindfulness, Race Disparities  
**External Professional Activities:** Adjunct Instructor, Pulaski Technical College (2010-2011), Philander Smith College (2008-2010), and University of Arkansas at Little Rock (2012-present)  
**Professional Organizations:** American Psychological Association, Arkansas Association of Black Professional Psychologists, Arkansas Psychological Association



Dixon, Lance, Ph.D.  
[Lance.Dixon@va.gov](mailto:Lance.Dixon@va.gov)

**Assignment:** Outpatient PTSD  
**Education:** Texas Tech University (Ph.D., Counseling, [2014]); Southern Methodist University (M.A., Theology, [2006]); Northeastern State University (B.S., Mathematics, Education, [1997])  
**Internship:** Central Arkansas Veterans Healthcare System  
**Licensure:** Arkansas  
**Theoretical Orientation:** Humanistic/Existential; Cognitive-Behavioral  
**Clinical and Teaching Interests:** Spirituality/Religiousness; Moral Injury  
**Research Areas:** God Image and Prayer Functions  
**Professional Organizations:** American Psychological Association (Divisions 17, 18, 36, 50)



Donnelly, Laura, Psy.D.  
[Laura.Donnelly@va.gov](mailto:Laura.Donnelly@va.gov)

**Assignment:** Primary Care Mental Health Integration (PCMHI)  
**Education:** Nova Southeastern University (Psy.D. [2010], M.S. [1993]); Florida Institute of Technology (M.B.A. [1986])  
**Internship:** Miami VA (Geropsychology)  
**Residency:** Miami VA (PACT)  
**Licensure:** Florida  
**Theoretical Orientation:** Integrative, CBT, humanistic, existential, object relations, systems  
**Clinical and Teaching Interests:** Individual and Group Psychotherapy, Health Psychology, Motivational Interviewing (MI), Mindfulness  
**Research Areas:** Training residents in MI  
**Professional Organizations:** American Psychological Association; Arkansas Psychological Association



Gambone, Laura J., Ph.D.  
[Laura.Gambone@va.gov](mailto:Laura.Gambone@va.gov)

**Assignment:** Post Traumatic Stress Disorder Clinical Team (PCT)  
**Education:** University of South Carolina (Clinical-Community Psychology, 2009)  
**Internship:** Cincinnati VAMC (PTSD track)  
**Fellowship:** Harry S. Truman VA - Columbia, Missouri (TBI/PTSD)  
**Licensure:** Missouri  
**Theoretical Orientation:** Cognitive Behavioral, Humanistic  
**Clinical Interests:** PTSD/Complex Trauma; Cognitive Processing Therapy (CPT); Dialectical Behavior Therapy (DBT)  
**Teaching Interests:** VISN 16 Regional CPT trainer and consultant  
**Professional Organizations:** American Psychological Association; International Society of Traumatic Stress Studies



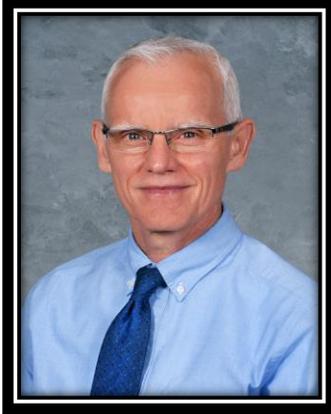
Ghormley, Courtney O., Ph.D., ABPP  
[Courtney.Ghormley@va.gov](mailto:Courtney.Ghormley@va.gov)

**Assignment:** Home Based Primary Care (HBPC); Assistant Director of Internship Training  
**Education:** Hendrix College (B.A., 1997); University of Tulsa (Ph.D., 2004)  
**Internship:** Central Arkansas Veterans Healthcare System (Neuropsychology, 2004)  
**Postdoctoral Fellowship:** University of Arkansas for Medical Sciences (Geriatric Neuropsychology, 2005)  
**Licensure:** Arkansas  
**Board Certification:** Geropsychology  
**Theoretical Orientation:** Flexible/Process; Cognitive Behavioral  
**Clinical and Teaching Interests:** Dementia, Geriatric Neuropsychology, Geropsychology  
**Research Areas:** Dementia, Adult Neuropsychology, Aging  
**External Professional Activities:** APA Council of Representative for Arkansas; Past President of the Arkansas Psychological Association  
**Professional Organizations:** American Psychological Association, APA Council Representative; APA Division 20 (Adult Development and Aging), Arkansas Psychological Association (Past President)



Gibbs, Renee M., Ph.D.  
[Renee.Gibbs@va.gov](mailto:Renee.Gibbs@va.gov)

**Assignment:** Mental Health Clinic & MHICM; Coordinator for Eating Disorder Treatment Team  
**Education:** Seattle Pacific University  
**Internship:** Dutchess County Department of Mental Hygiene, N.Y.  
**Postdoctoral Fellowship:** CAVHS, Psychosocial Rehabilitation and Recovery Oriented Services  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive Behavioral; Integrated; Interpersonal  
**Clinical and Teaching Interests:** Psychosocial Rehabilitation, Dialectical Behavioral Therapy, Program Development and Evaluation  
**Research Areas:** International Psychology, Psychosocial Treatment for Psychosis  
**Professional Organizations:** American Psychological Association, Western Psychological Association  
**Certification:** Social Skills Training for Schizophrenia



Heiland, Mark, Ph.D.  
[Mark.Heiland@va.gov](mailto:Mark.Heiland@va.gov)

**Assignment:** Consultation-Liaison Service; Hospice and Palliative Care  
**Education:** University of Missouri-Kansas City (2004, Counseling Psychology)  
**Internship:** VA St Louis Health Care System, Medical Psychology  
**Fellowship:** Milwaukee VA Medical Center, Palliative Care  
**Licensure:** Missouri  
**Theoretical Orientation:** Humanist/Existential  
**Clinical and Teaching Interests:** Palliative Care, Psycho-oncology, Mindfulness  
**Professional Organizations:** APA, National Register of Health Service Psychologists



Kleitsch, Edward C., Ph.D.  
[Edward.Kleitsch1@va.gov](mailto:Edward.Kleitsch1@va.gov)

**Assignment:** Neurology Service; Neuropsychology & Behavioral Medicine, Chronic Pain Program, Diabetic Education Program  
**Education:** University of Notre Dame (Geropsychology, 1981); Illinois School of Professional Psychology (Clinical Psychology Respecialization, 1985)  
**Licensure:** Arizona, Arkansas, Illinois  
**Theoretical Orientation:** Integrative  
**Clinical and Teaching Interests:** Neuropsychology (Adult), Behavioral Medicine, Clinical Hypnosis, Use of Hypnosis in the Treatment of Cancer and Psychophysiological Disorders, Sexual Dysfunction, Smoking Cessation, Geropsychology, Chronic Benign Pain, Military Psychology  
**Research Areas:** Applied Behavior Analysis, Developmental Disabilities, Sexual Behavior and Dysfunction, Prescription Privileges, Geropsychology, Smoking Cessation Treatment Outcomes, Chronic Pain Treatment Outcomes  
**External Professional Activities:** Private Practice; Member of Arkansas Psychology Board  
**Professional Organizations:** American Psychological Association, National Register of Health Service Providers in Psychology, American Society of Clinical Hypnosis, National Academy of Neuropsychology, Arkansas Psychological Association, Illinois Psychological Association  
**Certifications:** Accredited by the American Society for Clinical Hypnosis as Approved Consultant in Clinical Hypnosis; National Register of Health Service Providers in Psychology



Kolb, Alissa B., Psy.D.  
[Alissa.Kolb@va.gov](mailto:Alissa.Kolb@va.gov)

