# Community Resources List

<table>
<thead>
<tr>
<th>Category</th>
<th>Resource</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td><strong>Emergency (Ambulance/Fire/Police)</strong></td>
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<td>911</td>
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<td><strong>Adult Abuse</strong></td>
<td>Adult Protective Services</td>
<td>1-800-482-8049</td>
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<tr>
<td><strong>AIDS/HIV/STDs</strong></td>
<td>Center for Disease Control (CDC) National Prevention Information Network</td>
<td>1-800-458-5231</td>
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<tr>
<td></td>
<td>National AIDS Hotline</td>
<td>1-800-342-AIDS (2437)</td>
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<td></td>
<td></td>
<td>1-800-243-7889 (TTY)</td>
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<td>Spanish: 1-800-344-SIDA (7432)</td>
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<td></td>
<td>National Sexually Transmitted Disease Hotline</td>
<td>1-800-227-8922</td>
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<td><strong>Children</strong></td>
<td>Adoption Hotline</td>
<td>1-800-345-KIDS (5437)</td>
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<td></td>
<td>Child Abuse Hotline</td>
<td>1-800-482-5964</td>
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<tr>
<td></td>
<td>Arkansas: 1-800-25-ABUSE (22873)</td>
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<td>National: 1-800-4ACHILD (422-4453)</td>
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<td>1-800-2-A-CHILD (TTY)</td>
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<td></td>
<td>Juvenile Justice &amp; Delinquency Prevention</td>
<td>1-800-638-8736</td>
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<td>National Center for Missing &amp; Exploited Children</td>
<td>1-800-843-5678</td>
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<td>National Youth Crisis Hotline</td>
<td>1-800-442-HOPE (4673)</td>
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<td><strong>Domestic Violence</strong></td>
<td>Arkansas Coalition Against Domestic Violence</td>
<td>1-800-269-4668</td>
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<td></td>
<td>Domestic Violence Hotline</td>
<td>1-800-829-1122</td>
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<td>National Domestic Violence Hotline</td>
<td>1-800-799-SAFE (7233)</td>
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<td></td>
<td>1-800-787-3224 (TTY)</td>
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<td></td>
<td>Women &amp; Children First Hotline</td>
<td>1-800-332-4443</td>
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<td><strong>Eating Disorders</strong></td>
<td>National Association of Anorexia Nervosa &amp; Associated Disorders (ANAD)</td>
<td>1-847-831-3438</td>
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<td>National Mental Health Association</td>
<td>1-800-969-6642</td>
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<td><strong>Elderly</strong></td>
<td>Alzheimer's Association Hotline</td>
<td>1-800-621-0379</td>
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<td>Clearinghouse on Abuse &amp; Neglect of the Elderly</td>
<td>1-302-831-3525</td>
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<td>Elder Abuse Hotline</td>
<td>1-800-252-8966</td>
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<td>National Center on Elder Abuse</td>
<td>1-202-682-2470</td>
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<td><strong>Grief</strong></td>
<td>AARP Grief Support</td>
<td>1-866-797-2277</td>
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<td>National Grief Support Hotline</td>
<td>1-800-445-4808</td>
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**Health**
American Cancer Society Cancer Response Team 1-800-227-2345
American Diabetes Association 1-800-DIABETES
Arthritis Foundation Support Group 1-800-482-8858
Cancer Information Service 1-800-422-6237
Healthcare for Uninsured/Low Income in AR 1-800-950-8233
Medicare 1-800-238-8379 1-800-633-4227
Supplemental Security Income (SSI) 1-800-772-1213

**Interpreters**
Arkansas Relay Services (hearing impaired/deaf) 1-800-285-1131
Deaf Relay 1-800-322-5580
Language Line Services (non-English) 1-800-628-8486 1-800-752-6096

**Legal Assistance**
Crime Victims Reparations Board 1-800-448-3014
National Institute of Justice 1-800-851-3420
Center for Arkansas Legal Service 1-800-950-5817

