

VETERANS  
ADMINISTRATION  
AMENDED  
MOTTO

*“To care for him  
who shall have  
borne the battle,  
and for his widow,  
and his orphan”-by  
serving and  
honoring the men  
and women who  
are America’s  
Veterans.*

HELPFUL TELEPHONE  
NUMBERS

CAVHS Main Number:  
501-257-1000

Primary Care :  
501-257-5656

Suicide Hotline:  
1-800-273-8255

RRTP Unit 2L:  
501-257-7318

RRTP Unit 2E:  
501-257-2798

RRTP Unit 2J/K:  
501-257-2305

If you are seen in a VA clinic  
you may receive a referral  
from your provider or  
through self- referral  
at 501-257-2300



**RESIDENTIAL  
REHABILITATION  
TREATMENT  
PROGRAM  
CENTRAL ARKANSAS  
VETERANS  
HEALTHCARE SYSTEM**



2200 Ft. Roots Drive  
North Little Rock, AR

## HOMELESS RRTP

**The homeless RRTP provides a residential level of care for a homeless Veteran population. It is a 24-hours per day, 7 days per week structured and supportive residential environment and part of a rehabilitative treatment program. It is located on station at Central Arkansas Healthcare Systems, North Little Rock Division, building 170 units 2J and 2K.**

**Veterans may self refer for MH RRTP services or be referred from other programs, both within and outside the VA. Services are provided by psychiatrist, psychologist, advanced practice nurse, social workers, occupational & recreation therapists**

## MH RRTP PHILOSOPHY

1. We believe all individuals have value
2. We believe individuals have the capacity to learn, grow, and change.
3. We believe all persons shall be treated with dignity and respect regardless of their current or past choices..
4. We believe in providing opportunities for change that are life enhancing.
5. We believe there is a distinction between the value of a person and their behavior choices.
6. We believe that addiction and other mental illnesses have relapsing components and their recovery will often involve setbacks.
7. We believe that setbacks often afford opportunity for growth.
8. We believe that treatment needs to be individualized.
9. We believe in providing patient-centered services.
10. We believe in promoting an environment that eliminates labeling and discrimination.
11. We believe in providing a functional and safe environment for residents
12. We believe it is our responsibility to reduce barriers for those seeking treatment and continuing care.
13. We believe it is our responsibility to strive to improve services.

## PROGRAM COMPONENTS:

- VOCATIONAL REHABILITATION
- INCENTIVE THERAPY (IT)
- COMPENSATED WORK THERAPY (CWT)
- OCCUPATIONAL THERAPY (OT)
- RECREATIONAL THERAPY (RT)
- KINESIOTHERAPY (KT)
- COUNSELING PSYCHOLOGY
- SOCIALIZATION
- EDUCATIONAL CLASSES
- THERAPEUTIC GROUPS
- MEDICAL CARE
- AFTERCARE
- Primary treatment modalities include: Seeking Safety, Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing

