PSYCHOLOGY PRE-DOCTORAL INTERNSHIP TRAINING PROGRAM

Central Arkansas Veterans Healthcare System

Accredited by:

THE AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)

For information regarding APA accreditation of this or other internships, please contact: Office of Program Consultation and Accreditation, American Psychological Association, 750 First Street, NE, Washington, DC 20002-4242, phone: (202) 336-5979.

This internship program, as a member of the Association of Psychology Pre-doctoral and Internship Centers (APPIC), adheres to APPIC policy regarding offers and acceptances for training.

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OVERVIEW OF CAVHS

About the Medical Center
The Central Arkansas Veterans Healthcare System (CAVHS), a flagship Department of Veterans Affairs (VA) healthcare provider, is one of the largest and busiest VA medical centers in the country. Its two hospitals, located in Little Rock and North Little Rock, anchor a broad spectrum of inpatient and outpatient healthcare services, ranging from disease prevention, through primary care, to complex surgical procedures, to extended rehabilitative care. Affiliated with the University of Arkansas for Medical Sciences (UAMS), this medical center serves as a teaching facility for more than 1,500 students and residents enrolled in more than 65 educational programs. Among the training programs offered at CAVHS is the APA-accredited Psychology Internship Program. Throughout its rich history, CAVHS has been widely recognized for excellence in education, research, and emergency preparedness, and - first and foremost - for a tradition of quality and caring for Arkansas veterans. This VA was commended as being “Outstanding” by the Joint Commission of Accreditation of Healthcare Organizations (The Joint Commission) during a recent accreditation review.

CAVHS provides tertiary and outpatient care through a variety of programs at both divisions. In addition, Community-Based Outpatient Clinics (CBOCs) are established throughout Arkansas in the cities of Mountain Home, El Dorado, Hot Springs, Mena, Pine Bluff, and Searcy. There are also Home-Based Primary Care (HBPC) centers in Little Rock and Hot Springs, which serve home-bound veterans, as well as a Drop-In Treatment Center that serves homeless veterans in Downtown Little Rock. Some of the specialty programs provided by CAVHS include Alcohol and Drug Treatment, PTSD, Pain Clinic, Community Living Center, Residential Rehabilitation Treatment Program, Mental Health Outpatient Clinic, inpatient Psychiatry, inpatient and outpatient Dialysis Center, Research, Geriatrics, Women’s Clinic, Neurology Clinic, Vocational Rehabilitation, Primary Care and General Medicine, and Surgery. An active telemedicine program also functions from the North Little Rock facility. CAVHS has an active affiliation with UAMS, and the VA serves a diverse population representative of the cultural diversity inherent to the geographical region.

The medical center is located in a metropolitan area of 583,845 people (median age: 34.7 years) and draws from a primary service area of 275,000 veterans. Additionally, the healthcare system serves many veterans from other VAs and surrounding states, many of whom are referred for specialty programs. Some dependents of veterans and military personnel are also served in CAVHS facilities.

Population Diversity
Our patient population is diverse in a number of respects. The medical center serves veterans requiring a wide variety of medical, surgical, behavioral, and psychiatric assessments and interventions. CAVHS serves adult veterans and their families, and the age range varies tremendously. Veterans served may include active duty patients in their early twenties to geriatric patients aged 100+ years. Historically, the patient population has been predominately male, but with our recent Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) conflicts, an increasing percentage of women are establishing care and utilizing health care services at CAVHS. An active Women’s Clinic has been in place since the mid-1990s. Ethnic diversity is broad, with the African American community being the largest minority group served.
Facilities

Eugene J. Towbin Healthcare Center
2200 Fort Roots Drive
North Little Rock, AR 72114
Phone: (501) 257-10005

John L. McClellan Memorial Veterans Hospital
4300 W. 7th Street
Little Rock, AR 72205-5484
Phone: (501) 257-1000

Legend
- Handicap Parking
- Bus Stop
- VA Shuttle Stop
OVERVIEW OF THE PSYCHOLOGY INTERNSHIP TRAINING PROGRAM

Mission, Vision, and Values

Mission:
To honor America's veterans by providing exceptional health care that improves their health and well-being.

Vision:
To be a patient-centered, integrated healthcare organization providing excellent healthcare, research, and education; an organization where people choose to work; an active community partner; and a backup for national emergencies.

Values:
Our core values are Trust, Respect, Commitment, Compassion, and Excellence.

Training Model
The CAVHS psychology training program is built on a “Practitioner-Scholar” model of training. The program emphasizes in all aspects of its training that the best practice must be solidly based in science. The important hands-on experiential aspects of internship training are grounded in the scientific literature, and our interns are challenged to systematically measure their assessment and intervention practices against an established knowledge base. All rotation supervisors emphasize the importance of consulting the scientific literature when working with a new patient population. This is accomplished through individual supervision and rotation-specific reading assignments as well as online availability of medical and psychological journals, textbooks, and reference materials, which are accessible from each intern’s desktop.

Goals and Objectives
The goal of our program is to provide a generalist training experience. All interns, regardless of specialty interests, are expected to learn and demonstrate the basic skills required of a beginning psychologist, primarily in the areas of assessment, intervention, consultation, and professional development. All interns will be expected to demonstrate minimum competency in multiple modalities of treatment, including therapy with individuals, couples, families, and groups; evidence-based protocols (EBPs); and psychometrics. While these basic skills are expected of all interns, the program also supports early development of specialty interest in addition to the generalist philosophy. For this reason, our internship program offers training in three emphasis tracks, including (1) General Psychology, (2) Health Psychology, and (3) Neuropsychology.
Training Philosophy

Training in Psychology has been offered at this medical center since the 1950s. Our Psychology Internship Program has been accredited by the APA since 1979. Our philosophy of training reflects the fundamental belief that the experiences provided the intern should primarily be for the purpose of learning, with the provision of services to the medical center being important but secondary. Our goal for the internship year is to provide each intern with individualized experiences and training as well as increasing amounts of responsibility and autonomy, commensurate with demonstrated abilities, so that sufficient preparation for the role of professional psychologist will be achieved by the end of the internship year.

As noted previously, the psychology internship program is a generalist training experience, focused on enabling each intern to learn and develop the basic clinical skills involved in assessment, psychodiagnoses, psychotherapy, and consultation necessary for the practice of professional psychology. Still, the breadth and flexibility of the training program provides those interns who are well-versed in the basics of psychology an opportunity to develop and pursue their interests in specialty areas. We recognize that service delivery is only one part of the psychologist’s role; therefore, we provide opportunities for our interns to become well acquainted with the other aspects of the practice of psychology. This includes offering diversified applied training; opportunities for understanding ethical and legal responsibilities; networking with peers and other professionals; gaining experience with administration; and functioning as a practitioner, consultant, and/or instructor.

We believe that interns completing our program will have gained a solid foundation of knowledge and experience on which to anchor their professional lives by expanding the directions of professional interest and practice. Those planning a career in psychological service delivery should have the necessary tools to proceed competently and responsibly in a wide range of diagnostic, treatment, and rehabilitation settings. Others choosing careers in areas such as education, research, and administration can be confident that this internship will have significantly contributed to their professional goals.

Training Guidelines

In accordance with the American Psychological Association (APA), the CAVHS Psychology Internship Program adheres to the following training guidelines:

- Direct supervision of interns is provided by doctoral-level, Clinical and Counseling Psychologists who are credentialed to practice within the VA system and who are members of the Medical Staff. Supervisors of external rotations are licensed as psychologists in the state of Arkansas.

- All of the interns’ work is supervised. A supervisor cosigns all intern reports and notes and is available to the intern during the intern’s duty hours. When an intern’s primary supervisor is not on station, another psychologist is designated to be available to the intern for supervision.

- One staff psychologist on each rotation is designated as the primary supervisor and is responsible for orienting the intern to the primary objectives of the rotation, coordinating the intern’s schedule with secondary supervisors, and providing the primary applied supervision. Secondary supervisors are available on most rotations.

- The amount of supervision given to interns typically exceeds that recommended by APA. Supervisors are typically available for impromptu supervision, as needed, in addition to the
scheduled supervision times. Supervision by the primary supervisor is frequently supplemented by supervision from the secondary supervisors.

- Behavioral objectives are clearly defined by primary supervisors at the beginning of each rotation, with input from the intern. At the end of each rotation, the intern is evaluated on whether the identified objectives were met. Additionally, a narrative evaluation is written by the primary supervisor, incorporating feedback from any secondary supervisors. These evaluations are discussed with the intern, and copies are sent to the intern’s school. It is expected that the intern will receive verbal feedback from all supervisors across the course of a rotation.

- Each intern is assigned an office, equipped with appropriate furniture, telephone, and a computer. Computers are used for obtaining medical information and patient data, administration and scoring of tests, and email communication, including internet access to home universities for business purposes. Additionally, they are utilized for word processing, entering progress notes, and generating consult reports in the electronic medical chart. Standard testing equipment and office supplies are provided, as needed.

At the end of each rotation, the intern is given a standard rotation evaluation form to complete and submit to the Director of Training. The responses from each intern are kept confidential and then quantified during the next internship year, when the general results are shared with the supervisors and training committee. Identified strengths and deficiencies of specific rotations are closely examined in order to implement necessary program changes.

Executive Training Committee
The Psychology Executive Training Committee is designed to facilitate administration and ongoing evaluation of the Psychology Internship Program. Formal membership includes The Director of Training, Assistant Directors of Training, Education Coordinator, Internship Selection Chair, Diversity Chair, Practicum Coordinator, and Member-At-Large. The Committee meets in-person monthly, and email discussions are utilized on an as-needed basis. The duties of the committee include evaluation of the progress of each intern, evaluations of and recommendations for specific training needs, ongoing program evaluation, and implementation of needed modifications, as well as review of applications and selection of interns.

All psychology staff members and interns are encouraged to provide input and feedback to the Executive Training Committee, as desired or deemed necessary. If satisfactory resolution of any staff/intern problem cannot be achieved though the guidance of the Director of Training, the Committee will then serve as the decision-making body in regard to resolution of identified issues.

PROGRAM STRUCTURE
As stated previously, our training program is a generalist internship focused on enabling each intern to develop basic clinical skills necessary for the practice of psychology. Each intern will gain experience in a variety of areas, as is appropriate to a generalist internship; however, the specific structure of each intern’s rotations will depend on the track for which the intern is chosen as well as the individual’s interests, training needs, and program requirements. The Director of Training and Assistant Directors of Training will work with interns to develop a course of internship training, which will meet the intern’s needs and interests, to optimize training for each individual intern.
Intern Schedule
The training year includes one week of New Employee Orientation (NEO); three, four-month primary rotations; and two, six-month secondary rotations. Interns typically spend three days (24 hours) per week on each primary rotation and one-and-a-half days (12 hours) per week on each secondary rotation. Additionally, all interns are required to spend 10% of their time (one-half day, or 4 hours, per week) in didactic training over the course of the training year.

Education and Didactic Training
Ten percent of the intern’s time is dedicated to in-service training.
This includes, but is not limited to:

**Internship Development Seminar** - A required didactic experience, scheduled an average of two hours per week throughout the year. A wide variety of professional development topics are covered, principally by the VA Psychology staff. These conferences may be didactic presentations by staff, interns, or other professionals, or may be case presentations with discussions. They often serve as an opportunity to discuss legal, ethical, and cultural issues involved in the practice of psychology, as well as diagnostics and testing, psychotherapy, new research, and specialty issues. Interns also use the forum as an opportunity to practice their dissertation presentation before their final defense.

**Intern Journal Club** – Meets regularly and is attended by psychology interns, who typically choose the articles discussed.

**Group supervision** – Provides the interns with additional training in theory and application of supervision skills under the mentorship of a staff psychologist.

**Other In-Services** – Vary by rotation and can include Grand Rounds in Psychiatry, Neurology staff conferences, Neurology Grand Rounds, Primary Care didactic meetings, and VA sponsored educational programs.