**National Alliance on Mental Illness** 1-800-844-0381 1-877-227-0007 (info line)

**Parents**
Parent Hotline 1-800-840-6537
Parent Support Line 1-888-281-3000

**Poison Control** 1-800-3-POISON 1-800-362-9922 1-800-662-9886

**Rape/Sexual Assault**
National Sexual Assault Hotline 1-800-656-HOPE (4673)
National Victim Center 1-800-FY1-CALL (394-2255)
Rape Crisis Hotline 1-800-813-5433

**Runaway/Exploited Children**
Missing Children Network 1-800-235-3535
National Hotline for Missing & Exploited Children 1-800-843-5678
National Runaway Switchboard 1-800-621-4000
Child Find of America 1-800-IAMLOST (426-5678)
Parent Abduction Hotline 1-800-292-9688

**Substance Abuse**
Alcohol and Drug Helpline 1-800-821-4357
The Alcohol & Drug Addiction Resource Center  1-800-390-4056
Narcotics Anonymous      1-800-467-1683
National Cocaine Hotline     1-800-COCAINE (262-2463)
National Drug Information Treatment & Referral Hotline 1-800-662-HELP (4357)
Alcohol Abuse & Crisis Intervention  1-800-234-0246
Alcohol and Drug Abuse Helpline & Treatment 1-800-234-0420
Alcohol Hotline Support & Information 1-800-331-2900
Mothers Against Drunk Driving (MADD) 1-800-228-7762

Suicide
National Suicide Hotline 1-800-SUICIDE (784-2433)
National Suicide Prevention Lifeline 1-800-273-TALK (8255)
(Veterans press "1")

Helpful CAVHS Extensions

Adult Day Health Care (ADHC)
NLR, 122A, x 73340

Arkansas Hospice
Arkansas Hospice Unit 3H, 3H-NLR, x73500

Audiology & Speech Pathology Service
Audiology & Speech Pathology Svc (LR) x75250
Audiology & Speech Pathology Svc (NLR) x71085

Canteen Service
Barber Shop – NLR, Henry Haywood, VCS/LR 72137
Canteen Service Office NLR, Brenda Noles, VCS/NLR 72130
Canteen Service Office – LR, Jessica Cash, VCS/LR 75281

Central Business Office
Eligibility Center - LR x75715
Eligibility Center – NLR x72614
Family Representative x75761
Outpatient Clinics LR x55655
Outpatient Clinics NLRx72056
Patient Expeditor x75714
Records Transfer Clerk x72562
Release of Information x75696

Admissions Clerk x75710
Consult Liaison x75694
Eligibility Center Supervisor (LR) x75711
Eligibility/Long Term Care x75910
Emergency Room x75714
Family Representative x75761
Front Counter - Green Atrium x75715
Lead Pt Svcs Asst - Helpline x75667
Means Test/Co-pay/Pt Travel x75715
Patient Expeditor x75714
Registration/Update x75715
VA Helpline x75656
Admissions/Eligibility- NLR x72614
Means Test x72614
Patient Funds x72624
Patient Travel Pay x72624

Chaplain Services
Chaplain Services NLR, 125/NLR x72151
Little Rock Campus
Chaplain, John Lewis, 125/LR, x75293
Chaplain, Wayne West, 125/LR x75291
North Little Rock Campus
Chaplain, Silas Redd, 125/NLR x 72154

Childrens First Childcare Center
Childrens First Childcare Center, CC, x72187
**Credit Union**
Joan Patrick, CU/NLR, x72175  
Vicki Pettit, CU/NLR, x72173  
Cathy Flatt, CU/NLR, x72177  
Credit Union - LR  
Billie Hammock, CU-LR, x55345  
Debbie Partridge, CU-LR, x55346  
Karen York, CU-LR, x75347  
Taneesha Broady, CU-LR, x55346

