Eugene J. Towbin
Healthcare Center

2200 Fort Roots Drive
North Little Rock, AR 72114
501-257-1000
800-224-8387 toll free
www.littlerock.va.gov
We are also on facebook
facebook.com/VACentralArkansas
CAVHS nurses build individual relationships with veterans to improve the overall health care experience and create a personalized, proactive strategy to optimize health outcomes.
North Little Rock Campus
Veteran Information & Services

Chaplain & Pastoral Care
The Chapel is located on the Ground Floor in room GH-109. The Prayer Room is open for prayer and meditation Monday–Friday from 8:00 a.m.–4:30 p.m. Please contact one of the VA Chaplains at 501-257-2151 for spiritual needs.

Disabled American Veterans (DAV) Van Network*
The volunteer DAV Van network is a FREE transportation service operated by our Voluntary Service. Take advantage of the free transportation to and from Central Arkansas VA facilities. For more information please contact Voluntary Services at 501-257-3288.

*To ride the van, Veterans should call their local representative County Veteran Service Officer (VSO) for a van appointment.

Emergency & Disaster Response
During natural disasters and other emergencies, Veterans and their families may call 1-800-577-4571 (toll-free) for information and assistance about VA facilities. For local information, please visit our website www.littlerock.va.gov or dial 501-257-1000 for additional information.

Eligibility & Enrollment
All Veterans honorably discharged from military service are eligible to apply for VA health care. To enroll and find out more information, please visit Eligibility & Enrollment located near the North Entrance of Building 170, on the First Floor in room 1C-131 or call 1-877-222-6387 (toll-free). You can learn more about eligibility and health benefits online at www.va.gov/healthbenefits.

Lost & Found
For lost items, please contact Lost & Found at 501-257-2629. Hours of operation are Monday–Friday; 8:00 a.m.–4:00 p.m. For after-hours inquiries, call VA Police at 501-257-3939.

Parking
Veteran/visitor parking is available on North and East sides of Building 170 and on the West side of 4th Street across from Building 66. Parking signs are located throughout the parking lot for eligible Handicap parking. Most of the handicap parking for Building 170 is located on the North side of the building. Parking is prohibited in fire lanes or reserved areas as indicated by signs or curb coloring. For questions about parking, please call the VA Police at (501) 257-3939.

Patient Education
Patient education materials are located in the Library, room GH-103, Building 170. There are reference books, videos, models and charts to answer common patient and consumer questions. Internet-access computers are also available. For more information about patient education, please call the Patient Education Resource Center (PERC) at 501-257-4504.

Patient Travel/Age & Cashier/EFT
Patient Travel and the Agent Cashier are located near the North Entrance of Building 170, on the First Floor in room IC-126. Eligible Veterans should present a Veteran Identification Card to receive benefits. Sign-up for Electronic Funds Transfers/Direct Deposits (EFT) at the Agent Cashier window for reimbursement of beneficiary travel expenses.

Smoking Areas
Smoking is only permitted in designated smoking areas. The designated smoking areas around Building 170 are found near the North Entrance; under the East Overhang adjacent to Voluntary Services (as posted); in courtyards except as posted; near the Southwest Entrance; and near the Ground Floor dock.

Shuttle Information
Take advantage of the free transportation to and from local CAVHS facilities for your appointments. Shuttle rides are available Monday–Friday. For more information on shuttle schedule, visit our helpful information desks near the North and East Entrances of Building 170.

Veterans Canteen Service Operating Hours
Dining, snacks and retail store are located near the East Entrance on the Ground Floor. Vending areas are available throughout Building 170.

- **Patriot Caffe’**: Monday–Friday; 6:30 a.m.–3:00 p.m. Saturday/Sunday; 8:30 a.m.–3:00 p.m.
- **Patriot Store**: Monday–Friday; 6:30 a.m.–3:00 p.m. Saturday/Sunday; 8:30 a.m.–3:00 p.m.
- **Coffee Shop**: Monday–Friday; 6:30 a.m.–4:00 p.m. Saturday/Sunday; Closed
- **Barber Shop**: Monday–Friday; 9:00 a.m.–3:00 p.m. Saturday/Sunday; Closed

Visiting a Veteran
Family and friends are encouraged to visit anytime for emotional support during the course of a Veteran’s hospitalization. Visitors may be asked to interrupt or delay visits for brief periods when medical evaluations or procedures are in progress.

Women Veterans Program
Our Staff is committed to meeting the unique needs of women Veterans by delivering the highest quality health care to each veteran, with consideration for personal dignity, and sensitivity to gender-specific needs that she deserves. For more information, please contact our Women Veterans Program Manager at 501-257-5662.