Assessment Requirement
All interns are expected to complete six comprehensive, integrated assessments (i.e., including measures of cognition and personality or mood) and reports over the course of their training year. This requirement may be achieved on any combination of their selected rotations.

Evidence-Based Treatments
All interns are expected to receive training in at least one EBP (e.g., Motivational Interviewing [MI], Cognitive Processing Therapy [CPT], etc.) and complete a full therapy protocol (i.e., individual or group format) in their selected EBP over the course of the internship year. This requirement may be achieved on any of their selected rotations.
PSYCHOLOGY TRAINING TRACKS

The primary goal of this internship is to provide training in the general practice of professional psychology, with specialty training available to those interns who are interested and have a good grasp of basic psychology skills. For that reason, the psychology internship program offers three training tracks. These include the General Psychology, Health Psychology, and Neuropsychology tracks.

The **General Track** is focused on providing interns with a well-rounded experience in a wide variety of clinical settings. Applicants for this track are expected to have basic clinical skills as well as an interest in general clinical or counseling psychology. Interns who choose this track and have a solid grounding in the basics of professional psychology will be given opportunities to develop a wider breadth of experiences or greater depth of skills in more specific mental health areas or treatment modalities. Although ample training will be provided in working with mental health patients (psychiatry, addictions, post-traumatic stress disorder, vocational rehabilitation), the generalist intern will also be exposed to working with medical patients. Interns accepted for this track will spend at least two primary rotations on those that are listed as General training experiences and will have the option of electing one primary rotation and a combination of secondary rotations among any of the remaining General, Health Psychology, or Neuropsychology rotations. Additionally, interns on the General Track are required to select at least one six-month rotation in assessment.

The **Health Psychology Track** is listed with Division 38 of the APA and meets the criteria for pre-doctoral training in Health Psychology. Applicants for this track are expected to have good basic clinical skills as well as an interest in health psychology/behavioral medicine. Specific prior training in health psychology is desired but not required. This track offers a wide variety of experiences in behavioral medicine and health psychology and provides a minimum of six months training in settings that serve primarily medical patients. Opportunities are also offered to work with psychiatric, substance abuse, vocational rehabilitation, geropsychology, geroneuropsychology, and/or PTSD patients during the rest of year. Interns accepted to this track are required to select two primary rotations in Health Psychology as well as one primary rotation and a combination of secondary rotations among any of the remaining General, Health Psychology, and Neuropsychology rotations. Additionally, interns on the Health Psychology Track are required to select at least one six-month rotation in assessment.

The **Neuropsychology Track** is listed with Division 40 of the APA as meeting the criteria for pre-doctoral training in neuropsychology, and we are members of the Association for Internship Training in Clinical Neuropsychology (AITCN). Additionally, the Chief and primary supervisor of the Neuropsychology Track is a board-certified (ABPP) neuropsychologist. Applicants for this track are expected to have good basic clinical skills as well as an interest in neuropsychology. Applicants with a strong clinical background in neuropsychology will be given highest priority. Practicum experience in neuropsychology or past work experience (e.g., as a neuropsychology technician) is required. Course work (e.g., Neuroanatomy) in neuropsychology is preferred but may be waived with sufficient practical experience. Interns who have been accepted to the Neuropsychology Track will spend 50% of their time divided between the general outpatient neuropsychology and geriatric neuropsychology clinics. Neuropsychology interns are required to select two primary rotations in Neuropsychology as well as one primary rotation and a combination of secondary rotations among any of the remaining General and Health Psychology rotations.
CLINICAL ROTATIONS

Below are descriptions of representative rotations currently within the General Psychology, Health Psychology, and Neuropsychology tracks. Please note that all rotations are subject to change.

General Psychology Rotations

Acute Inpatient Psychiatry
The Acute Inpatient Psychiatry unit at CAVHS is a 26-bed unit located on unit 3K in North Little Rock. Interns will spend all day on Mondays and Wednesdays on this rotation. Interns will provide group and individual services to Veterans with a wide range of presenting problems.

This is an excellent opportunity for interns who have not yet completed an inpatient experience, as well as those familiar with inpatient units. Interns will focus their time on their areas of interest and need. All will increase their skills in quickly developing rapport and instilling hope while working with Veterans with significant personal and environmental challenges. They will also gain skills and confidence in developing safety plans with acutely suicidal and homicidal Veterans, working with sometimes challenging Veterans in group and individual encounters, and approaching inpatient treatment from a recovery orientation. There are ample opportunities for working with Veterans with serious mental illness on their recovery. Additionally, interns will work closely with the interdisciplinary team made up of peer support, psychiatry, psychology, pharmacy, social work, recreational therapy, nursing, and students and residents from several disciplines.

As interns gain skill and confidence, they will have the opportunity for significant autonomy in selecting their areas of focus and specific work, with Dr. Viverito always available for supervision and consultation. Because of the unique nature of the unit, there is also the opportunity for interns to develop their own groups, training programs, or additions to the milieu. Specific activities will vary depending on each intern's interests and needs; however, all interns will spend time:

- Attending morning meetings from 8:30-9:00 on Mondays and Wednesdays.
- Facilitating and co-facilitating groups.
- Meeting with individuals individually for time-limited therapy, safety planning, and discharge planning.
- Completing thorough chart reviews.
- Developing and implementing staff education/training.
- Working with the multidisciplinary team as well as outpatient providers to coordinate care.
- Completing documentation of services and care coordination.

Additionally, interested interns will have the option of gaining limited experience in recovery-oriented family services, under secondary supervision of Dr. Glen White, Local Recovery Coordinator. Specific training experiences vary over time and will be determined following the intern’s selection of the Acute Inpatient Psychiatry rotation.

Supervisors: Drs. Viverito and White (Note: Interns may receive vertical supervision from a Psychosocial Rehabilitation [PSR] fellow)
Homeless Domiciliary Residential Rehabilitation Treatment (D/RRTP)
The Homeless DRRTP is a thirteen to twenty-four-week residential program with emphasis on providing opportunities for Veterans to achieve and maintain their highest level of independent community integration. This is accomplished through the provision of residential services designed to improve functional status, sustaining rehabilitation gains, disability management, recovery, and breaking the cycle of recidivism. The DRRTP works to provide these opportunities by helping the Veteran in developing life and work-hardening skills and increasing awareness. The DRRTP also works from a recovery-oriented model helping the Veteran to identify and manage self-defeating behaviors and improving quality of life. An interdisciplinary team composed of social workers, a recreational therapist, an occupational therapist, a vocational rehabilitation specialist, social service assistants, one staff psychologist, one staff psychiatrist, a peer support apprentice, and an APN provide services to the unit.

Interns choosing this placement will be actively involved in the delivery of treatment that includes elements of cognitive behavioral therapy and mindfulness. Examples of treatment programming include Seeking Safety (an integrated group treatment for PTSD and substance use disorders), Face Everything and Recover or F.E.A.R (designed to help Veterans acknowledge and learn coping skills to deal with apprehensions or fears they may have with reintegrating into society), Cognitive Behavioral Therapy, Acceptance and Commitment Therapy (ACT), and Cognitive Processing Therapy (individual therapy for appropriate patients). Interns may also be provided the opportunity to co-facilitate groups with other interdisciplinary team members (i.e., Conflict Management, Social Skills Training, Discharge Planning, and Community Reintegration).

A primary goal of the Homeless DRRTP rotation is to provide the intern with a structured philosophy of treatment that focuses more on improved quality of life rather than mere symptom reduction. Furthermore, the skills learned on this rotation can be implemented readily to other patient populations with whom the intern may work. In addition to participating in program groups, interns will also be exposed to issues common to program development and gain increased understanding of the role of an interdisciplinary team. Although most therapeutic activities are group-oriented, there is the possibility of structured, brief individual psychotherapy.

It is expected that the intern will become more autonomous as the rotation progresses and independently (with supervision) lead some of the groups in the program.

Supervisor: Dr. Crutchfield

Mental Health Clinic (MHC)
A primary or secondary placement in the MHC will consist of individual therapy, group psychotherapy, and psychological/personality evaluations of psychiatric outpatients. The clinic is comprised of an interdisciplinary team of more than 40 providers (i.e., psychologists, pharmacists, psychiatrists, social workers, and nursing staff) in addition to support personnel staff. An essential part of the rotation will be collaboration with other treatment providers, including providing feedback on psychological assessments to various disciplines of referring providers.

The MHC serves a diverse patient population, not only in terms of ethnicity, but also in terms of socioeconomic status, gender, age, and educational and occupational backgrounds. Our patients are also diverse in terms of diagnoses. Diagnoses of outpatients range from relatively mild problems (e.g., adjustment disorder) to more severe psychopathology such as schizophrenia,
personality disorders, and dual diagnoses. Interns will be expected to gain experience in at least two evidence-based psychotherapies during their time on the rotation. Therapeutic approaches include, but are not limited to, Cognitive Behavioral Therapy, Cognitive Behavioral Treatment for Insomnia, Dialectical Behavior Therapy, and Interpersonal Psychotherapy.

Intern competency forms, which are reviewed with interns at the beginning of the rotation, are used to evaluate interns’ training needs and competencies. Weekly supervision provides ongoing feedback on performance. Interns are evaluated on competencies in therapy and assessment through direct observation, supervision, audio recording, review of progress notes, and review of assessment reports. The rotation is designed to be flexible in meeting the training needs and interests of interns.

Supervisors: Drs. Aikman, Gibbs, and McCandless

Organizational Health
The Organizational Health rotation provides interns with an opportunity to work with VA employees requesting services from three programs, including the Employee Assistance Program (EAP), Wellness Is Now (WIN), and Civility, Respect, and Engagement in the Workplace (CREW).

In EAP, interns will gain experience working to improve employee satisfaction by addressing biopsychosocial issues that affect employee job performance through assessment of presenting problems and referral of employees to the appropriate resources to meet their needs. Interns may also provide short-term problem solving interventions or supportive therapy services. The EAP is called upon frequently to provide psychoeducation to VA staff with topics ranging from communication and team building to burnout and stress management and at times will facilitate crisis debriefing. Interns will even have the opportunity to develop and present a VA-wide psychoeducational series of their choosing.

The WIN program is part of the VA’s Employee Health Promotion and Disease and Impairment Prevention program and addresses employee wellness by providing education, coaching, motivational interviewing, and coordination of VA-wide fitness events that target physical and mental health promotion. Interns can assist in any number of wellness initiatives including organization of campus-wide health fairs, leading campus Wellness events, or providing unit level Wellness interventions and education as well assisting with employee smoking cessation and the MOVEmployee fitness and nutrition program.

The CREW program was launched by VHA leadership in response to finding that civility levels are a major factor in workplace satisfaction and organizational health. CREW represents the organization’s commitment to work-group level conversations about civility as a mechanism for change. Interns may assist in coordination of the CREW program and facilitation of a CREW workgroup. The programs in Organizational Health are continuously evolving so interns can gain experience in program development, administration, and evaluation.

The EAP, WIN, and CREW programs serve the entire facility with offices in both North Little Rock and Little Rock. The EAP Coordinator also serves on facility committees and workgroups which provide interns the opportunity to be exposed to organizational development in action. Since the current EAP Coordinator also serves as the CAVHS Local Evidence-Based Psychotherapy
Coordinator, interns have the opportunity to gain to be involved in the administrative implementation of the VA Evidence-Based Psychotherapy training initiative during this placement.

Supervisor: Dr. Linson

Posttraumatic Stress Disorder Clinical Team (PCT)
The PTSD Clinical Team (PCT) accepts referrals from across the hospital system (in addition to interfacility requests) for Veterans and Active Duty Service members who have been diagnosed with PTSD as well as those who have returned from one of the most recent conflicts (OEF/OIF/OND) with trauma-related adjustment difficulties. Veterans may receive services either on an outpatient basis or through our 28-bed (variable length stay) PTSD Residential Rehabilitation Treatment Program. All clinical services within the PCT are provided within a recovery framework and emphasize a whole-health approach to treatment, built upon a foundation of evidence-based practice and trauma-informed care. Within this framework, the focus of treatment extends beyond mere symptom reduction to also include improved overall quality of life and wellness. Our services are delivered by an interdisciplinary team that includes psychologists, social workers, a recreation therapist, graduate and post-graduate trainees, and support staff. Team members also regularly collaborate with medical staff (psychiatrists, advanced practice nurses, and pharmacists) and work with other allied health providers (including occupational therapists, nutritionists, social service assistants, and “Charlie,” a trained therapy dog and permanent resident on the PTSD residential unit) while coordinating care for our Veterans.