**Dental Service**
Dental Service x72197; x72200

**Education & Development Service**
Education & Development Svc, 14A/NLR, x72342

**Geriatric & Extended Care Service**
Inpatient GEM - 3C, Jeffrey(Scott) Cheek  
APN, 1B112/NLR x72039  
Medical Clerk, 1B112/NLR, x72836

**Nursing Home Care Unit (NHCU)**
Assoc Chf Ns Extended Care, Judy Cook  
RN, 118/NLR, x72786  
Social Work Group Leader, 112A/NLR, x73343  
Unit 1B Clerk, 118/NLR, x72836  
Unit 1D Clerk, 118/NLR, x72838  
Unit 1E Clerk, 118/NLR, x72839

**Outpatient GEM & Geriatric Primary Care**
Charge Nurse, Pam Capel, 94B/NLR, x72181  
Clinic Clerk, 94B/NLR, x72061

**Geriatric Research, Education, & Clinical Center (GRECC)**
GRECC Service x72503  
Geriatric Clinical Research Unit - 3J NLR  
Director, Dennis H Sullivan, 3J/NLR, x72046  
Project Coordinator, Melinda Bopp, x3J/NLR x72045

**Home Health Care**
Home Based Primary Care Program -LR  
Office, 11HC/LR, x75080  
HOMEMAKER/Home Hlth Aide Program, 11HC/LR, x75080

**Learning Resources Service**
Library LR, 142D, x75620  
Library NLR, 142D, x72550  
Media Resources, x75615  
Patient Education, x 75621

**Medical Service**
Blood Gas Lab/LR, x55825  
Blood Gas Lab/NLR, x72675  
Cardiology 75795  
Dermatology 75757  
Diabetes Ed. Clinic/LR 75815  
Diagnostic Unit 75775  
Dialysis 75822  
Endocrinology 75814  
Gastroenterology 75776  
Heart Station/LR 55836  
Hematology/Oncology 74542  
Holter Monitoring 55837  
Infection Control 75839  
Med Svc Firm A and B 75861  
Medicine Office 75866  
Medicine/NLR 72679  
Oncology Outpatient Clinic 54749  
Pulmonary 75786  
Pulmonary Function 55834  
Renal 75824  
Residency Coordinator 75759  
Respiratory Care/LR 55828  
Respiratory Care/NLR 72675  
Rheumatology 75660  
Treadmill Stress Testing 55861

**Mental Health**
Administrative Assistant, 116F2, 73161  
Case Manager, David Wright, 116-2H, 73471  
Crisis Phone, 116F2, 73229  
Detox Program Unit 3L, 116E, 52780
Intensive Outpatient Prog1J, 116E, 73215
MHC 1L, 116F2, 73131
MHC 1L Annex, 116F1, 73212
MHC 2H Program, 116-2H, 73468
MHC Outreach Program, Lisa Martone, 116F1, 73142
Outpt Rehab Program Unit 1K, 116E, 73212
RRTP Unit 2D, 116-2D, 72305
RRTP Unit 2E, 116-2E, 72315
RRTP Unit 2K, 116-2K, 55747
RRTP Unit 2L, 116-2L, 72318
Vocational Rehabilitation, 116B, 71668

Nursing Service
Nursing Service, 76150 or 72250
Ward 1B NLR NHCU/GEM, 52706
Ward 1D NLR NHCU, 52716
Ward 1E NLR NHCU, 72250
Ward 2B LR Operating Room, 76813
Ward 2B LR PACU, 76839
Ward 2C LR SICU, 74650
Ward 2C NLR ADHC, 72032
Ward 2E LR Amb. Surgery, 76880
Ward 3B NLR Geri. Primary Care, 72841
Ward 3C NLR NHCU/Rehab, 72836
Ward 3D NLR Primary Care, 72838
Ward 3E NLR Primary Care, 72639
Ward 4B LR Medicine, 74653
Ward 4C LR Ortho/Eye/IMED, 74656
Ward 5B LR Recovery Room, 76830
Ward 5D LR CCU, 74659
Ward 5D LR MICU, 74660
Ward 5E LR Gen Med/CTU, 74662
Ward 5E LR Step Down#1, 74855
Ward 5E LR Step Down#2, 74521
Ward 5E LR Step Down#3, 74845
Ward 6B LR Dialysis, 75822
Ward 6C LR Oncology, 74669
Ward 6D LR Medicine, 74673
Ward Transportation, 72032

