



Physical Medicine And Rehabilitation Service



**Offering inpatient rehabilitation services to
Active duty and US military veterans
Eligible for VA care**

**Central Arkansas Veterans Hospital System
3C Rehabilitation Inpatient Care
2200 Fort Roots Drive
North Little Rock, Arkansas 72114**

**VA Eligibility Guidelines are available at:
1-800-224-8387**

Referral Process

For CAVHS Inpatients:

**Send CPRS consult to PM&RS Physician
Phone 257-6424
Pager 1669**

For Veterans at outside facilities:

**Contact Inpatient Rehab Care Coordinator
Phone 501-257-2548
Fax: 501-257-2546**

**Active Duty Referrals
Should be made through
The TriCare Coordinator:
501-257-6748**

Program Setting

15 Bed Inpatient unit offering 24 hour care to veterans with diagnosis of stroke/neurological disorder, head injury, spinal cord injury, polytrauma, orthopedic surgery, amputation, deconditioning, other medical conditions in an interdisciplinary rehab program

Accreditation

Joint Commission on Accreditation of Healthcare Organizations



Commission on Accreditation of Rehabilitation Facilities

Admission/ Participation Criteria

- Eligible veteran age 18 or older
- Must have demonstrated impairments in one of following: cognitive function, communication, swallowing, mobility, pain management, musculoskeletal function, activities of daily living, self care skills, perceptual motor skills
- Must be medically stable with medical workup complete
- Must be able to participate in 2-3 hours of out of bed activity daily
- Must have some weight-bearing capacity
- Must be cooperative, motivated to participate, and able to consistently follow one step commands
- Must have potential for improvement from current level of functioning

Interdisciplinary team

The Veteran and his/her family
Rehab physicians (physiatrist) Physical therapist
Rehab nurses Occupational therapist Psychologist
Kinesiotherapist Recreational therapist
Speech-language pathologist Social worker
Pharmacist Prosthetics Chaplain Dietician

The full resources of CAVHS are available through referral

Program Structure

- Formal therapy five days per week in clinic gym
- Weekend therapy on the ward
- Weekly staffing by entire interdisciplinary team
- Minimum of one formal interdisciplinary conference with family prior to discharge, additional individual or group conferences as needed
- Family is encouraged to observe therapy sessions as able
- Equipment, medications, follow up appts issued at discharge

Program Evaluation

Subscribes to Uniform Data Systems (UDS) Medical Rehabilitation national database
Utilizes MedTel Outcomes Clinical Data Collection

Program Outcomes

The majority of 3C patients return to a home setting at completion of their inpatient stay
Patient/family satisfaction with 3C services exceed 90%

Discharge Criteria

- Documented evidence that veteran has achieved stated long term goals
- Medical or psychological conditions preclude continuation of intensive rehabilitation activities
- Interdisciplinary therapy is no longer needed on daily basis

