Physical Medicine And Rehabilitation Service

Offering inpatient rehabilitation services to Active duty and US military veterans Eligible for VA care

Central Arkansas Veterans Hospital System
3C Rehabilitation Inpatient Care
2200 Fort Roots Drive
North Little Rock, Arkansas 72114

VA Eligibility Guidelines are available at:
1-800-224-8387

Referral Process

For CAVHS Inpatients:
Send CPRS consult to PM&RS Physician Phone 257-6424 Pager 1669

For Veterans at outside facilities:
Contact Inpatient Rehab Care Coordinator Phone 501-257-2548 Fax: 501-257-2546

Active Duty Referrals
Should be made through The TriCare Coordinator:
501-257-6748
Program Setting
15 Bed Inpatient unit offering 24 hour care to veterans with diagnosis of stroke/neurological disorder, head injury, spinal cord injury, polytrauma, orthopedic surgery, amputation, deconditioning, other medical conditions in an interdisciplinary rehab program

Interdisciplinary team
The Veteran and his/her family
Rehab physicians (physiatrist)  Physical therapist
Rehab nurses  Occupational therapist  Psychologist
Kinesiotherapist  Recreational therapist
Speech-language pathologist  Social worker
Pharmacist  Prosthetics  Chaplain  Dietician

The full resources of CAVHS are available through referral

Program Evaluation
Subscribes to Uniform Data Systems (UDS) Medical Rehabilitation national database
Utilizes MedTel Outcomes Clinical Data Collection

Program Structure
- Formal therapy five days per week in clinic gym
- Weekend therapy on the ward
- Weekly staffing by entire interdisciplinary team
- Minimum of one formal interdisciplinary conference with family prior to discharge, additional individual or group conferences as needed
- Family is encouraged to observe therapy sessions as able
- Equipment, medications, follow up appts issued at discharge

Accreditation
Joint Commission on Accreditation of Healthcare Organizations
Commission on Accreditation of Rehabilitation Facilities

Admission/ Participation Criteria
- Eligible veteran age 18 or older
- Must have demonstrated impairments in one of following: cognitive function, communication, swallowing, mobility, pain management, musculoskeletal function, activities of daily living, self care skills, perceptual motor skills
- Must be medically stable with medical workup complete
- Must be able to participate in 2-3 hours of out of bed activity daily
- Must have some weight-bearing capacity
- Must be cooperative, motivated to participate, and able to consistently follow one step commands
- Must have potential for improvement from current level of functioning

Program Outcomes
The majority of 3C patients return to a home setting at completion of their inpatient stay
Patient/family satisfaction with 3C services exceed 90%

Discharge Criteria
- Documented evidence that veteran has achieved stated long term goals
- Medical or psychological conditions preclude continuation of intensive rehabilitation activities
- Interdisciplinary therapy is no longer needed on daily basis