Nutrition & Food Service
Nutrition & Food Svc (LR), 76283
Nutrition & Food Svc (NLR), 72880
Patient Lodging Unit - 4D, 4D/LR, 76936
Primary Care Nutrition Clinic/LR, 76760
Primary Care Nutrition Clinic/NLR, 72017

Patient Care Services
Patient Representative, Lesia Broady, 003/LR, 55414
Patient Representative, Cheryl Grant, 003B/LR, 72195
Patient Representative, Dale Rowland, 003A/LR, 55413
Patient Representative, Anthony Tabieros, 003D/NLR, 55415

Pharmacy Service
Pharmacy Service, 76330

Physical Medicine & Rehab Services
Occupational Therapy/LR, 117/LR, 76414
Physical Therapy/LR, 117/LR, 76414
Kinesiotherapy/Inpatient/NLR, 117/NLR, 72989
Kinesiotherapy/Outpatient/NLR, 117/NLR, 73020
OT/Inpatient/NLR, 117/NLR, 73016
OT/Outpatient/NLR, 117/NLR, 72978
PT Clinic/Inpatient/NLR, 117/NLR, 73016
PT Clinic/Outpatient/NLR, 117/NLR, 72978

Police Service
Police LR & NLR, 76550
Police Emergency, 644

Primary Care
Appointment Center, 11C5/NLR, 73999
Emergency Medicine (ER), 11C/LR, 55055
3E NLR, 11C3/NLR, 72625
Women's Primary Care Clinic, 11C5/NLR, 55664
Women's Primary Care Clinic, 11C4/NLR, 75049

Social Work Service
Social Work Service / LR, 76740
Social Work Service / NLR, 73304

Spinal Cord Injury, 73309
Veterans Service Organization
DAV Service Officer, Tom Nash, DAV1E14, 76992
DAV Transportation Network Officer, Jerry Kinney, DAV1E13, 76991

Services for Persons with Mental Illness
Little Rock Community Mental Health/Sobering Center  (501) 686-9393
4601 W. 7th Little Rock, AR 72205
Shelter for indigent and others who need detox

Mental Health Centers in the state of Arkansas:

- For a list of all the mental health centers in the state of Arkansas, covering all counties, go to the directory at:

Little Rock area MHC’s include:
Professional Counseling Associates
3601 Richards Road, North Little Rock, Arkansas 72117
Office (501) 221-1843 • Fax (501) 221-2376 • www.pca-ar.org

Birchtree Communities
1718 Old Hot Springs Highway, Benton AR 72019
501-315-3344 • Fax: 501-315-1388 • www.birchtree.org

Counseling Associates, Inc.
350 Salem Rd., Suite 9 • Conway, AR 72034
501-327-4889 • Fax 501-327-4492
24-Hour Crisis Line: 800-844-2066; www.caiinc.org

Arkansas Health Center, 501-860-0500
The Arkansas Health Center offers nursing home care to the citizens of Arkansas who require specialized services not provided in most community facilities. Admission priority is given to individuals requiring a combination of mental health and nursing care services. Sources of payment are Medicaid and private pay.

Arkansas State Hospital, 501-686-9000
The Arkansas State Hospital is a psychiatric inpatient treatment facility for those with mental or emotional disorders which include 90 beds for acute psychiatric admission; a 60-bed forensic treatment services program which offers assistance to circuit courts throughout the state; a 16-bed adolescent treatment program for youth 13-18; and a program for juvenile sex offenders.