Trainees on this rotation will improve their understanding of factors that contribute to the development and maintenance of PTSD as well as how to effectively intervene with individuals living with this disorder. The overarching goal is to provide trainees with both breadth and depth of experiences, commensurate with their level of prior experience, current training needs, and future career goals. Experiences will include exposure to multiple treatment modalities (psychoeducation, evidence-based treatments, and supplemental approaches), multiple formats for intervention (group vs individual; face-to-face vs. tele-health; and outpatient vs. residential), assessment and measurement-based care, diversity of clients (with respect to cultural background, military service era, type of trauma, etc.), and more. Consistent with graduated levels of responsibility, trainees will be given greater levels of autonomy as competence and mastery of skills are demonstrated. Whenever possible, trainees who have demonstrated competence with particular PTSD interventions may be given the opportunity to be trained in providing vertical supervision to other trainees with less experience in that area (e.g. if available, fellows may supervise interns, interns may supervise practicum students).

Representative treatments currently utilized in the clinic, and which may be available as training opportunities, include: Prolonged Exposure (PE), Cognitive Processing Therapy (CPT), Acceptance & Commitment Therapy (ACT); Seeking Safety; Couples Therapy (CBCT, IBCT); Dialectical Behavior Therapy; Expressive Arts Therapy; Mind & Body Wellness (ActiVets); Mindfulness & Relaxation; Moral Injury Group; PTSD Orientation / Treatment Selection Group; Self-Defeating Behaviors; Student Veterans Group; Transitions (Re-adjustment services); Treatment for trauma-related sleep disturbances and nightmares; Whole Health Coaching (Health for Life); Yoga for PTSD; and others.

Supervisors: Drs. Brewer, Cooney, Dixon, Gambone, Moore, Pepper, Pruneau, Raducha, Ray, Reeder, and Roca
Substance Use Disorders (SUD) Treatment Program
The Substance Use Disorders treatment program consists of a full spectrum of treatment, including detoxification, residential treatment, intensive outpatient treatment, outpatient treatment, and long-term supportive programming. The SUD program is a Recovery-based approach of shared responsibility for treatment, with final responsibility for one's future life and wellbeing clearly resting on the Veteran. The intern will learn this philosophy of care and will engage in developing and applying Recovery-based approaches. The SUD team is multidisciplinary, consisting of Psychologists, Social Workers, Addiction Therapists, Psychiatrists, LPNs/APNs, and Peer Support Specialists.

Interns choosing this placement will be actively involved in assessment, treatment planning, and delivery of treatment to a wide spectrum of Veterans with SUD and co-occurring disorders. Examples of treatment programming include Seeking Safety; DBT-Skills; Motivational Interviewing and Enhancement; Harm Reduction; Relapse Prevention; psychoeducational groups; and process groups. Treatment is presented primarily in group format, but opportunities for individual therapy are present. If interested, interns may create and implement a new group. Additionally, interns will be able to gain experience with diagnostic personality assessments (MMPI-2/2-RF, MCMI, PAI, TAT, etc.), including scoring, interpretation, and report writing. Interns will also have the opportunity to vertically supervise psychology practicum students.

The SUD rotation is also available as a secondary rotation. Interns who select this option will individualize their rotation experience to include specific components of the larger SUD rotation as are suited to their schedules and interests.

Supervisors: Drs. Boling, Pugliese, and Rookey (Note: supervision may also be provided by a Psychosocial Rehabilitation [PSR] fellow)

Little Rock Vet Center Readjustment Counseling Service
This option is available as a secondary internship rotation, which means that the intern will spend one-and-a-half days per week on this rotation. The Little Rock Vet Center Readjustment Counseling Service provides Veterans and their families a continuum of quality care, including professional readjustment counseling, community education, outreach to special populations, the brokering of services with community agencies, and providing a key access link between Veterans and other services in the U.S. Department of Veterans Affairs. Readjustment counseling includes individual, marital, family and group psychotherapy. The treatment population consists of (1) Veterans who served in combat zones, including World War II, Korean War, Merchant Marines, Vietnam War, Lebanon, Grenada, Panama, Persian Gulf, Somalia, Former Yugoslavia, and Global War on Terrorism; (2) Family members of armed forces personnel who died in service to our country; (3) Family members of Reserve and National Guard personnel who died while on federally activated duty; and (4) Veterans of any era who experienced sexual trauma or harassment while serving on active duty.

This rotation will provide the intern with the opportunity to be exposed to and gain experience working with combat Veterans and their families. He/she will have the opportunity to gain experience in several different therapeutic modalities, including:
Assessment: The intern will complete all documentation required by Vet Center Readjustment Counseling Service guidelines, including an intake assessment, military history, progress notes, and follow-up or closing letters.

Individual Therapy: The intern will see Veterans for individual therapy, only after being initially seen by the Team Leader to ensure the Veteran is appropriately matched with a counselor/fellow.

Group Therapy: The intern will have the opportunity to co-facilitate a psychotherapy group, either one that already exists or to co-facilitate a time-limited, topic-specific group.

Family Therapy: The intern will have the opportunity to gain experience working with Veterans and their families.

Marital Therapy: The intern will have the opportunity to work with Veterans in marital therapy.

Additional training opportunities include assisting the Veterans Outreach Specialist and the Mobile Vet Center Technician in outreach/community events. During this rotation, the intern will also work with the Office Manager, Veterans Outreach Specialist, and Mobile Vet Center Technician.

Twelve hours of program activities will be required per week. The intern will be supervised by Dr. Crownover for approximately one-and-a-half hours weekly. In the event Dr. Crownover is unavailable, Dr. Moore, the Vet Center’s External Consultant and Clinical Liaison, will serve as the primary supervisor. James McAuley will be secondary supervisor for family and marital therapy. Additionally, Lee Ann Welsh and Jentry Tillman may serve as secondary supervisors, depending on clinical areas of expertise (i.e. MST, SUD, etc.). Supervision time may vary depending on the intern’s interests and clinical level.

Supervisors: Drs. Crownover and Moore (primary supervisors); Mr. McAuley, Mr. Tillman, and Ms. Welsh (secondary supervisors)

Military Sexual Trauma Recovery Program (MSTRP)
This option is available as a secondary internship rotation, which means that the intern will spend one-and-a-half days per week on this rotation. The Military Sexual Trauma Recovery Program offers specialized services to survivors of military sexual trauma (MST) as well as survivors of non-military sexual trauma. Program participants undergo a sexual trauma assessment during which time appropriate treatment options are discussed. Veterans may elect to participate in MST-specific treatment options or request services available through other programs at CAVHS. MSTRP staff are members of the medical center’s MST Committee, promoting MST awareness and best clinical practices related to MST. It is common for MSTRP providers to consult with other practitioners about the care of veterans in the program. Participating veterans vary widely in age and era of military service. Current participant ages range from 25 to 70 years of age, with the bulk being in their 40s to early 50s. Common diagnoses include PTSD, adjustment disorder, depression, substance use/abuse/dependency, bipolar disorder, and cluster B traits.

Interns have the opportunity to work with the Women’s Health Center Medical Social Worker and other professionals from various disciplines, such as Psychology, Social Work, Recreation Therapy, Nursing, Public Health Administration, etc. Current activities available for intern
involvement include sexual trauma assessment intakes; MST psycho-educational groups (16-week Recovery Group); Cognitive Processing Therapy for MST groups; Prolonged Exposure for MST (individual); Dialectical Behavior Therapy Skills Training Group (depending); Overcoming Trauma through Yoga; MST aftercare groups; supportive therapy; case management and case consultations; utilizing clinical judgment to make appropriate consults; and outreach to veterans and staff (e.g., NEO training, Camp Robinson Outreach events, CAVHS meetings, etc.). Additional training opportunities include participation on the medical center’s MST Committee, which is comprised of CAVHS staff from various disciplines; participation in MST Committee Workgroups (e.g., Veteran Outreach, Sexual Assault Awareness Month (April), Staff Training, Print/Visual Material, and Grants); and participation in the Sexual Assault Awareness Month Conference (planning and/or participation).

Twelve hours of program activities will be required per week. Interns will receive one hour of individual supervision weekly, though the supervision experience may also include group supervision.

Supervisors: Dr. Pepper (primary supervisor); Drs. Brewer, Cooney, Gambone, and Pruneau (secondary supervisors)

Psychosocial Rehabilitation Recovery Center (PRRC)
This option is available as a secondary internship rotation, which means that the intern will spend one-and-a-half days per week on this rotation. The PRRC is an outpatient transitional learning center that provides a person-centered and empowering environment to support the recovery of veterans living with serious mental illnesses (SMI). Interns will gain experience working with veterans living with schizophrenia, schizoaffective disorder, bipolar disorder, major depressive disorder, psychosis NOS, or severe PTSD. Veterans typically range in age from 20 to 65. In addition, many have co-morbid addictions issues. Interns will also get to work on an interdisciplinary team composed of the following providers: Sarah Newman, PsyD; Sherry Clements, LCSW, RYT; Stephanie Riedmueller, OT; Willie Sellers, CPS; and Eddie Smith, CPS.

Time on this rotation will be spent in the following way:

- **Screening/Assessment:** The intern will meet with veterans to determine their eligibility for PRRC services and make appropriate recommendations for care. If the veteran is found to be eligible for care in the PRRC, the intern will conduct the full assessment. The intern will be expected to complete screenings and assessments for at least three Veterans during the rotation.

- **Recovery Coaching:** The intern will meet at least monthly with veterans to develop a recovery plan and guide them through goal setting.

- **Class/group co-facilitation:** The intern will be expected to serve as a co-facilitator of at least two PRRC classes that focus on helping individuals develop or enhance skills and better manage mental health symptoms. The groups meet both at the VA and in the community and are a blend of evidenced-based curriculums and creative expression groups targeted to veteran needs.

- **Weekly team meetings:** The intern will be expected to serve as a member of the PRRC team by participating in weekly meetings on Wednesday mornings from 8:15 am to 10:00 am. During these meetings, the PRRC team discusses clinical issues, conducts ongoing
trainings for staff in recovery, and discusses consults. Also, the intern will be expected to present one case during this meeting.

- Options that are not required but are highly recommended:
  - Couples/Family therapy based on veteran needs at the time of the rotation.
  - Personality assessments
  - Creating an innovative PRRC group
  - Program development
  - Presenting the PRRC program at various MHS staff meeting

Supervisor: Dr. Newman (Note: Interns may receive vertical supervision from a Psychosocial Rehabilitation [PSR] fellow)

Health Psychology Rotations

Health Promotion Disease Prevention (HPDP)

A psychology intern on the HPDP rotation will have the opportunity to be involved in providing health interventions to Veterans, staff training, program development, and program evaluation. Interns can assist in the training of primary care staff in the use of behavioral interventions such as clinician and patient health coaching and Motivational Interviewing. There is also the opportunity to be involved in both individual and group interventions focusing on health promotion and disease prevention. Group interventions include Tobacco Cessation, MOVE! Weight Management, Acceptance and Commitment Therapy for Weight Management, Adjustment to Blindness, Mindfulness groups, and others. Interns will also have the opportunity to help primary care teams plan and implement shared medical appointments focused on a variety of health issues (i.e. hypertension, diabetes, COPD, etc.). There will be opportunities for interns to conduct pre-bariatric surgery psychological assessments and psychosocial evaluations for the inpatient blind rehabilitation program. In addition, interns will have the opportunity to be involved in developing new programs and initiatives at CAVHS to address the health needs of Veterans and the training needs of staff. On this rotation, interns will have opportunities to work with a variety of healthcare professionals, including primary care physicians, nurses, social workers, dieticians, pharmacists, and the Visual Impairment Services Team (VIST).