**Assignment:** Physical Medicine and Rehabilitation (PM&R) Inpatient Unit; Education Coordinator for the Psychology Internship Executive Committee  
**Education:** University of Indianapolis (2013); Texas State University (2005)  
**Internship:** South Texas Veterans Healthcare System (Geropsychology, 2012-2013)  
**Fellowship:** Louis Stokes Cleveland VA Medical Center (Rehabilitation Psychology, 2013-2014)  
**Licensure:** North Carolina  
**Theoretical Orientation:** Cognitive-Behavioral, Interpersonal  
**Clinical and Teaching Interests:** Rehabilitation psychology; Adjustment to disability; Cognitive assessment; Spinal cord injury and disorders (SCI/D); Traumatic brain injury (TBI)  
**Research Areas:** Program development; Measurement of treatment outcomes; Sexual health interventions post-SCI/D; Socio-communication interventions post-TBI  
**Professional Organizations:** American Psychological Association – Division 22 (Rehabilitation Psychology)



Linson, Lisa McGill, Ph.D.  
[Lisa.Linson@va.gov](mailto:Lisa.Linson@va.gov)

**Assignment:** Employee Assistance Program Coordinator; Local Evidence Based Psychotherapy Coordinator; CREW Coordinator; Employee Wellness Coach  
**Education:** University of Missouri, Kansas City (2005)  
**Fellowship:** University of Arkansas for Medical Sciences (Geriatric Neuropsychology, 2006)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Acceptance and Commitment Therapy  
**Clinical and Teaching Interests:** Multicultural Education; Evidence Based Psychotherapy, Psychoeducation; Organizational Health & Development; Employee Health & Wellness; Stress Management  
**Research Areas:** Diversity; Program Evaluation; Health Promotion & Disease Prevention; Workplace Civility  
**Professional Organizations:** Arkansas Psychological Association; American Psychological Association; Employee Assistance Professionals Association; Federally Employed Women



Long, James "Chip," Ph.D., ABPP  
[James.Long5@va.gov](mailto:James.Long5@va.gov)

**Assignment:** Home Based Primary Care (HBPC)  
**Education:** Texas A & M University (2004)  
**Fellowship:** Palo Alto VAMC/Stanford University Medical Center (Geropsychology, 2005)  
**Licensure:** Arkansas  
**Board Certification:** Geropsychology  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** Family Caregiver Stress; Psychological and Behavioral Interventions for Patients with Cognitive Impairment; Neuropsychological Assessment of Dementia  
**Research Areas:** Family Caregiver Stress, Identification and Treatment of Psychological Problems in the Medically Ill  
**Professional Organizations:** American Psychological Association, Arkansas Psychological Association



McCandless, Stephen, Psy.D.  
[Stephen.McCandless@va.gov](mailto:Stephen.McCandless@va.gov)

**Assignment:** Dialectical Behavior Therapy (DBT) Program  
**Education:** Indiana State University (2004)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** Dialectical Behavioral Therapy, Objective Personality Assessment, Neuropsychological Assessment, Program Development  
**Research Areas:** Neuropsychological aspects of ADHD, Dialectical Behavioral Therapy



McCorkindale, Mandy, Psy.D.  
[Amanda.McCorkindale@va.gov](mailto:Amanda.McCorkindale@va.gov)

**Assignment:** Primary Care Mental Health Integration (PCMHI)  
**Education:** University of Arkansas (1995); Forest Institute (2010)  
**Internship:** Wilford Hall Medical Center, United States Air Force  
**Fellowship:** United Stated Air Force, Little Rock Air Force Base  
**Licensure:** Arkansas  
**Certifications:** Association of Pain Management; CPT; PE  
**Theoretical Orientation:** Cognitive-Behavioral Therapy; Acceptance and Commitment Therapy  
**Clinical and Teaching Interests:** Primary Care Health Psychology and Integrated Care; Issues Specific to OIF/OEF Veterans; Women in the Military  
**Research Areas:** ADHD in Primary Care; Military Women's Issues; HIV in the Military Population  
**Professional Organizations:** Collaborative Family Healthcare Association; Association for Contextual Behavioral Sciences; Arkansas Psychological Association  
**External Professional Activities:** Currently serving in the Arkansas Army National Guard



Meit, Scott, Psy.D., ABPP  
[Scott.Meit@va.gov](mailto:Scott.Meit@va.gov)

**Assignment:** Chief Psychologist  
**Education:** Florida Tech - Psy.D. (1989); West Virginia University - MBA (2005)  
**Internship:** Southern Arizona Veterans Healthcare System  
**Fellowships:** Michigan State College of Human Medicine/Family Medicine - Primary Care Health Psychology & Medical Education (1989-1990); US Department of Health & Human Services' Primary Health Care Policy Fellowship (2003)  
**Certifications/Training:** Board Certifications in Clinical and Clinical Health Psychology (ABPP)  
**Licensure:** Ohio  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** Primary Care Health Psychology & Integrated Care  
**Research Areas:** Patient Experience/Perspective of Medical Procedures; Mental Health Stigma  
**External Professional Activities:** Member, APA Committee on Rural Health (term, 2016-2018); Former member, APA Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (CRSPPP); Past representative to APA Council of Representatives  
**Professional Organizations:** APA Fellow; Fellow of DIVs 12 (clinical psychology) and 38 (health psychology); member of APA DIV 18 (psychologists in public service) and DIV 19 (military psychology); member Arkansas Psychological Association



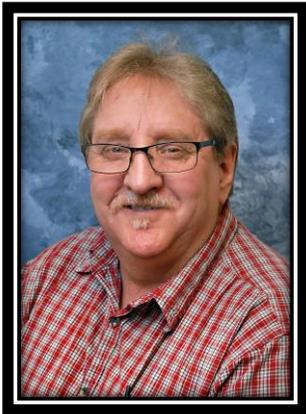
Mesidor, Marie, Ph.D.  
[Marie.Mesidor@va.gov](mailto:Marie.Mesidor@va.gov)

**Assignment:** Health Promotion Disease Prevention Program  
**Education:** University of Massachusetts - Boston (M.A., 2001; Ph.D., 2004)  
**Fellowship:** Lynn Community Health Center (1 year) and Center for Psychiatric Rehabilitation, Boston University (2 years)  
**Licensure:** Massachusetts & Arkansas  
**Theoretical Orientation:** Integrative  
**Clinical and Teaching Interests:** Health Promotion, Women's Health, Mindfulness, Culture, Spirituality, Weight Management, Motivational Interviewing, Acceptance and Commitment Therapy  
**Research Areas:** Health promotion, Health access and integration for individuals with serious mental illness  
**Professional Organizations:** Arkansas Psychological Association, Division 38, Health Psychology & Division 18, Psychologists in Public; Association of VA Psychologist Leaders; American Psychological Association; Arkansas Association of Black Psychology Professionals



Milwee, John B., Psy.D.  
[John.Milwee@va.gov](mailto:John.Milwee@va.gov)

**Assignment:** Mental Health Clinic (MHC)  
**Education:** Philadelphia College of Osteopathic Medicine  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** Cognitive Behavioral Therapy (CBT), Mindfulness, Dialectical Behavioral Therapy (DBT)  
**External Professional Activities:** Instructor for Psychiatric Research Institute's Psychotherapy Seminars, Medical Resident Training in CBT and Behavior Therapy  
**Professional Organizations:** Arkansas Psychological Association



Moore, William Mark, Ph.D.  
[William.Moore1@va.gov](mailto:William.Moore1@va.gov)

**Assignment:** PTSD Clinical Team (PCT); Student Veteran Psychologist; Vet Center Liaison  
**Education:** University of Arkansas – Fayetteville (1992)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** PTSD, Cognitive Processing Therapy, Self-Defeating Behaviors, Defense Styles, Quality of Life, Use of Repeated Measures in Treatment, Telemental health  
**External Professional Activities:** Former Virtual Instructor of Psychology (Internet), Ouachita Technical College, University of Arkansas at Little Rock, Arkansas Psychological Association  
Former Coordinator of Continuing Education  
**Professional Organizations:** Arkansas Psychological Association; International Society for Traumatic Stress Studies



Newman, Sarah, Psy.D.  
[Sarah.Newman3@va.gov](mailto:Sarah.Newman3@va.gov)

**Assignment:** Director of Psychosocial Rehabilitation and Recovery Center (PRRC)  
**Education:** Wright State University (2010)  
**Fellowship:** CAVHS, Postdoctoral Fellowship in Psychosocial Rehabilitation and Recovery Oriented Services (2010-2011)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Integrative  
**Clinical and Teaching Interests:** Psychosocial rehabilitation of severe mental illness, stigma, multicultural studies with emphasis on gender  
**Research Areas:** Stigma towards serious mental illness, Impact of peer support on recovery in veterans with serious mental illnesses  
**External Professional Activities:** Adjunct Instructor, University of Arkansas at Little Rock  
**Professional Organizations:** American Psychological Association



Pepper, Shanti, Ph.D.  
[Shanti.Pepper2@va.gov](mailto:Shanti.Pepper2@va.gov)

**Assignment:** PTSD Clinical Team (PCT); MST Coordinator  
**Education:** Pennsylvania State University (Ph.D., 2009)  
**Fellowship:** The Ohio State University (2010) and PTSD Postdoctoral Fellowship at The Central Arkansas Veterans Health Administration (2011)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Integrative  
**Clinical Interests:** PTSD/Complex Trauma; Military Sexual Trauma; Diversity Issues in Therapy (LGBT, Racial/Ethnic, Ability, SES, Religion, etc.); Eye Movement Desensitization and Reprocessing (EMDR); Acceptance and Commitment Therapy (ACT); Mindfulness-Based Psychotherapy; Dialectical Behavior Therapy (DBT); Cognitive Processing Therapy (CPT).  
**Teaching Interests:** Abnormal Psychology, Diversity, Psychology and the Human Experience, Training Issues in Psychology  
**Research Areas:** Effectiveness of evidence-based PTSD treatment; diversity issues; scale development  
**External Professional Activities:** Adjunct instructor at the University of Arkansas, Little Rock  
**Professional Organizations:** American Psychological Association



Pope, Caryanne, Ph.D.  
[Caryanne.Pope@va.gov](mailto:Caryanne.Pope@va.gov)

**Assignment:** Geriatric Psychology; Community Living Center (CLC)  
**Education:** University of Georgia at Athens (2007)  
**Licensure:** Arkansas; Wisconsin  
**Theoretical Orientation:** Cognitive-Behavioral; Health Psychology; Interpersonal Therapy  
**Clinical and Teaching Interests:** Cognitive and Psychological Testing, Medical Consultation, Behavioral Management  
**Research Areas:** Alexithymia; PTSD; Geriatric Psychology; Nonpharmacological Interventions for Challenging Patient Behaviors; Dementia & Decision Making Capacity Evaluation  
**External Professional Activities:** Conduct Compensation & Pension Evaluations for VA Regional Office  
**Professional Organizations:** Arkansas Psychological Association; American Psychological Association  
**Certifications:** Level II Privileges in Neuropsychological Assessment at CAVHS



Powers, Cheralyn H., Ph.D.  
[Cheralyn.Powers@va.gov](mailto:Cheralyn.Powers@va.gov)

**Assignment:** Neurology Service  
**Education:** University of Southern Mississippi (1986)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive Behavioral  
**Clinical and Teaching Interests:** Behavioral Medicine  
**Research:** Dyseidetic Learning Disorder in Children with Hydrocephalus  
**Professional Organizations:** American Psychological Association



Pruneau, Genevieve, Ph.D.  
[Genevieve.Pruneau@va.gov](mailto:Genevieve.Pruneau@va.gov)