Children’s Medical Services, (501) 682-2277
This program serves children with chronic illness, handicapping conditions, or special health care needs. An application for assistance can be made at any DHHS County Office or at Arkansas Children’s Hospital. CMS determines financial and medical eligibility. CMS nurses, social workers, and medical secretaries housed in 22 community-based offices provide resource
and referral information. They also offer case management and assistance in paying for limited eligible services.

**Early Childhood Program, 1-800-643-8258**
The Early Childhood Program assists in provision and coordination of services to over 2,500 children ages three to six years with a diagnosis of developmental disability or developmental delay. The program also offers center-based rehabilitative services to children ages three to five years. Services are provided as a result of a multi-disciplinary team decision in accordance with a program plan.

**Integrated Supports, (501) 682-7845**
Integrated Supports offer a variety of services to children and adults, based on individual needs, and are provided by local DDS community providers. These are services that enable people to remain in their communities and reduce the need for institutionalization.

**Services Coordination for Persons with Developmental Disability/Delay, (501) 682-8678**
Local DHHS staff provides assistance to approximately 6,000 adults and children with developmental disability or developmental delay and their families. These staff conduct information intake, make eligibility determinations, provide case coordination, make service referrals, secure crisis intervention, assist individuals as they make life-changing transitions, and conduct follow-along with persons regarding further needs.

**Together We Can, (501) 782-4555**
Together We Can (TWC) is a multi-agency, multi-departmental program that is available in 26 counties. It provides services to children who have multiple needs but have been unsuccessful in services provided in the past. TWC services address intense emotional, interpersonal, or behavioral challenges, a lack of success in traditional services, the need for services from multiple agencies, and the desire to remain in the community.

**State Operated Residential Services, (501)-682-8678**
Human Development Centers located in Alexander, Arkadelphia, Booneville, Conway, Jonesboro, and Warren provides services to persons with developmental disabilities and/or mental retardation. Services include residential, habilitation/rehabilitation, medical, social work, occupational, physical, and speech therapies, psychology, and community development and outreach services.

Alexander Human Development Center, Alexander, Arkansas, 501/ 847-3506
Arkadelphia Human Development Center, Arkadelphia, Arkansas, 870/ 246-8011
Booneville Human Development Center, Booneville, Arkansas, 479/ 675-2121
Conway Human Development Center, Conway, Arkansas, 501/ 329-6851
Jonesboro Human Development Center, Jonesboro, Arkansas, 870/ 932-5231
Southeast Arkansas Human Development Center, Warren, Arkansas, 870/ 226-6774
**Additional Services Available to Mentally Ill Arkansans**

(Call 877-227-0007 for additional information)

**Inpatient**
A full range of short-term intensive treatment (often in local hospitals).

**Outpatient Counseling (Individual and Group)**
Treatment for individuals by various methods, including medication, if necessary.

**Emergency**
24-hour emergency mental health services via telephone, walk-in and referrals.

**Partial Hospitalization**
Intensive outpatient counseling provided in a structured setting in which the client returns home in the evening. Seeks to prevent hospitalization.

**Residential Services**
Treatment and supervision of various residential settings ranging from group homes to independent living.

**Day Treatment**
A more structured form of outpatient services to assist clients with developing and maintaining the daily living skills needed for community living.

**Prevention**
Services provided within the community to reduce and prevent the occurrence of mental/emotional disorders.

**Consultation and Education**
Services designed to assist the community with education about emotional disorders.

**Specialized Programs for Adults with Serious Mental Illness**
A comprehensive array of community support services to assist individuals to remain in the community and function effectively in their daily lives. Services include case management and psychosocial rehabilitation day services.

**Specialized Programs for Children with Serious Emotional Disturbance**
Interagency service coordination, short-term crisis intervention, wraparound services.

**Screening and Follow-up**
Services provided prior to and after hospitalization to determine the most appropriate treatment intervention.

**Forensic Services**
Conducts the court-ordered evaluation to determine issues of competency and responsibility. Provides inpatient treatment and monitoring of those individuals acquitted through the court system.