Supervisor: Dr. Mesidor

Home Based Primary Care (HBPC)

The HBPC rotation provides the opportunity for the intern to gain experience as an integral part of an interdisciplinary primary care team. HBPC utilizes an interdisciplinary approach in the provision of services to homebound Veterans with chronic and disabling medical illnesses. The intern has the opportunity to work with various specialties, including nursing, occupational therapy, social work, dietetics, and pharmacy. The average age of our Veteran population is approximately 80 years old; therefore, the rotation provides expansive opportunities for those interested in working with older adults. The rotation also offers the unique experience of providing a wide range of mental health services to our patient group in their home environments. Training opportunities available to Psychology Interns include:
- Neuropsychological screenings and behavioral health assessments to identify level of functioning, inform treatment planning, and facilitate patient care.

- Individual and family therapy for depression, anxiety, end-of-life issues, and other forms of emotional distress.

- Experiences available in providing support to caregivers caring for patients diagnosed with dementia utilizing the REACH model (Resources for Enhancing All Caregivers Health). Formal certification in REACH, which is an empirically based treatment, is available for the intern if desired.

- Training in behavioral interventions and environmental modifications focused on the management of psychological problems in patients with varying levels of cognitive impairment.

- Opportunities for the implementation of behavioral medicine interventions (behavioral sleep management, pain management, weight management, smoking cessation techniques) with a medically complex patient population.

- Consultation with other program staff about the role of psychological issues in the day to day management of patient care.

Both supervisors on the HBPC rotation are board certified in Geropsychology, and all home visits by the intern are made with the supervising psychologist. Supervision includes 1–2 hours of formal individual supervision per week, with additional opportunities for informal discussion throughout the training day. Training and supervision about health care team dynamics, as well as Psychology’s role in facilitating the overall functioning of the group, is included as part of supervision process.

Supervisors: Drs. Ghormley and Long

Integrative Medicine Patient Aligned Care Team (IMPACT) for Pain Management Clinic

The IMPACT for Pain management clinic is comprised of an interdisciplinary team offering a wide range of services and interventions for veterans with chronic pain, including tele-medicine, acupuncture, nutrition, yoga, tai chi, stress management, counseling, health coaching, and biofeedback. In addition to a psychologist specializing in health and chronic pain, interdisciplinary team providers include a functional integrative medicine physician, an integrative advanced practice nurse, functional medicine nurses, a functional nutrition dietician, a physical therapist, a clinical pharmacist, and various support staff.

This rotation provides experience working with a Whole Health functional medicine orientation (biopsychosocial) to the management of chronic pain. Opportunities exist to co-lead a Whole Health lifestyle management group, a stress management group, an ACT for Pain group, and an IBS group. There will be an opportunity to learn about the use of heart rate variability biofeedback as well as how yoga and tai chi are used as interventions for chronic pain. This is an excellent rotation for those with a health psychology orientation looking to work in the healthcare system of the future. This can also be a secondary rotation for interns wanting to explore how to take their psychology skillsets and apply them to chronic pain and health behavior.

Supervisor: Dr. Broderick
Psychological Consultation & Liaison
Interns who select the Psychological Consultation & Liaison rotation will primarily work as a consultant with medical patients who are experiencing adjustment problems/psychological distress related to their medical condition(s). Interns will conduct assessments and psychotherapy, as warranted by the referral question, and these services will be provided to both inpatients and outpatients. Training opportunities include working with medical interdisciplinary and multidisciplinary teams on a general medical ward. Interns will have the opportunity to play an active role on these teams providing psychological consultation services.

Clinical duties of the rotation include: conducting inpatient/outpatient assessments, including pre-transplant (e.g., bone marrow, organ) and pre-surgical (e.g., spinal cord stimulator placement) evaluations as well as mental health evaluations to determine appropriateness for placement in the Blind Rehabilitation Program; providing brief, individual, supportive psychotherapy to medical patients with a wide range of chronic illnesses; providing focused, bedside assessments and interventions to Veterans and/or families; providing group supportive therapy for blind veterans; and providing biofeedback for patients with pain disorders. Interns will also have opportunities to observe spinal cord stimulator placement procedures, attend Neurology Grand Rounds, and complete specialized training in Whole Health.

Supervisor: Dr. Powers

Primary Care Mental Health Integration (PCMHI)
On the PCMHI rotation, interns will work as a member of an integrated treatment team, including psychologists, psychiatrists, primary care physicians, social workers, RNs, APNs, pharmacists, and administrative assistants. PCMHI seeks to bridge the gap between medical and mental health care outside of a specialty mental health clinic in order to improve access to behavioral health services within the primary care treatment environment. This rotation provides opportunities to work closely with Patient Aligned Care Team (PACT) providers, various specialty medical services, and psychiatry in order to coordinate care and provide brief, solution-focused mental health/behavioral medicine interventions. The goal is to enhance the delivery of holistic health services in primary care and to develop skills to address behavior change needs.

PCMHI interns will learn to conduct brief assessments and problem-focused, solution-oriented individual and group interventions to address mild to moderate psychiatric and behavioral health issues, including depression, anxiety, PTSD, pain, insomnia, stress management, tobacco use, weight management, treatment adherence, and substance use disorders, in an integrated, patient-centered environment. Through brief assessments (30 minutes) and shorter duration treatment (not more than 4-6 sessions), interns will be able to learn or to refine skills in using motivational enhancement strategies to improve Veterans’ follow through with treatment recommendations and/or to make healthy lifestyle changes within the primary care setting. They will also be able to develop skills in succinctly communicating assessment findings and treatment plans to both Veterans and PACT providers. PCMHI is a fast-paced, ever-changing work environment that can help to develop an intern’s ability to ‘think on his/her feet’, multitask, and conceptualize from a problem-focused perspective.

Current classes/groups offered through PCMHI include: The Living Healthy Series (a 4-week open access group with a variety of topics to improve overall health); Sleep Education (a 1-session
education group); Rest, Relax, Revive (a 4-week CBT-I group); and Problem Solving Training (a 4-week evidence-based treatment teaching problem-solving and emotion regulation skills).

Supervisors: Drs. Deen and McCorkindale

Rehabilitation Psychology
The Physical Medicine and Rehabilitation Service (PM&RS) operates a 15-bed, inpatient, CARF-accredited, acute medical rehabilitation program. The unit serves a large veteran population, and individualized programs are available to provide targeted interventions for individuals with a variety of complex medical and rehabilitation needs. Veterans served on this unit are typically recovering from or improving their level of function as a result of various acute or chronic traumatic, progressive, or congenital injuries and illnesses that may result in a wide variety of physical, sensory, neurocognitive, behavioral, and/or emotional disturbances. Veterans typically served on this unit include individuals who have experienced cerebrovascular accidents, traumatic or acquired brain injuries, spinal cord injuries or disorders, limb amputations, neuromuscular disorders, brain tumors, cardiac arrest, cancer, orthopedic problems, burns and/or disfigurement, chronic pain, deconditioning, and other medical conditions that limit functioning or participation in valued life activities.

Treatment programs are designed and implemented by an interdisciplinary team of professionals with the goals of broadening patient opportunities as well as facilitating maximal individual functioning and participation in social relationships and activities, recreation, education, employment, and the community in general. This team includes the veteran and his/her family, physiatrist, rehabilitation nurses, physical therapists, occupational therapists, kinesiotherapists, speech-language pathologists, social workers, rehabilitation psychologist, dieticians, recreational therapists, pharmacists, and other consultants. The interdisciplinary team meets bi-weekly to discuss each Veteran's progress and prognosis for recovery, rehabilitation goals, participation in his or her therapies, and plans for discharge.

Interns who choose this rotation will provide brief, focused, and time-limited assessment and intervention services to assist veterans living with disability, activity limitations, and/or societal participation restrictions and their significant others or support systems in coping with and adapting to the effects of the injury or illness with the primary goals of increasing overall function and quality of life. The intern will function as an integral team member, providing consultation, assessment, and intervention services to assist veterans and the team with managing various emotional, cognitive, and behavioral barriers to participation and recovery, including but not limited to poor adjustment to disability, depression, anxiety, cognitive impairment, questions of capacity, substance use, treatment adherence issues, pain, family conflict, and psychosocial issues.

In addition, depending on the intern's level of interest as well as the clinic's overall need for Rehabilitation Psychology services, this rotation provides limited opportunities to gain exposure to and experience working with Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn (OEF/OIF/OND) veterans who have a suspected or diagnosed traumatic brain injury (TBI) in the outpatient Polytrauma Clinic. The Polytrauma Clinic includes an interdisciplinary outpatient treatment team that coordinates care for combat veterans exposed to explosions and potentially co-occurring bodily injury, concussion, and posttraumatic stress disorder (PTSD). Veterans served in this clinic undergo comprehensive and integrated examinations to aid in the diagnosis of suspected TBI and receive therapeutic intervention when appropriate. The team
includes the veteran and his/her family, physiatrist, rehabilitation psychologist, physical therapist, occupational therapist, and social worker. The interdisciplinary team meets weekly to discuss newly-evaluated veterans and their care. Interns who desire exposure to and experience in this clinic may have the opportunity to provide cognitive screening; aid in deciphering and provide consultation to the team regarding various cognitive complaints, such as decreased memory, attention, and processing speed; provide psychoeducation and brief therapeutic interventions to veterans; rapidly triage veterans into the appropriate services or programs, such as the PTSD clinic, Mental Health Clinic, behavioral medicine services (e.g., sleep clinic, pain clinic, etc.), vocational rehabilitation program, etc.; and provide family consultation and guidance.

Supervisor: Dr. Kolb

Hospice and Palliative Care
This option is available as a secondary internship rotation, which means that the intern will spend one-and-a-half days per week on this rotation. The purpose of the rotation will be to orient the intern to general aspects of health psychology as well as to the psychologist's role in palliative care. Readings and other didactic components will be determined based on the intern's learning needs. Interns will complete 30 minutes of individual, face-to-face supervision per week, with additional opportunities for informal supervision throughout the day, as needed.

Interns who select the Hospice and Palliative Care rotation will primarily work as a member of the interdisciplinary palliative care team, which provides services to Veterans in both inpatient and outpatient settings. Most direct clinical care will be with medical patients who may be experiencing adjustment problems/psychological distress related to their medical condition(s) or issues surrounding end of life. Frequently, these Veterans also hold comorbid mental health diagnoses. Interns will conduct intake assessments and provide short-term psychotherapy. Services will be provided to both Veterans and their family members.

Training opportunities will likely include collaborating with an interdisciplinary palliative care team, responding to palliative care consults when psychology services are requested, rounding on the inpatient unit with team physicians, attending family meetings on the unit, participating in a monthly integrative medicine clinic for chronic pain, and conducting brief outpatient/inpatient psychotherapy to Veterans and their family members. Attention will be paid to exposing interns to patients who have a variety of medical and mental health diagnoses and understanding the interaction of these patients with the medical system. Interns will have the opportunity to play an active role on these teams providing psychological services. This rotation includes opportunities to work closely with staff physicians as well as the medical fellows and residents who rotate with the palliative care team. Thus, it offers interns additional exposure to issues that arise regarding treatment/diagnosis of medical conditions by team physicians.

Clinical duties of the rotation include: conducting inpatient/outpatient assessments related to hospice/palliative care; providing brief family therapy to families of patients at the end of life; offering brief bedside interventions to Veterans with a wide range of chronic illnesses; providing short-term psychotherapy to outpatient palliative care patients; working with the interdisciplinary palliative care team as a consultant/primary member of the team; attending morning rounds; and participating in the Palliative Care Integrative Medicine Clinic (monthly) patients with chronic pain.

Supervisor: Dr. Wilson
Neuropsychology Rotations

Outpatient Neuropsychology
One fellowship-trained, board certified neuropsychologist and two psychometrists staff this clinical rotation within the Mental Health Service. This rotation provides training in neuropsychology with extensive experience in the administration and interpretation of a flexible battery approach, including training in empirically based neuropsychological procedures for diagnostic, treatment, and rehabilitation purposes.

Neuropsychological assessment will be utilized to increase the understanding of behavioral expression of brain dysfunction, assist in diagnostic clarification, and provide recommendations for treatment and recovery oriented interventions. Whether the novice in mental status examinations or the advanced neuropsychology student, skill development goals are specifically suited to the abilities of each intern. No prerequisite experience or training is required.

Patients are seen on a referral basis for neuropsychological evaluation. Referrals are received from the Physical Medicine and Rehabilitation Service (PM&RS), Primary Care, Substance Use Disorder (SUD) team, Posttraumatic Stress Disorder programs, Mental Health Clinic (MHC), and the Domiciliary. Interns are encouraged to attend staff conferences, team meetings, and Grand Rounds in neurology and psychiatry. Additionally, the opportunity to develop skills in cognitive rehabilitation approaches, including facilitating/co-facilitating a cognitive rehabilitation group, is available for interested interns. The intern may also participate in program evaluation and administration. If the dissertation is complete, neuropsychological and rehabilitation research for publication or presentation at national conferences will be supported through time allowance, statistical support, manuscript editing, and/or mentoring.

Supervisors: Dr. Andrews (primary supervisor); Dr. Kleitsch (secondary supervisor)

Geriatric Neuropsychology
This rotation provides wide-ranging training in neuropsychological assessment of geriatric patients with extensive experience in the administration and interpretation of a flexible battery approach, including training in empirically-based neuropsychological procedures for diagnostic, treatment, and rehabilitation purposes. Interns on this rotation will develop skills necessary for differential diagnosis of normal aging, delirium, and various dementia syndromes. Interns will gain skills in making treatment recommendations and providing feedback to patients and their families. Interns are encouraged to attend staff conferences, team meetings, Dementia Committee meetings, and Grand Rounds in geriatrics, neurology, and psychiatry.

There is no prerequisite experience or training required for this rotation as skill development goals are specifically suited to the abilities of each intern. At a minimum, interns can expect to accomplish the following during this rotation: (1) Obtain increased competence in interviewing and neuropsychological assessment relevant to geriatric and medical populations; (2) Experience working within an interdisciplinary treatment team model; (3) Gain solid neuropsychological assessment skills including differential diagnosis of normal aging vs. various dementias; and (4) Develop skills in decisional capacity assessment of the elderly.
In addition to the above opportunities for neuropsychological assessment, interns rotating through the Geriatric Neuropsychology rotation will also have an opportunity to develop specialized skills in geriatric psychotherapeutic intervention and cognitive rehabilitation therapy under the supervision of a board certified geropsychologist. If interested in this learning experience, the intern will gain knowledge and skills in the assessment and treatment of the elderly Veteran as well as provide therapeutic intervention and caregiver support services to patients and family members within the outpatient Cognitive Rehabilitation Clinic.

Supervisors: Dr. Fazio (primary supervisor); Dr. Pope (secondary supervisor)

PSYCHOLOGY LEARNING RESOURCES

In addition to the training opportunities previously addressed, our internship program offers other structured and non-structured training experiences. Interns will have access to computers for scoring and administration of various psychological tests, word processing, retrieving patient data, reviewing medical and drug information, continuing education, accessing medical and psychological articles and textbooks through a virtual library, emailing, and conducting statistical analysis (SPSS) as well as use for clinical and research activities through select VA computers.

Both divisions house libraries, which contain a wide selection of medical and psychological books and journals. In addition, staff and interns have access to the resources of the library at the University of Arkansas for Medical Sciences. MEDLARS Service, sponsored by the Public Health Service National Institute of Health, is also available at no charge for library users through the Little Rock Division Library.
APPLICATION AND SELECTION

AVAILABLE POSITIONS
Our training program currently maintains seven internship slots, including three General Track interns, two Health Psychology Track interns, and two Neuropsychology Track interns. These positions may be filled by either Clinical or Counseling psychology students. No positions are dedicated to any one university, and our interns come from all over the United States.

ELIGIBILITY AND REQUIREMENTS
Applicants must: (1) be actively involved in pursuing a Ph.D. or Psy.D. degree from an APA-accredited program in Clinical or Counseling Psychology, or (2) must be a respecialization candidate currently associated with such a program. All applicants must have the approval of his/her program director to begin internship in the fall.

VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.

A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.

Interns are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.

VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees.

Applicants should have completed at least 900 total hours of practicum experience, which includes face-to-face delivery of professional psychology services that are relevant to the applicant’s goals for internship. Applicants should also have completed a minimum of 250 assessment and 250 intervention hours to be considered for this internship program.

Applicants are expected to have at least minimal proficiency in the administration, scoring, and interpretation of the more common psychological testing instruments and to have had some experience with psychotherapeutic interventions with adults.
APPLICATION PROCEDURES
Internship applications are now fully completed online. Please visit www.appic.org to review instructions for submitting your application and complete the online APPIC Application for Psychology Internships (AAPI). The standard application packet, including cover letter, CV, letters of recommendation, Director of Clinical Training verification of AAPI, graduate transcripts, and supplemental information, will be submitted through the online application portal. Below is a list of application materials needed to apply to the Central Arkansas Veterans Healthcare System (CAVHS) psychology internship program:

- Cover letter explaining why you have chosen to apply to this particular internship. It should also list your specific clinical interests and identify rotations of interest to you. **PLEASE INCLUDE, IN THE FIRST PARAGRAPH OF YOUR LETTER AND IN BOLD, THE (ONE) TRACK TO WHICH YOU ARE APPLYING.** Please apply to no more than one track. If you have interests in more than one area, there will be elective rotations on which you may gain other experiences.

- Curriculum Vitae.

- AAPI Online (www.appic.org), including verification by your Director of Clinical Training (the latter replaces the APPIC Academic Program's Verification of Internship Eligibility & Readiness Form).

- Official copies of all graduate transcripts

- **THREE** letters of recommendation from supervisors/faculty regarding your academic or professional work.

**Deadline for Applications**
**October 31, 2017**
**11:59 PM PST**

Note: This program meets criteria of Equal Employment Opportunity (EEO). In accordance with the membership guidelines of the Association of Psychology Postdoctoral and Internship Centers (APPIC), recruitment and selection procedures are designed to protect and preserve applicants' rights to make a free choice among internship offers.

INTERVIEWS
In-person interviews will be conducted by invitation only. All applicants will be informed about whether they are invited to interview. Specific details about the interview process will be sent to each applicant invited to interview after the completed application is received and reviewed. We typically interview 30-35 applicants over a period of two months.
SELECTION AND NOTIFICATION
The Training Committee will meet in early February to make selections and rank candidates. The final decision will be made by the Director of Training, and selection notification will be implemented in accordance with APPIC guidelines. Acceptance letters will be sent to selected interns and to their directors of training within 72 hours of Intern Notification Day.

FINAL APPOINTMENT
Appointment is made for a 12-month period, and the intern is expected to complete a total of 2,080 hours over the course of the internship year. The internship year is divided into one week of New Employee Orientation (NEO) followed by three, four-month primary rotations. Interns are expected to be on duty five days per week, with a workday typically defined as 8:00 a.m. to 4:30 p.m.

STIPEND
The VA stipend is set nationally at $23,500 per year, with pay distributed every two weeks. Intern benefits include health insurance, accrued sick and annual (personal) leave, 10 paid federal holidays, and authorized absence for selected conferences.

ACCREDITATION
This internship is accredited by the American Psychological Association (APA) and is a member of the Association of Psychology Predoctoral and Internship Centers (APPIC). The program adheres to APPIC policy regarding offers and acceptances for training. At the last APA site visit in 2010, we were awarded re-accreditation for seven years, which is the maximum amount of time awarded by APA. Our next site visit is scheduled for 2017.

For more information regarding APA accreditation of this or other accredited internships, please contact:

Office of Program Consultation and Accreditation
American Psychological Association
750 First Street, NE
Washington, D.C. 20002-4242
Phone: (202) 336-5979

QUESTIONS?
Please contact Dr. Garrett Andrews, Director of Training, by phone at (501) 257-1684 or email at Garrett.Andrews@va.gov.

RELATED RESOURCES
For information on the CAVHS Psychology Fellowship Program, please visit:
http://www.littlerock.va.gov/careers/psychology/fellowship/Psychology_Fellowship_Program.asp
FORMER INTERNS

Our former interns have gone on to work in private practices, university medical centers, state hospitals, community mental health clinics, counseling centers, universities, private hospitals, HMOs, head trauma facilities, rehabilitation centers, and VA medical centers. They have become directors of addictions programs, faculty in medical schools and psychology departments, as well as administrators of hospital-based programs. More specifically, they serve as neuropsychologists, psychotherapists, diagnosticians, administrators, consultants, teachers, researchers, and authors. Many of our recent interns have chosen to pursue postdoctoral training in specialty areas, including Neuropsychology, Geropsychology, PTSD, and Health Psychology.

Specific Intern Placements by Class

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<thead>
<tr>
<th>Cohort</th>
<th>Placement</th>
<th>Position</th>
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<tbody>
<tr>
<td>2016-2017</td>
<td>South Texas Veterans Health Care System (STVHCS)</td>
<td>Neuropsychology Fellow</td>
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<tr>
<td></td>
<td>Indiana University School of Medicine</td>
<td>Neuropsychology Fellow</td>
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<td>Central Arkansas Veterans Healthcare System (CAVHS)</td>
<td>Staff Psychologist</td>
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<td>Houston VA Medical Center</td>
<td>PTSD Fellow</td>
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<td>Memphis VA Medical Center</td>
<td>Health Fellow</td>
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<td>Oklahoma City Consortium</td>
<td>Neuropsych/Geropsych Fellow</td>
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<td>The VHA National Center for Organization Development (NCOD)</td>
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<td>2015-2016</td>
<td>Bedford VA Medical Center</td>
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<td>JFK Rehab</td>
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<td>2014-2015</td>
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<td></td>
<td>Northern California VA</td>
<td>Neuropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>Palo Alto VA</td>
<td>General/PSR Fellow</td>
</tr>
<tr>
<td></td>
<td>Puget Sound VA</td>
<td>General/Geropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>Phoenix VA</td>
<td>Health/Pain Fellow</td>
</tr>
<tr>
<td></td>
<td>Henry Ford</td>
<td>Health/Behavioral Medicine Fellow</td>
</tr>
<tr>
<td>2013-2014</td>
<td>Shepard Center</td>
<td>Neuropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>Henry Ford</td>
<td>Neuropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>San Diego VA</td>
<td>PTSD/TBI Fellow</td>
</tr>
<tr>
<td></td>
<td>Central Arkansas Veterans Healthcare System (CAVHS)</td>
<td>PTSD Fellow</td>
</tr>
<tr>
<td></td>
<td>Jackson Medical Center</td>
<td>Health Fellow</td>
</tr>
<tr>
<td></td>
<td>Central Arkansas Veterans Healthcare System (CAVHS)</td>
<td>PSR Fellow</td>
</tr>
<tr>
<td>2012-2013</td>
<td>Albuquerque VA</td>
<td>Neuropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>Duke</td>
<td>Neuropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>North Florida/South Georgia VA</td>
<td>Geropsychology Fellow</td>
</tr>
<tr>
<td></td>
<td>Memphis VA Medical Center</td>
<td>Health Fellow</td>
</tr>
<tr>
<td></td>
<td>Los Angeles VA</td>
<td>General Staff</td>
</tr>
<tr>
<td></td>
<td>Tampa VA</td>
<td>Health/Pain Fellow</td>
</tr>
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</table>
### Initial Post-Internship Positions

<table>
<thead>
<tr>
<th>Provide an Aggregated Tally for the Preceding 3 Cohorts</th>
<th>2013-2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total # of interns who were in the 3 cohorts</td>
<td>18</td>
</tr>
<tr>
<td>Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree</td>
<td>0</td>
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</table>

<table>
<thead>
<tr>
<th>Position</th>
<th>PD</th>
<th>EP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community mental health center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td></td>
<td></td>
</tr>
<tr>
<td>University counseling center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>Military health center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic health center</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Other medical center/hospital</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic university/department</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
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<td></td>
</tr>
<tr>
<td>Independent research institution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Correctional facility</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School district/system</td>
<td></td>
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<tr>
<td>Independent practice setting</td>
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<td>1</td>
</tr>
<tr>
<td>Not currently employed</td>
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<td></td>
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<tr>
<td>Changed to another field</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
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</tbody>
</table>

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

### Internship Program Admissions

**Date Program Tables are updated:** 09/01/2017

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

- This is a clinical internship, and we follow the practitioner-scholar model of training. Candidates with experience working with adults from diverse backgrounds and with a range of psychological and medical conditions are desired.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

- Total Direct Contact Intervention Hours: Yes, Amount: 250
- Total Direct Contact Assessment Hours: Yes, Amount: 250

Describe any other required minimum criteria used to screen applicants:
Financial and Other Benefit Support for Upcoming Training Year*

<table>
<thead>
<tr>
<th>Benefit Description</th>
<th>Amount/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Stipend/Salary for Full-time Interns</td>
<td>23500</td>
</tr>
<tr>
<td>Annual Stipend/Salary for Half-time Interns</td>
<td>NA</td>
</tr>
<tr>
<td>Program provides access to medical insurance for intern?</td>
<td>Yes</td>
</tr>
<tr>
<td>If access to medical insurance is provided:</td>
<td></td>
</tr>
<tr>
<td>Trainee contribution to cost required?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of family member(s) available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of legally married partner available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of domestic partner available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Hours of Annual Paid Personal Time Off (PTO and/or Vacation)</td>
<td>4 per pay period</td>
</tr>
<tr>
<td>Hours of Annual Paid Sick Leave</td>
<td>4 per pay period</td>
</tr>
<tr>
<td>In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Other Benefits (please describe):

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

TRAINING FACULTY

All our doctoral staff are highly qualified, many in specialty areas as well as in general clinical or counseling psychology. Five of our staff are board certified through the American Board of Professional Psychology (ABPP). One faculty member is an American Society for Clinical Hypnosis approved consultant in Hypnosis. Several of our VA psychologists are on staff at our affiliate, the University of Arkansas for Medical Sciences.

The psychology staff also holds membership in a variety of professional organizations, including the American Psychological Association and various state psychological associations (Arkansas, Illinois, Kentucky, and Missouri). The internship is also a member of the Association for Internship Training in Clinical Neuropsychology and the Council of Professional Geropsychology Training Programs.

A number of this internship's supervisors are active in leadership of local and national professional organizations. Several have served as President of the Arkansas Psychological Association, and many have served or are currently serving on the Board of Directors or as committee Chairs. Through their dedicated years of service, seven have obtained fellow status in the association. Three of our psychologists also serve as members of the National Association of VA Psychology Leadership. Two staff members have or are currently serving on the American Psychological Association Council of Representatives, and one is active as an Accreditation Site Visitor for the American Psychological Association.
FACULTY PROFILES

**Aikman, Grace, Ph.D.**

Assignments: Mental Health Clinic (MHC)

Education: Texas A & M University (2000)

Fellowship: Clinical Psychology & Substance Abuse (one year), Kansas City VAMC (2001)

Licensure: Kentucky

Theoretical Orientation: Cognitive-Behavioral, Interpersonal

Clinical & Teaching Interests: Psychotherapy, personality assessment, bipolar disorder

Research Areas: Assessment

Professional Organizations: American Psychological Association

---

**Alexander, Tammy, Psy.D.**

Assignments: Primary Care, Compensation and Pension (C&P)

Education: Spalding University (Psy.D.), University of Central Arkansas (Master’s)

Internship: University of Arkansas for Medical Sciences/Arkansas Children’s Hospital

Licensure: Arkansas

Theoretical Orientation: Cognitive-Behavioral, Interpersonal

Clinical & Teaching Interests: Mental health recovery, public policy, grant writing, supported employment, disaster mental health services.

Professional Organizations: Arkansas Behavioral Health Planning and Advisory Council

---

**Amos, Darla, Ph.D.**

Assignments: Acute Inpatient Psychiatry

Education: University of Arkansas (1982)

Theoretical Orientation: Psychodynamic

Clinical & Teaching Interests: Psychotherapy and assessment, psychotropic medication use in psychiatric populations, schizophrenia

Professional Organizations: Society for Personality Assessment
Andrews, Garrett, Psy.D.
ABPP-CN, CBIST

Assignment: Neuropsychology; Chief of Vocational Rehabilitation, Neuropsychology, & Rehabilitation Psychology; Director of Internship Training; Asst Dir of Fellowship (Neuro Track)


Internship: Black Hills Veterans Administration

Fellowship: Geisinger Medical Center (2005-2007; Neuropsychology)

Licensure: Arkansas

Board Certification: Clinical Neuropsychology

Theoretical Orientation: Cognitive-Behavioral, Flexible Battery, Functional Oriented Battery

Clinical & Teaching Interests: Traumatic Brain Injury, dementia, sport concussion, cognitive rehabilitation, forensic neuropsychology, neuropsychology consultation, pre-surgical cognitive exam (chronic pain, deep brain stimulation), assessment of symptom validity

Research Areas: TBI, dementia, cognitive rehabilitation, symptom validity measurements

Professional Organizations: American Academy of Clinical Neuropsychology; APA, Division 40; National Academy of Neuropsychology

Boling, Timothy, Ph.D.

Assignment: Substance Use Disorders (SUD) Program; Externship Coordinator

Education: Tennessee State University (2013)

Internship: Central Arkansas Veterans Healthcare System

Fellowship: Memphis VA (Clinical Health Psychology)

Licensure: Arkansas

Theoretical Orientation: Existential

Clinical & Teaching Interests: Health psychology, motivational interviewing, acceptance and commitment therapy, pre-surgical evaluations

Research Areas: Men and masculinity, men’s health

Professional Organizations: American Academy of Clinical Neuropsychology; APA, Division 40; National Academy of Neuropsychology

Brewer, Linda, Ph.D.

Assignment: PTSD Clinical Team (PCT)

Education: Central Michigan University (M.A. [2005]; Ph.D. [2007])

Licensure: Arkansas

Theoretical Orientation: Cognitive-Behavioral

Clinical & Teaching Interests: PTSD; Sleep Disturbance; Acceptance and Commitment Therapy (ACT), Cognitive Processing Therapy (CPT), Military Sexual Trauma, Developmental Psychology, Learning Theory

Research Areas: Pupil dilation as an index of emotional reactivity in psychosis-prone individuals (schizotypal PD); Impact of schizotypal traits on interpersonal functioning

Professional Organizations: Arkansas Psychological Assoc, American Psychological Assoc; Arkansas Assoc of Black Psychology Professionals
**Broderick, Daniel, Ph.D.**

**Assignment:** IMPACT Clinic; Health Behavior Coordinator

**Education:** Ball State University (Ph.D. in Counseling Psychology; 1996)

**Internship:** West Haven VA Medical Center (1995)

**Licensure:** Indiana

**Theoretical Orientation:** Integrated

**Clinical & Teaching Interests:** Health Psychology; Military Psychology

**Professional Organizations:** Indiana Psychological Association; Captain in the Indiana National Guard

---

**Cooney, Nathaniel J, Ph.D.**

**Assignment:** PTSD Clinical Team (PCT); Asst Director of Postdoctoral Fellowship Training for PTSD; Psychology Internship Executive Committee

**Education:** Oklahoma State University (Ph.D. - Clinical, 2013)

**Internship:** US Dept. of Veterans Affairs (Dayton VA Medical Center; Neuropsychology Emphasis)

**Fellowship:** US Dept. of Veterans Affairs (Central Arkansas Veterans Healthcare System; Clinical Psychology/PTSD Emphasis)

**Licensure:** Arkansas

**Certifications:** National Register of Health Service Psychologists

**Theoretical Orientation:** Integrative with Cognitive-Behavioral/Client Centered Foundations

**Clinical & Teaching Interests:** Psychopathology, Psychological Assessment, Evidence-Based Treatment, Motivational Interviewing, Trauma and Recovery, Spirituality, Sleep and Nightmares

**Professional Organizations:** American Psychological Association; Association for VA Psychologist Leaders

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**Crownover, Carrie, Ph.D.**

**Assignment:** Vet Center

**Education:** University of Oklahoma (2007)

**Internship:** Wichita Collaborative Psychology Internship Program

**Licensure:** Kansas

**Theoretical Orientation:** Integrative

**Clinical & Teaching Interests:** Vocational Rehabilitation, Diversity (ethnic minorities, spirituality, SES), Acceptance and Commitment Therapy, Cognitive Processing Therapy, Prolonged Exposure, PTSD, Military Sexual Trauma

**Research Areas:** Diversity, Program Evaluation

**Professional Organizations:** American Psychological Association; Arkansas Psychological Association
**Crutchfield, Courtney, Ph.D.**  courtney.crutchfield@va.gov  
Assignment: Residential Rehabilitation Treatment Program; Director of Training for Psychosocial Rehabilitation in the Psychology Postdoctoral and Interdisciplinary Fellowship  
Education: Tennessee State University (Ph.D. [2009]); Austin Peay State University (M.A. [2003])  
Fellowship: CAVHS Interprofessional Fellowship in Psychosocial Rehabilitation and Recovery Oriented Services (2009-2010).  
Licensure: Arkansas  
Theoretical Orientation: Object Relations, Eclectic  
Clinical Interests: Brief Individual Psychotherapy, Acceptance and Commitment Therapy for Depression & Anxiety, Seeking Safety, Cognitive Processing Therapy, Cognitive Behavioral Treatment.  
Teaching Interests: Psychology and the Human Experience, Developmental Psychology, Abnormal Psychology  
Research Areas: Diversity, Substance Abuse, Hopelessness, Application of Mindfulness, Race Disparities  
External Activities: Adjunct Instructor, Pulaski Technical College (2010-2011), Philander Smith College (2008-2010), and University of Arkansas at Little Rock (2012-present)  
Professional Organizations: American Psychological Assoc., Arkansas Assoc. of Black Professional Psychologists, Arkansas Psychological Assoc.