**Assignment:** Outpatient PTSD; Assistant Director of Fellowship (PSR Track)  
**Education:** Auburn University (Ph.D. 2010, M.S. 2008)  
**Internship:** Boston Consortium (2010)  
**Fellowship:** Edward Hines Jr. VA (2011), PTSD/SUD Fellow  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** PTSD, Prolonged Exposure, Cognitive Processing Therapy, Moral Injury, Mindfulness, Motivational Interviewing, Program Evaluation  
**External Professional Activities:** Assistant Professor of Psychiatry, University of Arkansas for Medical Sciences  
**Professional Organizations:** International Society for Traumatic Stress Studies



Reeder, Kevin, Ph.D.  
[Kevin.Reeder@va.gov](mailto:Kevin.Reeder@va.gov)

**Assignment:** PTSD Clinical Team (PCT)  
**Education:** Tennessee State University (2005)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive Behavioral  
**Clinical and Teaching Interests:** PTSD, Substance Abuse, Returning Veterans Readjustment Issues, Spirituality and Psychotherapy, Prolonged Exposure Therapy, Seeking Safety  
**Professional Organizations:** Association of VA Psychologist Leaders, Arkansas Psychological Association, International Society of Traumatic Stress Studies  
**External Professional Activities:** Consultant/Trainer, Prolonged Exposure Therapy Dissemination Project, National Center for PTSD, Dissemination and Training Division, Senior Trainer, Seeking Safety, and Adjunct Faculty, Department of Psychiatry and Behavioral Sciences, University of Arkansas for Medical Sciences



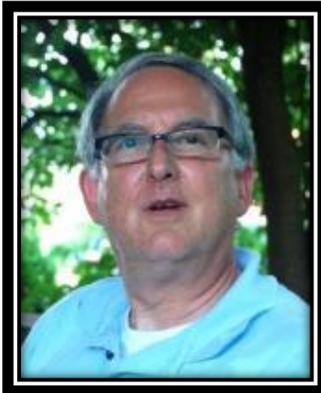
Roca, J. Vincent, Ph.D.  
[John.Roca@va.gov](mailto:John.Roca@va.gov)

**Assignment:** Outpatient PTSD & Services for Returning Veterans; Mental Health (SeRV-MH) Program Director  
**Education:** University of Mississippi (1994)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Behavior Analysis  
**Clinical and Teaching Interests:** PTSD, Community-Based Workshops, Acceptance and Commitment Therapy, Relational Frame Theory  
**Research Areas:** PTSD, Acceptance and Commitment Therapy, Treatment Outcomes  
**External Professional Activities:** PTSD Mentor for VISN 16, VISN Lead for PTSD workgroup, National Centers for PTSD (NCPTSD) Dissemination and training Division Affiliate, and Adjunct Assistant Professor at the University of Arkansas for Medical Sciences Department of Psychiatry  
**Professional Organizations:** Association for Behavior Analysis and Association for Contextual Behavioral Science



Rookey, Craig P., Ph.D.  
[Craig.Rookey@va.gov](mailto:Craig.Rookey@va.gov)

**Assignment:** Substance Abuse Program Manager; Emergency Medical Response Team  
**Education:** University of Arkansas (1988)  
**Licensure:** North Carolina  
**Theoretical Orientation:** Eclectic; Learning Theory Application  
**Clinical and Teaching Interests:** Vocational Rehabilitation, Substance Abuse, Fear, Depression, Anger, PTSD, Individual and Group Psychotherapy, Personality Disorders, Ethics  
**Research Areas:** Prediction of Treatment Success, Program Evaluation, Patient-Treatment Matching  
**External Professional Activities:** Instructor of Psychiatry, University of Arkansas for Medical Sciences  
**Professional Organizations:** Arkansas Psychological Association  
**Certification:** Certified Psychiatric Rehabilitation Trainer



Siegel, William E., Ph.D.  
[William.Siegel2@va.gov](mailto:William.Siegel2@va.gov)

**Assignment:** Primary Care; Compensation and Pension (C&P) Program Manager  
**Education:** Oberlin College (1974); Florida State University (1978)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical and Teaching Interests:** Assessment, Attention Deficit Disorders, Cognitive-Behavioral Therapy  
**External Professional Activities:** Former Chair, Arkansas Board of Examiners in Psychology



