

## *What is the Substance Use Disorder Domiciliary?*

The SUD Dom is a 28 day residential treatment program serving Veterans with substance abuse issues.

The SUD Dom is a 24 hour, 7 day per week structured and supportive residential unit located on station at Central Arkansas Healthcare Systems (CAVHS), North Little Rock Division, Building 170 on unit 2L.

Veterans may self-refer for RRTP substance abuse services or be referred from other programs, both within and outside the VA.

The program places an emphasis on support for substance abuse problems, psychosocial rehabilitation and adjustment to community living.

## *Substance Abuse Residential Rehabilitation and Treatment Program*



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## *Central Arkansas Veterans Healthcare System*



*Substance Abuse  
Residential  
Rehabilitation  
Treatment Program  
(RRTP)*

# Available Services:

## Eligibility

### Criteria:

- 1) Veteran is eligible for VAMC hospital admission.
- 2) Veteran must not meet criteria for acute psychiatric or medical admission.
- 3) Veteran requires the structure and support of a residential treatment environment.
- 4) Veteran is not a significant risk of harm to self or others.
- 5) Veteran is capable of self-preservation and basic self-care.
- 6) Veteran has identified treatment and rehabilitation needs, which can be met by the program.
- 7) Veteran agrees not to use or abuse alcohol or illicit drugs while in the program.
- 8) Veteran agrees to take all prescription drugs as prescribed, all controlled prescriptions will be administered by RRTP

## *The SUD Domiciliary Treatment Team Consists of:*

- **Social Workers**
- **Medical Doctor/Advance Practice Nurse**
- **Registered Nurse**
- **Recreational Therapist**
- **Licensed Practical Nurse/Social Services Assistant**
- **Dietitian**
- **Pharmacist**
- **Psychiatrist**
- **Psychologist**

## *Treatment Modalities Include:*

- **Cognitive Behavioral Therapy**
  - Treatment that helps Veterans understand the thoughts and feelings that influence behaviors.
- **Motivational Interviewing**
  - Patient-centered counseling that encourages motivation within the client to change.
- **Seeking Safety**
  - A present-focused therapy using coping skills to attain safety for Veterans with trauma/PTSD and substance abuse.
- **Pharmacotherapy**
  - Safe and effective administration of medications to decrease cravings, and treat symptoms of withdrawal.

## Our Philosophy:

- ❖ We believe all individuals have value.
- ❖ We believe individuals have the capacity to learn, grow, and change.
- ❖ We believe all persons shall be treated with dignity and respect regardless of their current or past choices.
- ❖ We believe in providing opportunities for change that are life enhancing.
- ❖ We believe there is a distinction between the value of a person and their behavior choices.
- ❖ We believe that addiction and other mental illnesses have relapsing components and their recovery will often involve setbacks.
- ❖ We believe that setbacks often afford opportunity for growth.
- ❖ We believe in individualized treatment.
- ❖ We believe in patient-centered services.
- ❖ We believe in maintaining an environment that eliminates and discourages labeling and discrimination.
- ❖ We believe in providing a functional and safe environment for residents.
- ❖ We believe it is our responsibility to reduce barriers for those seeking treatment and continuing care.
- ❖ We believe it is our responsibility to strive to improve services.
- ❖ We believe it is our responsibility to improve professionally in order to better serve our population.