**Deen, Tisha, Ph.D.**  tisha.deen@va.gov  
Assignment: Primary Care Mental Health Integration (PCMHI)  
Education: University of Arkansas (Ph.D., Clinical Psychology [2010])  
Internship: UAMS  
Fellowship: CAVHS CEMOHR HSR&D Fellowship  
Licensure: Arkansas  
Theoretical Orientation(s): Behavioral, Cognitive-Behavioral  
Clinical & Teaching Interests: Research and Research Methods, Dialectical Behavior Therapy, Acceptance and Commitment therapy, Behavioral Health, Primary Care Mental Health  
Research Areas: Behavioral Health Interventions for PTSD  
Professional Organizations: APA, Arkansas Psychological Association (President 2017); Association for Contextual Behavioral Science

**Dixon, Lance, Ph.D.**  lance.dixon@va.gov  
Assignment: PTSD Clinical Team (PCT)  
Education: Texas Tech University (Ph.D., Counseling, [2014]); Southern Methodist University (M.A., Theology, [2006]); Northeastern State University (B.S., Mathematics, Education, [1997])  
Internship: Central Arkansas Veterans Healthcare System  
Licensure: Arkansas  
Theoretical Orientation(s): Humanistic/Existential; Cognitive-Behavioral  
Clinical & Teaching Interests: Spirituality/Religiousness; Moral Injury  
Research Areas: God Image and Prayer Functions  
Professional Organizations: American Psychological Association (Divisions 17, 18, 36, 50)
<table>
<thead>
<tr>
<th>Fazio, Rachel L, Psy.D.</th>
<th><a href="mailto:rachel.fazio@va.gov">rachel.fazio@va.gov</a></th>
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</thead>
<tbody>
<tr>
<td>Assignment: Geriatric Neuropsychology</td>
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<tr>
<td>Education: Wright State University, M.S. (2007); Forest Institute, Psy.D. (2012)</td>
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<tr>
<td>Internship: US Medical Center for Federal Prisoners (Forensic Psychology)</td>
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<tr>
<td>Residency: Center for Addiction and Mental Health, Toronto (Forensic and Neuropsychology); Neuropsychological Services of New Mexico (Neuropsychology)</td>
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<tr>
<td>Licensure: Florida, New Mexico</td>
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<tr>
<td>Theoretical Orientation: Humanistic, Flexible Battery</td>
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<tr>
<td>Clinical &amp; Teaching Interests: Performance Validity Testing, Dementias, Forensic Neuropsychology, Women in Neuropsychology</td>
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<tr>
<td>Research Areas: Performance Validity, Psychometrics, Laterality</td>
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<td>Professional Organizations: National Academy of Neuropsychology, American Academy of Clinical Neuropsychology</td>
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<table>
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<tr>
<th>Gambone, Laura J., Ph.D.</th>
<th><a href="mailto:laura.gambone@va.gov">laura.gambone@va.gov</a></th>
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<tbody>
<tr>
<td>Assignment: Post Traumatic Stress Disorder Clinical Team (PCT)</td>
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<tr>
<td>Education: University of South Carolina (Clinical-Community Psychology, 2009)</td>
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<tr>
<td>Internship: Cincinnati VAMC (PTSD track)</td>
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<td>Fellowship: Harry S. Truman VA - Columbia, Missouri (TBI/PTSD)</td>
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<td>Licensure: Missouri</td>
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<td>Theoretical Orientation: Cognitive Behavioral, Humanistic</td>
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<td>Clinical Interests: PTSD/Complex Trauma; Cognitive Processing Therapy (CPT); Dialectical Behavior Therapy (DBT)</td>
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<td>Teaching Interests: VISN 16 Regional CPT trainer and consultant</td>
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<td>Professional Organizations: American Psychological Association; International Society of Traumatic Stress Studies</td>
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<tr>
<th>Ghormley, Courtney O, Ph.D., ABPP</th>
<th><a href="mailto:courtney.ghormley@va.gov">courtney.ghormley@va.gov</a></th>
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<tbody>
<tr>
<td>Assignment: Home Based Primary Care (HBPC); Assistant Director of Internship Training</td>
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</tr>
<tr>
<td>Education: Hendrix College (B.A., 1997); University of Tulsa (Ph.D., 2004)</td>
<td></td>
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<tr>
<td>Internship: Central Arkansas Veterans Healthcare System (Neuropsychology, 2004)</td>
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<tr>
<td>Postdoctoral Fellowship: University of Arkansas for Medical Sciences (Geriatric Neuropsychology, 2005)</td>
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<td>Licensure: Arkansas</td>
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<td>Board Certification: Geropsychology</td>
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<td>Theoretical Orientation: Flexible/Process; Cognitive Behavioral</td>
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<tr>
<td>Clinical &amp; Teaching Interests: Dementia, Geriatric Neuropsychology, Geropsychology</td>
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<tr>
<td>Research Areas: Dementia, Adult Neuropsychology, Aging</td>
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<tr>
<td>External Activities: APA Council of Representative for Arkansas; Past President of the Arkansas Psychological Association</td>
<td></td>
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<tr>
<td>Professional Organizations: American Psychological Association, APA Council Representative; APA Division 20 (Adult Development and Aging), Arkansas Psychological Association (Past President)</td>
<td></td>
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</tbody>
</table>
**Gibbs, Renee M, Ph.D.**  
renee.gibbs@va.gov  
Assignment: Mental Health Clinic & MHICM; Coordinator for Eating Disorder Treatment Team  
Education: Seattle Pacific University  
Internship: Dutchess County Department of Mental Hygiene, N.Y.  
Postdoctoral Fellowship: CAVHS, Psychosocial Rehabilitation and Recovery Oriented Services  
Licensure: Arkansas  
Theoretical Orientation: Cognitive Behavioral; Integrated; Interpersonal  
Clinical & Teaching Interests: Psychosocial Rehabilitation, Dialectical Behavioral Therapy, Program Development and Evaluation  
Research Areas: International Psychology, Psychosocial Treatment for Psychosis  
Professional Organizations: American Psychological Association, Western Psychological Association Certification: Social Skills Training for Schizophrenia

**Kleitsch, Edward C, Ph.D.**  
edward.kleitsch1@va.gov  
Assignment: Neuropsychology  
Education: University of Notre Dame (Geropsychology, 1981); Illinois School of Professional Psychology (Clinical Psych Respecialization, 1985)  
Licensure: Arizona, Arkansas, Illinois  
Board Certification: Biofeedback (BCIA)  
Theoretical Orientation: Integrative  
Clinical & Teaching Interests: Neuropsychology (Adult), Behavioral Medicine, Clinical Hypnosis, Use of Hypnosis in the Treatment of Cancer & Psychophysiological Disorders, Biofeedback, Geropsychology, Chronic Benign Pain  
Research Areas: Applied Behavior Analysis, Developmental Disabilities, Sexual Behavior and Dysfunction, Prescription Privileges, Geropsychology, Smoking Cessation Treatment Outcomes, Chronic Pain Treatment Outcomes  
External Activities: Private Practice; Member of Arkansas Psychology Board  
Certifications: Accredited Consultant, American Society for Clinical Hypnosis; National Register of Health Service Providers in Psychology
Kolb, Alissa, Ph.D.  
alissa.kolb@va.gov  
Assignment: Physical Medicine and Rehabilitation Service (PM&RS); Education Coordinator for the Psychology Internship Executive Committee  
Education: University of Indianapolis (2013); Texas State University (2005)  
Internship: South Texas Veterans Healthcare System (Geropsychology, 2012-2013)  
Fellowship: Louis Stokes Cleveland VA Medical Center (Rehabilitation Psychology, 2013-2014)  
Licensure: North Carolina  
Theoretical Orientation: Cognitive-Behavioral, Interpersonal  
Clinical & Teaching Interests: Rehabilitation psychology; Adjustment to disability; Cognitive assessment; Spinal cord injury and disorders (SCI/D); Traumatic brain injury (TBI)  
Research Areas: Program development; Measurement of treatment outcomes; Sexual health interventions post-SCI/D; Socio-communication interventions post-TBI  
Professional Organizations: American Psychological Association – Division 22 (Rehabilitation Psychology)

Linson, Lisa McGill, Ph.D.  
lisa.linson@va.gov  
Assignment: Employee Assistance Program Coordinator; Local Evidence Based Psychotherapy Coordinator; CREW Coordinator; Employee Wellness Coach  
Education: University of Missouri, Kansas City (2005)  
Fellowship: University of Arkansas for Medical Sciences (Geriatric Neuropsychology, 2006)  
Licensure: Arkansas  
Theoretical Orientation: Acceptance and Commitment Therapy  
Clinical & Teaching Interests: Multicultural Education; Evidence Based Psychotherapy, Psychoeducation; Organizational Health & Development; Employee Health & Wellness; Stress Management  
Professional Organizations: Arkansas Psychological Association; American Psychological Association; Employee Assistance Professionals Association; Society of Occupational Health Psychology
**Long, James “Chip”, Ph.D., ABPP**

Assignment: Home Based Primary Care (HBPC)

Education: Texas A & M University (2004)

Fellowship: Palo Alto VAMC/Stanford University Medical Center (Geropsychology, 2005)

Licensure: Arkansas

Board Certification: Geropsychology

Theoretical Orientation: Cognitive-Behavioral

Clinical & Teaching Interests: Family Caregiver Stress; Psychological and Behavioral Interventions for Patients with Cognitive Impairment; Neuropsychological Assessment of Dementia

Research Areas: Family Caregiver Stress, Identification and Treatment of Psychological Problems in the Medically Ill

Professional Organizations: American Psychological Assoc, Arkansas Psychological Assoc

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**McCandless, Stephen, Psy.D.**

Assignment: Mental Health Clinic (MHC); Dialectical Behavior Therapy (DBT) Program

Education: Indiana State University (2004)

Licensure: Arkansas

Theoretical Orientation: Cognitive-Behavioral

Clinical & Teaching Interests: Dialectical Behavioral Therapy, Objective Personality Assessment, Neuropsychological Assessment, Program Development

Research Areas: Neuropsychological aspects of ADHD, Dialectical Behavioral Therapy

---

**McCorkindale, Mandy, Psy.D.**

Assignment: Primary Care Mental Health Integration (PCMHI)

Education: University of Arkansas (1995); Forest Institute (2010)

Internship: Wilford Hall Medical Center, United States Air Force

Fellowship: United Stated Air Force, Little Rock Air Force Base

Licensure: Arkansas

Certifications: Association of Pain Management; CPT; PE

Theoretical Orientation: Cognitive-Behavioral Therapy; Acceptance and Commitment Therapy

Clinical & Teaching Interests: Primary Care Health Psychology and Integrated Care; Issues Specific to OIF/OEF Veterans; Women in the Military

Research Areas: ADHD in Primary Care; Military Women’s Issues; HIV in the Military Population

Professional Organizations: Collaborative Family Healthcare Association; Association for Contextual Behavioral Sciences; Arkansas Psychological Association

External Activities: Currently serving in the Arkansas Army National Guard
**Meit, Scott, Psy.D., ABPP**

Assignment: Chief Psychologist
Education: Florida Tech - Psy.D. (1989); West Virginia University - MBA (2005)
Internship: Southern Arizona Veterans Healthcare System
Licensure: Ohio
Board Certification: Clinical Psychology and Clinical Health Psychology
Theoretical Orientation: Cognitive-Behavioral
Clinical & Teaching Interests: Primary Care Health Psychology & Integrated Care
Research Areas: Patient Experience/Perspective of Medical Procedures; Mental Health Stigma
External Activities: Member, APA Committee on Rural Health (term, 2016-2018); Former member, APA Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (CRSPPP); Past representative to APA Council of Representatives
Professional Organizations: APA Fellow; Fellow of DIVs 12 (clinical psychology) and 38 (health psychology); member of APA DIV 18 (psychologists in public service) and DIV 19 (military psychology)

**Mesidor, Marie, Ph.D.**

Assignment: Health Promotion Disease Prevention (HPDP) Program
Education: University of Massachusetts - Boston (M.A., 2001; Ph.D., 2004)
Fellowship: Lynn Community Health Center (1 year) and Center for Psychiatric Rehabilitation, Boston University (2 years)
Licensure: Massachusetts & Arkansas
Theoretical Orientation: Integrative
Clinical & Teaching Interests: Health Promotion, Women’s Health, Mindfulness, Culture, Spirituality, Weight Management, Motivational Interviewing, Acceptance and Commitment Therapy
Research Areas: Health promotion, Health access and integration for individuals with serious mental illness
Professional Organizations: Arkansas Psychological Association, Division 38, Health Psychology & Division 18, Psychologists in Public; Association of VA Psychologist Leaders; American Psychological Association; Arkansas Association of Black Psychology Professionals
**Milwee, John B, Psy.D**

Assignment: Mental Health Clinic (MHC)
Education: Philadelphia College of Osteopathic Medicine
Licensure: Arkansas
Theoretical Orientation: Cognitive-Behavioral
Clinical & Teaching Interests: Cognitive Behavioral Therapy (CBT), Mindfulness, Dialectical Behavior Therapy (DBT)
External Activities: Instructor for Psychiatric Research Institute’s Psychotherapy Seminars, Medical Resident Training in CBT and Behavior Therapy
Professional Organizations: Arkansas Psychological Association