Simoneaux, Byron, Ph.D.  
[Byron.Simoneaux@va.gov](mailto:Byron.Simoneaux@va.gov)

**Assignment:** Primary Care; Compensation and Pension (C&P)  
**Education:** Northwestern State University of Louisiana (B.A.); Louisiana Tech University (M.A.; Ph.D.; [2012])  
**Internship:** Central Arkansas Veterans Healthcare System  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive Behavioral, Interpersonal  
**Clinical and Teaching Interests:** Posttraumatic Stress, Cognitive Processing Therapy, Deception/Non-Disclosure in Supervision and Psychotherapy  
**Research Areas:** Deception, Inference of Lies, Cognitive Deception Detection  
**Professional Organizations:** American Psychological Association, Louisiana Psychological Association



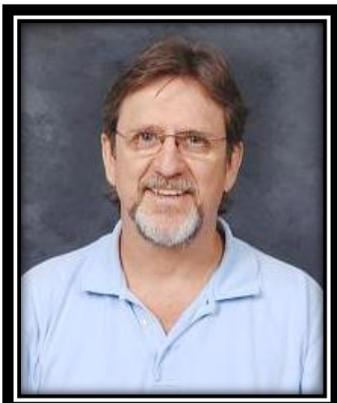
Viverito, Kristen, Psy.D.  
[Kristen.Viverito@va.gov](mailto:Kristen.Viverito@va.gov)

**Assignment:** Acute Inpatient Psychiatry  
**Education:** University of Indianapolis  
**Internship:** Gulf Coast Veterans Health Care System  
**Fellowship:** CAVHS, Psychosocial Rehabilitation and Recovery for Veterans with Serious Mental Illness (one year fellowship) in 2010; The Center for Mental Health and Outcomes Research at CAVHS, Health Services Research and Development (three-year research and clinical fellowship) from 2011-2013  
**Licensure:** Kansas  
**Theoretical Orientation:** Cognitive-Behavioral, Interpersonal  
**Clinical and Teaching Interests:** Serious Mental Illness, Recovery and Rehabilitation  
**Research Areas:** Improving the physical health of Veterans with SMI  
**Professional Organizations:** Association of VA Psychology Leaders



Waldemayer, Kristen E., Ph.D.  
[Kristen.Waldemayer@va.gov](mailto:Kristen.Waldemayer@va.gov)

**Assignment:** IMPACT Pain Program (John L. McClellan Memorial Veterans Hospital)  
**Education:** University of Montana (2011)  
**Internship:** VA Maine Healthcare System (2010-2011)  
**Theoretical Orientation:** Cognitive-Behavioral, Interpersonal  
**Licensure:** Arkansas  
**Clinical and Teaching Interests:** Posttraumatic Stress, Cognitive Processing Therapy (CPT), Acceptance and Commitment Therapy (ACT) for Anxiety, Intimate Partner Violence/Family Violence, Motivational Enhancement, Women's Issues  
**Research Areas:** Intimate Partner Violence, PTSD, Stay/Leave Decision Making  
**Professional Organizations:** American Psychological Association



White, Jerry Glen, Ph.D., CPRP  
[Jerry.White4@va.gov](mailto:Jerry.White4@va.gov)

**Assignment:** Mental Health Services; Recovery Coordinator; PSR Executive Committee  
**Education:** University of Southern Mississippi (1981, 1984)  
**Licensure:** Arkansas  
**Theoretical Orientation:** Integrative  
**Clinical and Teaching Interests:** Family services; Serious Mental Illness; Professional Training and Development; Effectiveness of Psychosocial Interventions  
**External Professional Activities:** Adjunct Faculty, Department of Psychiatry and Behavioral Sciences, University of Arkansas for Medical Sciences; Accreditation Site Visitor for the American Psychological Association  
**Professional Organizations:** American Psychological Association, Arkansas Psychological Association (Fellow, Former Board Member)