

Primary Care Mental Health Integration Clinic:

Primary Care includes family members as desired in Assessments, Brief Problem-Focused Counseling, Brief Couple's Counseling, and a Healthy Living Group series (including a quarterly group on Family and Relationship issues) that encourages family attendance with the Veteran. Contact 501-257-3925.

Caregiver Support program:

We support Caregivers of Veterans, our partners in ensuring the best care of Veterans. We provide a wide range of services to Caregivers of eligible Veterans of all eras. For more information please call 501-257-2123.



Mental Health Clinic:

We offer individual, couples and family therapy (includes veterans, partners, and children ages 3-18) for veterans. Couples meet with a therapist by themselves or as part of a couples group. We also offer some support for family members, including parenting. For information, call Bobby Linville LCSW at 501-257-3456.

Approved by the Veterans Health Education Committee, July 2010



Eugene J. Towbin Healthcare Center
2200 Fort Roots Drive
North Little Rock, AR 72114



John L. McClellan Memorial Veterans Hospital
4300 West 7th Street
Little Rock, AR 72205

Suicide Prevention Program We provide education and outreach to Veterans and families throughout the community, as well as CAVHS staff, while monitoring high risk patients and ensuring they receive appropriate follow-up care after expressing suicidal ideations or attempting suicide. For information call 501-257-3094



Strengthening Veterans through Family Support



CAVHS Family Services & Resources for Veterans and their families

“Family” means anyone to whom you feel close and who supports you!



For more information about Mental Health Services (MHS) at CAVHS, go to the CAVHS intranet site at: <http://vaww.little-rock.med.va.gov/MentalHealth/index.htm>

Our Mission is Simple...

Research shows that helping the family is a key part of supporting our Veterans. The VA is committed to provide family services and support. Many of our programs help to meet the Veteran's needs and the needs of their family, friends and other sources of support.

We are providing you with this summary of CAVHS programs. These programs offer help for Veterans and their families. For more information on any of these programs, contact the phone number listed for that program.



How to register for services at CAVHS:

Veterans wishing to use services at CAVHS should call Eligibility at 501-257- 5656 and ask for help getting registered to receive services. Be sure to have your DD-214 form handy when you call.

Substance Use Disorder (SUD) Program

Family support is extremely important for Veterans enrolled in substance abuse treatment. The outpatient SUD program offers Behavioral Family Therapy (BFT), Multi-family Group Therapy (MFGT; open to non-SUD Vets, families), couples groups and a family support group. For more information, contact Craig Rookey, PhD at 501-257-3214.

Veterans 4 Veterans: Psychosocial Rehabilitation and Recovery Center

PRRC offers individual and group treatment in addition to family consultation, family therapy and couples therapy to Veterans enrolled in the program. Please contact Sarah Newman, Psy.D. at 501-257-1513 for more information about program eligibility requirements.

Recovery-Oriented Family Services

In collaboration with other programs, we offer brief consultation, education & referral for Veterans seeking help with family, couples and parenting issues. We also help families learn how to assist Veteran family members to cope with mental illness. For information contact : J. Glen White, PhD at 501-257-3498.



Vet Center

We provide a variety of counseling services to Veterans and their families, including:

- Individual and Group Counseling
- Military Sexual Trauma (MST) & Harassment Counseling
- Bereavement counseling for families who experience an active duty death
- Marriage and Family Counseling

Please call 501-324-6395 to schedule an appointment; daytime & evening appointments available.

MOVE!

The MOVE! Weight Management program encourages Veterans to bring family to MOVE! appointments for support, especially those who help with cooking and shopping. Veterans must be under 70 years of age and have a Body Mass Index (BMI) of 25 or higher. Contact Alison Jones, RD,CSG,LD, at 501-257-6200.



Comprehensive Homeless Center

The Drop-in Center is located at 1000 Main Street in Little Rock. It offers housing solutions and other services for Veterans and their families. Contact Lynn Hemphill at 501-244-1900.