**Moore, W. Mark, Ph.D.**

Assignment: PTSD Clinical Team (PCT); Student Veteran Psychologist; Vet Center Liaison
Education: University of Arkansas – Fayetteville (1992)
Licensure: Arkansas
Theoretical Orientation: Cognitive-Behavioral
Clinical & Teaching Interests: PTSD, Cognitive Processing Therapy, Self-Defeating Behaviors, Defense Styles, Quality of Life, Use of Repeated Measures in Treatment, Telemental health
External Activities: Former Virtual Instructor of Psychology (Internet), Ouachita Technical College, University of Arkansas at Little Rock, Arkansas Psychological Association, Former Coordinator of Continuing Education
Professional Organizations: Arkansas Psychological Association; International Society for Traumatic Stress Studies

**Newman, Sarah, Psy.D.**

Assignment: Director of Psychosocial Rehabilitation and Recovery Center (PRRC)
Education: Wright State University (2010)
Fellowship: CAVHS, Postdoctoral Fellowship in Psychosocial Rehabilitation and Recovery Oriented Services (2010-2011)
Licensure: Arkansas
Theoretical Orientation: Integrative
Clinical & Teaching Interests: Psychosocial rehabilitation of severe mental illness, stigma, multicultural studies with emphasis on gender
Research Areas: Stigma towards serious mental illness, Impact of peer support on recovery in veterans with serious mental illnesses
External Activities: Adjunct Instructor, University of Arkansas at Little Rock
Professional Organizations: American Psychological Association
Pepper, Shanti, Ph.D.  
shanti.pepper2@va.gov  
Assignment: PTSD Clinical Team (PCT); MST Coordinator  
Education: Pennsylvania State University (Ph.D., 2009)  
Fellowship: The Ohio State University (2010) and PTSD Postdoctoral Fellowship at The Central Arkansas Veterans Health Administration (2011)  
Licensure: Arkansas  
Theoretical Orientation: Integrative  
Clinical Interests: PTSD/Complex Trauma; Military Sexual Trauma; Holistic Mental Health Interventions, Yoga, Diversity Issues in Therapy (LGBT, Racial/Ethnic, Ability, SES, Religion, etc.); Eye Movement Desensitization and Reprocessing (EMDR); Acceptance and Commitment Therapy (ACT); Mindfulness-Based Psychotherapy; Dialectical Behavior Therapy (DBT); Cognitive Processing Therapy (CPT)  
Research Areas: Complementary and alternative approaches to mental health treatment; effectiveness of evidence-based PTSD treatment; diversity issues  
Professional Organizations: Arkansas Psychological Association, EMDRIA

Pope, Caryanne, PhD, ABPP  
caryanne.pope@va.gov  
Assignment: Geriatric Neuropsychology  
Education: University of Georgia at Athens (2007)  
Licensure: Arkansas; Wisconsin  
Board Certification: Geropsychology  
Theoretical Orientation: Cognitive-Behavioral; Health Psychology; Interpersonal Therapy  
Clinical & Teaching Interests: Cognitive and Psychological Testing, Medical Consultation, Behavioral Management  
Research Areas: Alexithymia; PTSD; Geriatric Psychology; Nonpharmacological Interventions for Challenging Patient Behaviors; Dementia & Decision Making Capacity Evaluation  
External Activities: Conduct Compensation & Pension Evaluations for VA Regional Office  
Professional Organizations: Arkansas Psychological Association; American Psychological Association

Powers, Cheralyn H, Ph.D.  
cheralyn.powers@va.gov  
Assignment: Psychological Consultation & Liaison; Mental Health Service  
Education: University of Southern Mississippi (1986)  
Licensure: Arkansas  
Theoretical Orientation: Cognitive Behavioral  
Clinical & Teaching Interests: Behavioral Medicine  
Research Areas: Dyseidetic Learning Disorder in Children with Hydrocephalus  
Professional Organizations: American Psychological Association
**Pruneau, Genevieve, Ph.D.**  
**genevieve.pruneau@va.gov**  
**Assignment:** PTSD Clinical Team (PCT); Asst Director of Fellowship (PSR Track)  
**Education:** Auburn University (Ph.D. 2010, M.S. 2008)  
**Internship:** Boston Consortium (2010)  
**Fellowship:** Edward Hines Jr. VA (2011), PTSD/SUD Fellow  
**Licensure:** Arkansas  
**Theoretical Orientation:** Cognitive-Behavioral  
**Clinical & Teaching Interests:** PTSD, Prolonged Exposure, Cognitive Processing Therapy, Moral Injury, Mindfulness, Motivational Interviewing, Program Evaluation  
**External Activities:** Assistant Professor of Psychiatry, University of Arkansas for Medical Sciences  
**Professional Organizations:** International Society for Traumatic Stress Studies

**Pugliese, Gabrielle N, Psy.D.**  
**gabrielle.pugliese@va.gov**  
**Assignment:** Substance Use Disorders (SUD) Program  
**Education:** The California School of Professional Psychology at Alliant International University (M.A., 2015; Psy.D., 2017)  
**Internship:** Central Arkansas Veterans Healthcare System – General Track  
**Licensure:** Pending  
**Theoretical Orientation:** Psychodynamic, Integrative  
**Clinical & Teaching Interests:** Substance use disorders; PTSD; MST; Personality assessment; Process oriented groups  
**Research Areas:** Effects of PTSD on active duty military/Veteran spouses; Vicarious traumatization; Military/Veteran couples therapy  
**Professional Organizations:** American Psychological Association (Div. 19 - Military Psychology; Div. 56 - Trauma Psychology); Western Psychological Association

**Raducha, Stephanie, Psy.D.**  
**stephanie.raducha@va.gov**  
**Assignment:** PTSD Clinical Team (PCT)  
**Education:** Alliant International University, San Diego (Psy.D., 2016)  
**Internship:** CAVHS (2016)  
**Licensure:** Pending  
**Theoretical Orientation(s):** CBT  
**Clinical & Teaching Interests:** PTSD, PE, CPT, DBT, Moral Injury  
**Research Areas:** Moral Injury  
**Professional Organizations:** APA
**Reeder, Kevin, Ph.D.**

Assignment: PTSD Clinical Team (PCT), PTSD-SUD Specialist

Education: Tennessee State University (2005)


Fellowship: Kansas City Veterans Affairs Medical Center (2006)

Licensure: Arkansas

Theoretical Orientation: Cognitive Behavioral

Clinical & Teaching Interests: PTSD, Co-Occurring Disorders, Returning Veterans Readjustment Issues, Spirituality and Psychotherapy, Prolonged Exposure Therapy, Seeking Safety, Crisis Negotiations

Professional Organizations: Association of VA Psychologist Leaders, Arkansas Psychological Association, International Society of Traumatic Stress Studies

External Activities: Consultant/Trainer, Prolonged Exposure Therapy Dissemination Project, National Center for PTSD, Dissemination and Training Division, Senior Trainer, Seeking Safety, and Adjunct Faculty, Department of Psychiatry and Behavioral Sciences, University of Arkansas for Medical Sciences, Secretary, Arkansas Psychology Board, Special Advisor, Songwriting with Soldiers, consultant to local and state law enforcement in the area of Veterans’ mental health issues

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**Roca, J. Vincent, Ph.D.**

Assignment: PTSD Clinical Team (PCT); Mental Health (SeRV-MH) Program Director

Education: University of Mississippi (1994)

Licensure: Arkansas

Theoretical Orientation: Behavior Analysis

Clinical & Teaching Interests: PTSD, Community-Based Workshops, Acceptance and Commitment Therapy, Relational Frame Theory

Research Areas: PTSD, Acceptance and Commitment Therapy, Treatment Outcomes

External Activities: PTSD Mentor for VISN 16, VISN Lead for PTSD workgroup, National Centers for PTSD (NCPTSD) Dissemination and training Division Affiliate, and Adjunct Assistant Professor at the University of Arkansas for Medical Sciences Department of Psychiatry

Professional Organizations: Association for Behavior Analysis and Association for Contextual Behavioral Science
Rookey, Craig P., Ph.D.
Assignment: Substance Use Disorder (SUD) Program Manager; Emergency Medical Response Team
Education: University of Arkansas (1988)
Licensure: North Carolina
Theoretical Orientation: Eclectic; Learning Theory Application
Clinical & Teaching Interests: Vocational Rehabilitation, Substance Abuse, Fear, Depression, Anger, PTSD, Individual and Group Psychotherapy, Personality Disorders, Ethics
Research Areas: Prediction of Treatment Success, Program Evaluation, Patient-Treatment Matching
External Activities: Instructor of Psychiatry, University of Arkansas for Medical Sciences
Professional Organizations: Arkansas Psychological Association
Certification: Certified Psychiatric Rehabilitation Trainer

craig.rookey@va.gov

Siegel, William E., Ph.D.
Assignment: Primary Care; Compensation and Pension (C&P) Program Manager
Education: Oberlin College (1974); Florida State University (1978)
Licensure: Arkansas
Theoretical Orientation: Cognitive-Behavioral
Clinical & Teaching Interests: Assessment, Attention Deficit Disorders, Cognitive-Behavioral Therapy
External Activities: Former Chair, Arkansas Board of Examiners in Psychology

william.siegel2@va.gov

Simoneaux, Byron, Ph.D.
Assignment: Primary Care; Compensation and Pension (C&P)
Education: Northwestern State University of Louisiana (B.A.); Louisiana Tech University (M.A.; Ph.D.; [2012])
Internship: Central Arkansas Veterans Healthcare System
Licensure: Arkansas
Theoretical Orientation: Cognitive Behavioral, Interpersonal
Clinical & Teaching Interests: Posttraumatic Stress, Cognitive Processing Therapy, Deception/Non-Disclosure in Supervision and Psychotherapy
Research Areas: Deception, Inference of Lies, Cognitive Deception Detection
Professional Organizations: American Psychological Association, Louisiana Psychological Association

byron.simoneaux@va.gov
Viverito, Kristen, Psy.D.
Assignment: Acute Inpatient Psychiatry
Education: University of Indianapolis
Internship: Gulf Coast Veterans Health Care System
Fellowship: CAVHS, Psychosocial Rehabilitation and Recovery for Veterans with Serious Mental Illness (one year fellowship) in 2010; The Center for Mental Health and Outcomes Research at CAVHS, Health Services Research and Development (three-year research and clinical fellowship) from 2011-2013
Licensure: Kansas
Theoretical Orientation: Cognitive-Behavioral, Interpersonal
Clinical & Teaching Interests: Serious Mental Illness, Recovery and Rehabilitation
Research Areas: Improving the physical health of Veterans with SMI
Professional Organizations: Association of VA Psychology Leaders

White, Jerry Glen, Ph.D.
Assignment: Mental Health Services; Recovery Coordinator
Education: University of Southern Mississippi (1981, 1984)
Licensure: Arkansas
Theoretical Orientation: Integrative
Clinical & Teaching Interests: Family services; Serious Mental Illness; Professional Training and Development; Effectiveness of Psychosocial Interventions
External Activities: Adjunct Faculty, Department of Psychiatry and Behavioral Sciences, University of Arkansas for Medical Sciences; Accreditation Site Visitor for the American Psychological Association
Professional Organizations: American Psychological Association, Arkansas Psychological Association (Fellow, Board Member)

Wilson, Jennifer, Psy.D.
Assignment: Hospice & Palliative Care
Education: Nova Southeastern University (2016)
Internship: Baylor Scott & White Health (Health/Mental Health Emphasis)
Fellowship: Central Arkansas Veterans Healthcare System (Clinical Psychology/PSR)
Licensure: Pending
Theoretical Orientation(s): Integrative, Cognitive behavioral, Humanistic, Interpersonal
Clinical & Teaching Interests: Anxiety disorders, Exposure therapies, Palliative Care, Pre-surgical evaluations, Integrative/complementary medicine, Chronic pain; Resilience among military families
Research Areas: Defensive pessimism; Health behaviors/motives
Professional Organizations: Arkansas Psychological Association, American Psychological Association, Florida Psychological Association