About Eugene J. Towbin Healthcare Center

History
In 1993, the U.S. Army chose Big Rock Mountain in North Little Rock, Arkansas, as the location for one of its new military posts. Fort Logan H. Roots, as it was later named, served as an important military training facility in the late nineteenth and early twentieth centuries. In 1921, Fort Roots was transferred to the Public Health Service and became a Veterans’ hospital.

On April 29, 1922, Executive Order No. 3669 placed Fort Roots under the control of the newly established Veterans Bureau. Today, Fort Roots remains an important part of the U.S. Department of Veteran Affairs, serving Veterans in Arkansas and surrounding states. The Fort Logan H. Roots Military Post Historic District was listed on the National Register of Historic Places on Sept. 4, 1974.

Eugene Jonas Towbin, M.D., Ph.D. was a Veteran who served in the U.S. Army from November 1952 through November 1954. Following completion of his internal medicine residency, he was commissioned into the U.S. Army as a first lieutenant and was stationed at Walter Reed Hospital. After Dr. Towbin was discharged from the army, he accepted a position with the Little Rock Veterans Administration (VA) Hospital. He became associate chief of staff for research and education beginning in 1960. He was promoted to chief of staff of the Little Rock VA Hospital in 1968, as well as associate dean of the University of Arkansas, College of Medicine. Dr. Towbin was a pioneer in the field of geriatric medicine, and his influence brought the first Geriatric Research Education and Clinical Center (GRECC) in the country to Arkansas. The Central Arkansas Veterans Healthcare System (CAVHS) main hospital building on the North Little Rock campus was formally named the Eugene J. Towbin Healthcare Center in May 1996 in honor of Eugene J. Towbin, M.D., Ph.D., in recognition of his 40-year career at Central Arkansas Veterans Healthcare System.

About Central Arkansas Veterans Healthcare System (CAVHS)
The Central Arkansas Veterans Healthcare System (CAVHS) is a Department of Veterans Affairs (VA) healthcare provider. CAVHS is one of the largest and most comprehensive VA medical centers in the country and was recognized nationally in 2010 with the Robert W. Carey Trophy Award – the highest honor a VA facility can receive for quality achievement and service excellence. Its two hospitals, John L. McClellan Memorial Veterans Hospital in Little Rock and Eugene J. Towbin Healthcare Center in North Little Rock, use advanced technology to provide a broad spectrum of inpatient and outpatient healthcare services, ranging from disease prevention and primary care to complex surgical procedures and extended rehabilitative care. Comprehensive healthcare is provided through primary, tertiary, and long-term care in areas of medicine, surgery, mental health, physical medicine and rehabilitation, neurology, dentistry, ophthalmology, geriatrics and extended care, and women’s health. CAVHS has 280 operating hospital beds on both campuses as well as a 119-bed Domiciliary Residential Rehabilitation Treatment Unit that provides long-term rehabilitative care and a 152-bed Community Living Center (formally Nursing Home Care Unit) on its North Little Rock campus. CAVHS reaches out to Veterans across central Arkansas through its eight Community-Based Outpatient Clinics (CBOCs) in Conway, Hot Springs, El Dorado, Mountain Home, Mena, Pine Bluff, Russellville and Searcy, Arkansas. A Veterans Day Treatment Center is operated in downtown Little Rock, a Home Health Care Service Center is based in Hot Springs and a Vet Center is located in North Little Rock. CAVHS serves as a teaching facility for more than 1,500 students and residents enrolled in more than 65 educational programs; its principal affiliate is the University of Arkansas for Medical Sciences. CAVHS is accredited by many independent organizations to include: the Joint Commission for Accreditation of Healthcare Organizations, the American Heart Association, the Commission on Cancer, and the American College of Radiology Committee on Mammography.

Dr. Eugene J. Towbin

Photo of Building 1 Prior to 1900
Driving Directions to Eugene J. Towbin Healthcare Center

From I-40: Take I-40 toward Little Rock. Take Exit 152 for AR-365 South/MacArthur Dr. toward Pike Ave. Turn right onto MacArthur Dr. and continue for .6 miles. Turn right onto W. Pershing Blvd. and continue for 1.2 miles. Continue straight onto 1st St. The Veteran/visitor parking is on the north side of the Healthcare Center, Building 170 or the west side of the campus off of 4th Street.

Please Remember...

- Arrive early for your appointment (15-30 minutes).
- Call your clinic if you cannot make your appointment.
- Don’t be a “No-Show” – another Veteran can use your time slot.
- Please bring a list of medications you are taking.
- Don’t wait until you run out of medication to order a refill. You can always plan ahead and order refills through 1-800-209-7377 or www.myhealth.va.gov.
- Contact your primary care team when you receive the last refill on your prescription.
- Always ask your providers questions about your care.